

# **CONTENTS**



IMPACT AT A GLANCE		
INTRODUCTION		
MINISTERIAL FOREWORD	5	
FUND PERFORMANCE	6	
<ul> <li>CashBack Participants</li> </ul>	7	
<ul> <li>Local Authorities</li> </ul>	12	
IMPACT	14	
POLICY AREAS	26	
<ul> <li>Best Start, Bright Futures</li> </ul>	28	
Climate Change	29	
Fair Work	30	
<ul> <li>Children's Rights</li> </ul>	31	
COMMUNICATIONS	32	
STAY IN TOUCH		
APPENDIX	39	

Cover photo from basketballscotland





# **IMPACT AT A GLANCE**

## **Diversion from justice system**

4,318

young people report reduced 129% involvement in antisocial or criminal activity

of 3,340 target

## **Positive destinations**

4,954

young people gained an accreditation

**159%** of 3,114 target

## Improving health and wellbeing

8,348

young people report increase in SHANARRI wellbeing indicators

147%

of 5,663 target

## **Contributing to communities**

**64,240** volunteering hours contributed

163%

of 39,318 target

## **Building skills and resilience**

7,440

young people report positive changes in behaviour

**164%** of 4,533 target

'Target' refers to annual performance milestones that measure CashBack partners' progress towards the programme's overall 3-year outcomes.

"I am working towards my goals now and staying out of trouble. I want to have a positive future."

Young person, Mayfield and Easthouses Youth 2000 Project

> "I used to be too anxious to get the bus into Dundee but now I find it easy and get excited before dance. [...] I'm so much happier now." Young person, Scottish Youth Dance

"I'm proud to see my child actively contributing to their community through the CashBack rugby programme."

> Parent. Scottish Rugby Union





# INTRODUCTION

# **2023-24 Summary**

CashBack for Communities is a Scottish Government initiative which takes funds recovered through the Proceeds of Crime Act 2002 and invests them back into communities. It supports delivery of Scottish Government's <u>Vision for Justice in Scotland</u>.

This report covers project delivery and impact for the year April 2023 to March 2024. It was the first year of a three year funding phase (Phase 6) which will run from April 2023 to March 2026.

CashBack-funded organisations delivered a range of projects for young people that:

- Support young people most at risk of being involved in antisocial behaviour offending or reoffending towards or into positive destinations
- Provide support for young people, parents and families impacted by Adverse Childhood Experiences and trauma
- Support young people to improve their health, mental health and wellbeing
- Support people, families and communities most affected by crime

For a list of funded partners, please see the Appendix.

15,368

young people supported

£5.5m

funding delivered

29

partners funded

## Also supports delivery of:



Best Start, Bright Futures Delivery Plan 2022-26



Scotland's Climate Change Plan 2018-32



Fair Work Framework 2016



Children's rights and the United Nations Convention on the Rights of the Child (UNCRC) in Scotland





# MINISTERIAL FOREWORD

Supporting and encouraging young people to make informed choices is crucial for their personal growth and future success and this Impact Report highlights the positive contribution the CashBack for Communities Programme has had on doing just that.

We are now in the sixth phase of the CashBack Programme which focuses on young people at risk of entering the criminal justice system and the communities most affected by crime.

This Report details the range of early intervention and preventative work funded and the positive impact the Cashback Programme has had for over 15,000 young people between the ages of 10 and 25 in 2023/24.

The outcomes summarised in this report show what can be achieved when young people are given the right opportunities, and I would like to thank the 29 funded organisations for all their commitment over the last year to providing that support. We can clearly recognise and measure the impact it has on young people and also their families and communities.

While CashBack is primarily a Justice programme, its outcomes are wide reaching and as a result, the CashBack programme



contributes to key Scottish Government priorities, including The Promise, eradicating child poverty and improving public services.

2023/24 was the first year of three within the sixth phase of Cashback with up to £20 million funding committed. I look forward to the next two years of the programme and the potential for what more can be achieved.

