

West Dunbartonshire





£54,508

funding delivered in 2023-24



307

young people supported in 2023-24

The following CashBack partners aim to support young people in West Dunbartonshire in this funding period (2023-26):

- Access to Industry
- Celtic FC Foundation
- Ocean Youth Trust Scotland
- Rangers Charity Foundation
- The National Autistic Society
- Venture Trust
- YDance (Scottish Youth Dance)
- Youth Scotland

Read on for project details and case studies. Visit the <u>West Dunbartonshire</u> impact page on our website for a breakdown of project activities and spending by year.





Partners supporting young people in West Dunbartonshire



Access to Industry

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



Celtic FC Foundation

CashBack Gateway to Opportunities is a bespoke wellbeing and personal development project. It engages young people aged 16-24 from a variety of backgrounds who are at risk of (re)offending or those living in the most deprived areas to progress to positive destinations.



Ocean Youth Trust Scotland Trust Scotland

On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



Rangers Charity Foundation

CashBack - Towards New Futures is a person-centred employability and re-engagement programme for young people who recently left prison or are at risk of involvement in the justice system. Supports integration back into community and progress to positive destinations.





National Autistic Society Society

Moving Forward+ with CashBack supports autistic children and young people, through one to one and group work, to build confidence and improve their resilience and mental health. Aimed at children not engaged in school (10-15) or not engaged in education, training, or employment (16-25).

venturetrust Venture Trust

CashBack Green Futures is a trauma-informed, needs-led, employability service for disadvantaged young people. Provides community and one to one support, including developmental and environmental activities. Builds core skills through outdoor adventure activities.



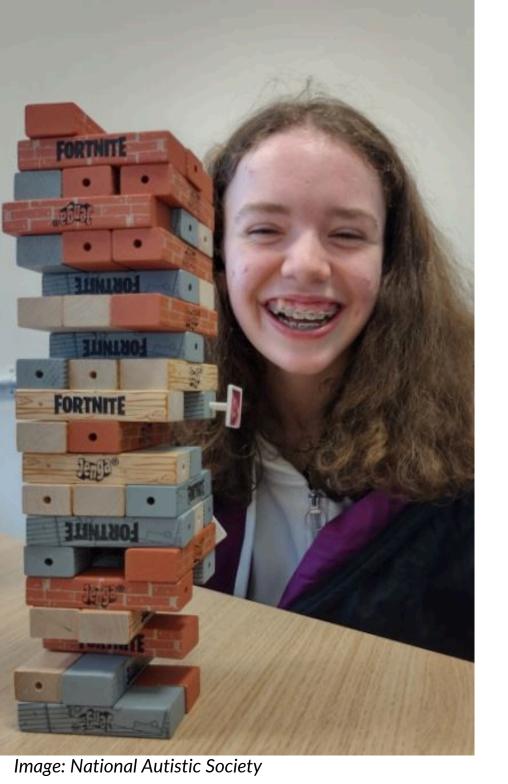
MANCE YDance (Scottish Youth Dance)

CashBack on Track uses dance to nurture the development and wellbeing of young people aged 10-25. Strands include programmes for care experienced young people, community diversion, young offenders in HMP YOI Polmont, and young parents/carers and family members.



Youth Scotland

Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').





Case study: E's story

The National Autistic Society (NAS)

NAS's Moving Forward+ supports young people in West Dunbartonshire. It is a project for autistic young people aged 10-15 who are not engaging with school, or those aged 16-25 who are not in education, employment, or training.

15-year-old E joined the project "because I wanted to get the necessary qualifications, build my confidence in meeting new people, and also be able to go into school without being anxious like I normally would be."

Through one-to-one coaching and group work, Moving Forward+ supports participants to build confidence and develop strategies to improve their resilience and mental health.

"I used to feel nervous about people looking at me but now I'd like to say that I've opened up more and I'm making decisions by myself."

E says that "I don't remember exactly when I started out, but it was a bit after when I returned to school for half an hour lessons." She achieved her goal of gaining qualifications, and continues to set herself new goals for the future.

Read more about E's story



Case study: Liam's story

Celtic FC Foundation

Celtic FC Foundation deliver Gateway to Opportunities in West Dunbartonshire. It provides bespoke support for young people aged 16-24 who have been, or are at risk of, involvement in the justice system.

16-year-old Liam applied after a difficult journey in education. "Before Cashback, I was in and out of school – Covid messed up everything for me. Social anxiety was a real issue and I would not interact with others and using public transport was so hard that I wouldn't go anywhere. Eventually I refused school altogether."

"My main challenge at the beginning was opening up. It takes me a while. I picked who I wanted to talk to as in the past it's been hard to fit in. The environment was laid back and chilled out. This helped me so much – a big difference from school – learning but not always writing."



Image: Celtic FC Foundation

"I'm feeling positive for the future now."

As a next step, Liam has been meeting with the team for one-to-one sessions to explore college fitness courses.

"I noticed his confidence and ability to socialise talking and spending time with family – very proud!" Liam's Mum