



East Dunbartonshire



£47,067

funding delivered
in 2023-24



209

young people supported
in 2023-24

The following CashBack partners aim to support young people in East Dunbartonshire in this funding period (2023-26):

- Access to Industry
- Celtic FC Foundation
- Cyrenians
- Ocean Youth Trust Scotland
- Rangers Charity Foundation
- The National Autistic Society
- Venture Trust
- YDance (Scottish Youth Dance)
- Youth Scotland

Read on for project details and case studies. Visit the [East Dunbartonshire](#) impact page on our website for a breakdown of project activities and spending by year.



Scottish Government
Riaghaltas na h-Alba
gov.scot

**CASH
BACK**
FOR COMMUNITIES

Partners supporting young people in East Dunbartonshire



East Dunbartonshire



Access to Industry

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



Rangers Charity Foundation

CashBack - Towards New Futures is a person-centred employability and re-engagement programme for young people who recently left prison or are at risk of involvement in the justice system. Supports integration back into community and progress to positive destinations.



Celtic FC Foundation

CashBack Gateway to Opportunities is a bespoke wellbeing and personal development project. It engages young people aged 16-24 from a variety of backgrounds who are at risk of (re)offending or those living in the most deprived areas to progress to positive destinations.



The National Autistic Society

Moving Forward+ with CashBack supports autistic children and young people, through one to one and group work, to build confidence and improve their resilience and mental health. Aimed at children not engaged in school (10-15) or not engaged in education, training, or employment (16-25).

Cyrenians

Keeping Families Together with CashBack works in partnership with Scotland's five secure centres, providing mediation and rights-based whole family support. **Key to Potential with CashBack** provides targeted outreach and careers advice for those who are not engaged in school.

venturetrust

CashBack Green Futures is a trauma-informed, needs-led, employability service for disadvantaged young people. Provides community and one to one support, including developmental and environmental activities. Builds core skills through outdoor adventure activities.



Ocean Youth Trust Scotland

On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



YDance (Scottish Youth Dance)

CashBack on Track uses dance to nurture the development and wellbeing of young people aged 10-25. Strands include programmes for care experienced young people, community diversion, young offenders in HMP YOI Polmont, and young parents/carers and family members.



East Dunbartonshire



Youth Scotland

Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').



Image: Venture Trust



Case study: A's story

Venture Trust

This case study discusses sensitive content including suicidal behaviour. Please practice self-care during and after reading.

Venture Trust deliver CashBack Green Futures in East Dunbartonshire. It is a trauma-informed, needs-led, employability service for disadvantaged young people. It builds core skills through outdoor adventure activities.

A was nominated to the project by Kirkintilloch Justice Services, to support him to stop offending and move into meaningful work. His history of offending was linked to trauma, alcohol use, mental ill health and suicide attempts. A was open about his care experience, and the prejudice he experienced throughout his life as a gay man.

Initially he spoke about the shame that he felt about his past, but over time he focussed more on his hopes for the future.

A eagerly participated in activities, challenging himself to do new things. He benefitted from **combining physical activity with SQA work**, achieving a Level 3 award. He is now applying for a role as a housing support relief worker.



Case study: C's story

YDance (Scottish Youth Dance)

YDance deliver CashBack on Track in East Dunbartonshire. It uses dance to nurture the development and wellbeing of young people aged 10-25, including care experienced young people, young offenders in Polmont, and young parents/carers and family members.

Before joining, C experienced severe bullying and struggled to make friends. Social anxiety affected her confidence and her asthma made physical activity difficult. She was also a young carer for her sibling, which brings added responsibilities.

C's involvement in the project was a turning point. She found solace and escape in the sessions, confiding in the team. Her participation allowed her to develop friendships and improve her communication skills. She took on **leadership roles**, teaching choreography and creative dance games to her peers.



Image: YDance

Through her role as a dance leader, she has overcome her fear of public speaking and large group interactions, gaining valuable experience and self-assurance in the process.

Looking ahead, C aims to pursue a career in dance or performing arts, fuelled by her new passion for teaching and supporting others.