### **SIOBHIAN BROWN**

Minister for Victims and Community Safety July 2024









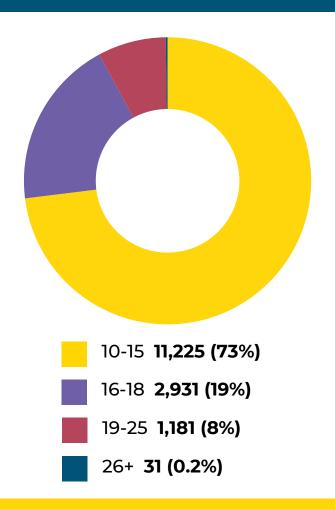


# Age



All 15,368 participants disclosed their age. 26+ category refers to young people who turned 26 during the programme or met other criteria. Partners are not required to report on the following protected characteristics: gender reassignment, religion, sexual orientation, marriage and civil partnership, pregnancy and maternity.

**15,368** young people supported in 2023-24



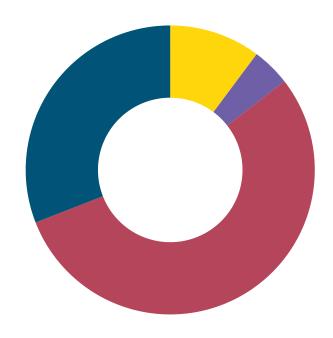




# **Disabilities**



1,960 disabilities were disclosed from 7,575 responses. Data does not include 'Prefer not to say' responses. Young people may disclose more than one disability.



- Dexterity, mobility, or stamina **200 (10%)**
- Hearing or vision **84 (4%)**
- Learning, understanding, or memory **1,070 (55%)**
- Other (including autism) **606 (31%)**





# **Ethnicity**

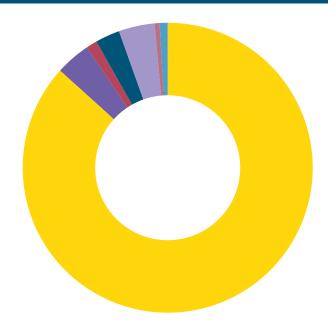
9%

participants disclosing ethnicity identified as a **Minority Ethnicity** group\* 86%

participants disclosing ethnicity identified as White Scottish or White Other British

- White Scottish/White Other British 10,008 (86%)
- White Minority Ethnic **451 (4%)**
- Mixed or Multiple 140 (1.2%)
- Asian **315 (2.7%)**
- African, Caribbean, or Black **463 (4%)**
- Arab **64 (0.6%)**
- Other **103 (0.9%)**

11,544 young people disclosed an ethnicity. Data does not include 'Prefer not to say' responses. \*Minority Ethnic groups include Mixed or Multiple; Asian; African, Caribbean, or Black; and Arab. White Minority Ethnic groups include White Gypsy/traveller, White Irish, White Polish, White Roma, White Other.

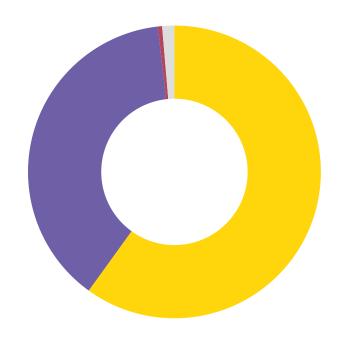




## Sex

Rates of anti-social and criminal behaviour are higher among young men and adolescent boys, which influences the balance of referral routes into CashBack projects. This effect can be seen in CashBack projects since the inception of the programme in 2008.

15,045 participants disclosed their sex. Some primary pupils will not report on this characteristic until Year 2 (2024-25).



Male **9,143 (60%)** 

Female **5,831 (38%)** 

Non-binary **71 (0.5%)** 

Prefer not to say **205 (1.3%)** 





# **Scottish Index of Multiple Deprivation (SIMD)**

# Two thirds

of participants were from 30% most deprived communities (9,281 young people, 62%)

# 5 out of 6

participants were from 50% most deprived communities (12,676 young people, 85%)



SIMD 20-30% **2,261 (15%)** 

SIMD 30-40% **2,497 (17%)** 

SIMD 40-50% **898 (6%)** 

SIMD 50-100% **2,298 (15%)** 

SIMD

14,974 young people disclosed postal codes, which were used to calculate an SIMD decile for each. The resulting SIMD decile breakdown may understate the true deprivation of participants, particularly for those in more rural datazones, those in care, or those in secure care or similar institutional settings.





