



# Dumfries and Galloway



**£120,062**  
funding delivered  
in 2023-24



**183**  
young people supported  
in 2023-24

The following CashBack partners aim to support young people in Dumfries and Galloway in this funding period (2023-26):

- Aberlour Child Care Trust
- Access to Industry
- Ocean Youth Trust Scotland
- Youth Scotland

Read on for project details and case studies. Visit the [Dumfries and Galloway](#) impact page on our website for a breakdown of project activities and spending by year.



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**CASH  
BACK**  
FOR COMMUNITIES

# Partners supporting young people in Dumfries and Galloway



## Dumfries and Galloway



### **Aberlour Child Care Trust**

**Alternative Routes #CashBack** supports young people aged 10-25 at risk of being involved in the justice system and their families. Uses a whole family, community, and system approach to improve confidence and provide opportunities to flourish at home, school, and in the community.



### **Access to Industry**

**CashBack Passport** provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



### **Ocean Youth Trust Scotland**

**On Board with CashBack** is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



### **Youth Scotland**

**Generation CashBack** is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').



## Dumfries and Galloway

# Case study: C's story

## *Aberlour Child Care Trust*

***This case study discusses sensitive content including self-harm and sexual violence. Please practice self-care during and after reading.***

Aberlour's Alternative Routes project in Dumfries and Galloway supports young people aged 10-25 at risk of involvement in the justice system and their families. They use a whole family, community, and system approach to provide opportunities to flourish.

When C first joined the project, she was presenting many antisocial and risky behaviours. She was a victim of a serious sexual assault, and had low self-esteem as she struggled to work out 'why her.' She was not attending school, self-harming, self-medicating with drugs, engaging in risky sexual behaviour, and aggressive with peers and staff. She was struggling to cope.

The team started building a trusting relationship, working with C and family on keeping herself safe.



When discussing her hopes and aspirations, she shared that she didn't really know who she is. The next step was working on her self-esteem and creating boundaries in relationships.

*"You're making me happier, it's so annoying!"*

C is now volunteering at Riding for the Disabled with her horse and litter picking in the community. She has an appointment next week with Skills Development Scotland to create a CV in the hope of gaining a summer job. She is a month clear of self-harm.



Image: Ocean Youth Trust Scotland



## Dumfries and Galloway

# Case study: Jane's story

## *Ocean Youth Trust Scotland (OYTS)*

OYTS's On Board with CashBack project aims to change the attitudes and behaviours of young people (12-25) most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.

Jane (12) first heard about the project while attending the Millenium Centre in Stranraer. She struggles with mainstream education, and to combat this can be disruptive. The team support participants to set their own goals, and Jane wanted to **gain confidence and make new friends**.

During the voyage, Jane and peers sailed 100 nautical miles. She adapted to challenging weather and made the most of her week, achieving a yachting certification.

*"It has been great to see Jane develop the confidence to interact with others in the group."*

*Millenium Centre Youth Worker*

Jane shares that her confidence, independence and teamworking have improved as a result of the programme.