# **LOCAL AUTHORITIES**

Click the name of the local authority for information on CashBack activities in the area



## **Aberdeen**

£271,394 790 young people



## **Aberdeenshire**

£75,177
291 young people



## <u>Angus</u>

£40,071 138 young people



## **Argyll and Bute**

£13,128 38 young people



## Clackmannanshire

£40,355

266 young people

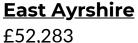


183 young people



£204,141

844 young people



197 young people



## East Dunbartonshire §

£47,067

209 young people



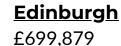
301 young people



## **East Renfrewshire**

£35,812

40 young people



3,120 young people



## **Eilean Siar**

£8,473

50 young people



## **Falkirk**

£244,532

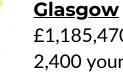
535 young people



## Fife

£354,462

798 young people



£1,185,470 2,400 young people





# **LOCAL AUTHORITIES**

Click the name of the local authority for information on CashBack activities in the area



## **Highland**

£234,081 604 young people



## <u>Inverclyde</u>

£135,379
361 young people



## Midlothian

£173,536 257 young people



## **Moray**

£15,329 68 young people



## **North Ayrshire**

£260,998 1,035 young people



653 young people



Activity expected to start in Year 2 (2024-25)



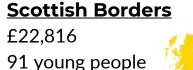
## **Perth and Kinross**

£65,590 244 young people



## Renfrewshire

£229,607 318 young people



## **Shetland**

Activity expected to start in Year 2 (2024-25)



## **South Ayrshire**

£36,471 208 young people



## **South Lanarkshire**

£267,284
554 young people



174 young people



## **West Lothian**

£206,031 283 young people











# **OUTCOMES**

This section highlights the CashBack programme's performance in 2023-24 against its target outcomes.

For more information on these outcomes, see the CashBack logic model.



## Outcome 1: Diversion from justice system

Young people are diverted from antisocial, criminal behaviour and involvement with the justice system



#### **Outcome 2: Positive destinations**

Young people participate in activity which improves their learning, employability and employment options



## Outcome 3: Improving health and wellbeing

Young people's health, mental health and wellbeing improves



## **Outcome 4: Contributing to communities**

Young people contribute positively to their communities



## Outcome 5: Building skills and resilience

Young people build their personal skills, resilience, and benefit from strengthened support networks and reduce risk taking behaviour

'Target' in the following pages refers to the key annual performance milestones that measure CashBack partners' progress towards the programme's overall 3-year outcomes.





# 1: DIVERSION FROM JUSTICE SYSTEM

6,292

young people feel less inclined to engage in antisocial/criminal behaviour, which is...

135%

of 4,649 target

4,318

young people report reduced involvement in antisocial or criminal activity, which is... 129%

of 3,340 target



I am working towards my goals now and staying out of trouble. I want to have a positive future."

Young person,

Mayfield and Easthouses Youth 2000 Project

My behaviour? It's always good now, I listen to you's and PEEK and don't get myself into trouble. I don't get into trouble at the weekend or in school either."

Young person, Scottish Sports Futures

Before [CashBack] I had a good behaviour order due to issues against my ex. This has now been dropped and I very rarely drink. I am no longer bothered about his actions and don't let this influence me. I am able to make all my own decisions."

Young parent, Starcatchers





# 1: DIVERSION FROM JUSTICE SYSTEM

# 3

# Case study 1: Evan (Scottish Youth Dance)

Evan is 21 years old, and has been attending Scottish Youth Dance CashBack sessions in HMYOI Polmont.

After losing his mother at 11 years old, Evan engaged in petty crimes and was excluded from mainstream schools. Social services attempted to place him in secure units, prompting him to run away for over two months.

"A huge achievement was the first YDance show I performed in. I felt proud I remembered the steps and being part of a team."
Through the programme, Evan earned two SCQF qualifications.

"It gives me something to focus on."

Recently, Evan was moved to the hall for the most responsible young people in the prison, due to exemplary conduct.



Click to watch a video of Liam's story

# Case study 2:

# Liam (Rangers Charity Foundation)

"I came out of care in 2021 and my life was kind of going up and down when I was in there, so it was hard when I came out from having all the support 24/7 to then ending up on my own. [...] I was looking at going into the Army but I ended up in a bit of trouble and that resulted in me having a criminal record so that was no longer an option for me." After Liam joined the programme, he settled into the swing of things quickly. "The programme gave me the kind of push that I think I needed to get back onto the right path."





# 2: POSITIVE DESTINATIONS

4,494

young people report improved relations with school, which is...

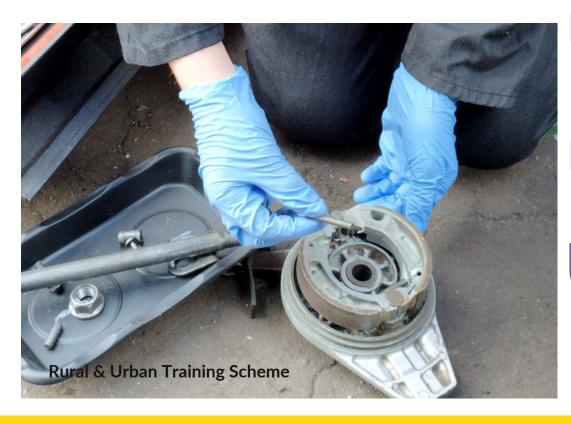
134%

of 3,344 target

4,954

young people gained an accreditation, which is... 159%

of 3,114 target



I love how I have been able to add to my CV a qualification through something that has been so enjoyable."

Young person, Scottish Youth Dance

I started working in a nursery late January and I'm still there and loving it..."

Young person, Edinburgh Young Carers

[The programme] provided me with the opportunity to be a Rugby Ambassador for the school. The written part of the DPP 6 course I have found is similar to Higher PE in terms of the writing. The course has allowed me to further develop my skills such as communication and leadership."

Young person, Scottish Rugby Union





# 2: POSITIVE DESTINATIONS

# Case study 1:

BH (Action for Children)

When BH started the programme, she had been missing school due to poor mental health. Dad wanted to find an alternative for her to still gain an education, in a way that would support her to manage her autism.

After starting, BH's confidence grew - "the programme was fun and I enjoyed meeting new people the most."

BH had been using drugs regularly, but after learning the dangers in the programme reached out to her CAMHS worker for support. Her Dad says "the programme improved BH's mental health and made it easier for her to transition to Motherwell College." After completing the programme, BH gained a place on a College Beauty and Hospitality course. BH stays in contact with her Keyworker, and is enjoying college.



Ali (Scottish Sports Futures)



Ali is 16 years old, and was nominated for the programme by school staff to support his attendance. He had caring responsibilities at home and needed support to find a path towards a positive destination. Attending the programme helped Ali develop his confidence, interpersonal skills, and gain qualifications for employment.

Ali volunteered as a peer leader in future programmes, and won the lain Reid Outstanding Achievement Award in 2024 for his contributions and personal development. "SSF have helped me get into jobs and courses an' that. [...] It's defo something you wanna do, especially if you're no in a good place or kicking about schemes or that."





# 3: IMPROVING HEALTH AND WELLBEING



6,041

young people report improved mental health, which is...

152%

of 3,986 target

8,366

young people report increase in <u>SHANARRI</u> wellbeing indicators, which is...

148%

of 5,663 target



I feel a lot better about myself and the people here have showed me a lot of stuff and are very kind and caring"

Young person,

Glasgow Media Access Centre

I used to be too anxious to get the bus into Dundee but now I find it easy and get excited before dance. Being here and making new friends made it less scary going to interviews and speaking to new people. I'm so much happier now."

Young person, Scottish Youth Dance

I like writing poems about how I feel or anything that matters to me. I do it to let all my feelings out. It really helps me when I am angry."

Young person, Strengthening Communities for Race Equality Scotland





# 3: IMPROVING HEALTH AND WELLBEING



# Case study 1:

K (Starcatchers)

K first attended a session with her baby H in late 2023. K was experiencing barriers to accessing local activities, severe anxiety and a feeling of being "out of place."

At first, her mood was low, and she struggled with settling into the routine of attending every week. With regular, one-to-one support, since the new year K has been attending regularly. "I've got anxiety, it's quite hard for me to come in the first place. But when I started coming I seen how much H enjoyed it, and I quite enjoyed it too! [...] I like seeing my wee one having a good time, it makes me feel good. I feel like my anxiety has calmed down. I couldn't talk to someone without turning bright red. I can talk to someone right away now."



# Case study 2:

D (The National Autistic Society)

D is 10 years old, and has been out of education since Primary 3. He experienced significant trauma during his early years, which led to him being placed in kinship care with his grandparents.

Support from staff gave D the confidence he needed to engage with more opportunities and widen his social circles. To support his journey back into structured education, D has been awarded a place at the local Forest School, where he can learn new skills and meet other young people. "I have enjoyed the meetings and we have learnt and done a lot. Getting my award and seeing people is good."





# 4: CONTRIBUTING TO COMMUNITIES



64,240

163%

volunteering hours contributed, which is...

of 39,318 target

I'm proud to see my child actively contributing to their community through the CashBack rugby programme. Whether it's volunteering to coach younger players or participating in community clean-up events, they're learning the importance of being a responsible citizen."

Parent, Scottish Rugby Union

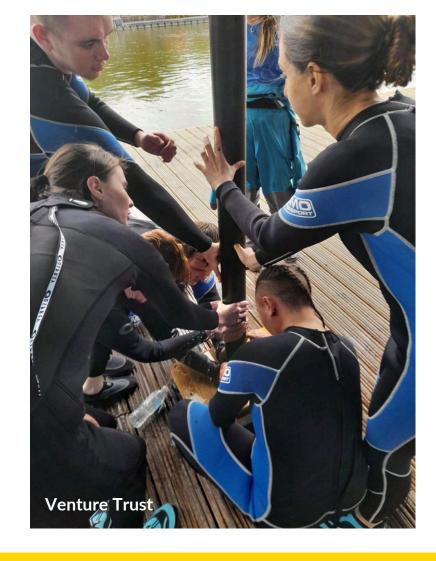
We know we have likely been part of the issue, but we could now be part of the solution."

Young people, Scottish Professional Football League Trust

His involvement in the CashBack program gave him the confidence to get back into school and to flourish and become a confident member of the school and local community."

Staff Member,

Braeview Academy (Scottish Rugby Union)







# 4: CONTRIBUTING TO COMMUNITIES

# 900

# Case study:

Fauldhouse group (The Larder West Lothian)



In summer 2022, 38 fires were deliberately set in Fauldhouse. Attacks were reported on the Fire and Rescue Service and local buses, as well as anti-social behaviour. Local people took to social media, seeing the young people as a threat to the community.

In response, local organisations came together to engage with the young people through outreach and street work. 13 young people aged 13 and 16 were identified as key instigators, many of whom were regularly receiving charges and not in education or employment.

The staff team started engaging with the group and building relationships with the young people. The programme included a forest clean up, pond dipping and den-building sessions with officers from Police Scotland and Fire and Rescue Scotland and the Forestry Commission, further supporting relationship-building.

None of the young people in the group have had any further charges since engaging with the programme in July 2023.

"It is heartening to see a reduction in the numbers [antisocial behaviour] in the ward, especially amongst youth. It's obvious that partnership working in the area is working."

Councillor Pauline Clark, Fauldhouse and Breich Valley





# 5: BUILDING SKILLS AND RESILIENCE

7,626

young people report feeling more resilient, which is...

175%

of 4,366 target

7,458

young people report positive changes in behaviour, which is...

165%

of 4,533 target



This has helped me think more about boundaries and think about what I do more."

Young person, Mayfield and Easthouses Youth 2000 Project

I've stopped going out as much at the weekend, my friends do drugs all the time and I just don't want to do that anymore or even be around it. I really want to get this apprenticeship so don't want to do anything to muck it up."

Young person, Scottish Sports Futures

im much more confident ive began going to the gym again and going out more than i used to and with controlling my emotions is better also, i didnt realise such a short time could make a big difference"

Young person,

Action for Children





# 5: BUILDING SKILLS AND RESILIENCE

# Case study 1:

Jack (Ocean Youth Trust Scotland)

Jack lives with his siblings at his grandparents house as his mum is unable to care for him. He regularly displayed violence and aggression towards his family and struggled to maintain positive and safe relationships. This was negatively impacting other members of his family, and prior to joining the programme he was assessed to be on the edge of care.

Programme staff say "the impact of the programme on Jack has been amazing. [...] It has developed his life skills such as working as part of a team, cooking and self-care. His social workers and family have also witnessed benefits from his participation." There are no plans to remove Jack from his grandparents. He now has a peer network and communicates outside of arranged activities.



# Case study 2:

L (Avenue Confidential)

L joined the programme through social workers, who felt it would be a good opportunity for them to build confidence and feel less isolated. L had been the target of premeditated bullying at school which was impacting their attendance and wellbeing.

L was initially apprehensive, but over time was able to recognise their accomplishments in developing their own artistic style. They were particularly proud of their interaction with group members, and surprised to be "making new friends - I'm not good at that, I get bullied all the time." Instead, they were "meeting people and getting on with it and not feeling left out." L's attendence improved, and staff are supporting them to access other services.











# **POLICY AREAS**



CashBack for Communities activity contributes to the delivery of the Scottish Government's <u>Vision for Justice in</u> Scotland and the National Performance Framework.

The programme also supports the following policies - for more information on each policy, click the policy name:



## Best Start, Bright Futures Delivery Plan 2022-26

The Delivery Plan for Scotland's national mission to tackle child poverty



## Scotland's Climate Change Plan 2018-32

The Plan for delivering a green recovery, and world-leading climate change targets



## Fair Work Framework 2016

The Framework for fair work in Scotland to drive success, wellbeing, and prosperity



# Children's rights and the United Nations Convention on the Rights of the Child (UNCRC) in Scotland

Government guidance on realising children's rights as set out by the UNCRC





# **BEST START, BRIGHT FUTURES**

# Delivery Plan 2022-26



# 106

participants disclosed that they are parents (3,607 responses)

# 44

participants disclosed they are or have been pregnant in the last 12 months (1,092 responses)

## **Supporting carers** - Edinburgh Young Carers



We support Young Carers (16+) with **transition to becoming Young Adult Carers** and moving into employment and further education, as their family circumstances may mean they are less likely to be in employment, education, or training.

Income maximisation support is important for our young carers and their families. For example, our partnership with Home Energy Scotland has given our staff knowledge and confidence to signpost families to support. Our Winter Warmers Fund provides school uniforms and other items, and activities provide the young carers with a break or holiday which would normally be inaccessible.

## Building skills - Glasgow Media Access Centre



We provide progression routes and opportunities for further participation and volunteering throughout.

As a <u>Young Person's Guarantee provider</u>, GMAC Film is connecting young people with employability opportunities. CashBack enables us to provide intensive support to more young people from underrepresented groups, including those in care or from relatively deprived areas. This ensures more young people can harness their creative talents and transition to positive destinations.







# **CLIMATE CHANGE**

# Scotland's Climate Change Plan 2018-32

## Building skills - Mayfield and Easthouses Youth 2000 Project



We delivered a wide range of **educational workshops** over the last year, increasing young people's understanding of climate change and how they can make a difference, including:

- Science experiments to explore the impact of greenhouse gases
- Climate action poster design
- Local community litter picks
- Outdoors sessions about wildlife
- Rural skills-focused activities includes exploring options for employment in the climate industry

## Tackling waste - basketballscotland



We educate young people on how to minimise **food waste**, eliminate single-use packaging and regularly recycle. We support FareShare, which targets hunger and food waste, feeding 40 families and 35 young people every week.

We also encourage **recycling** of basketballs, shoes and other gear.



Mayfield and Easthouses Youth 2000 Project





# **FAIR WORK**

# Fair Work Framework 2016



# All partners commit to:

- Pay the Real Living Wage
- Invest in workforce development
- No inappropriate use of zero hours contracts
- Action to tackle the gender pay gap and create a more diverse and inclusive workplace
- Offer flexible and family friendly working practices for all workers from day one of their employment
- Oppose use of fire and rehire practice

## Effective voice - Station House Media Unit



We host bi-annual Development Days where both the staff team and Trustees come together to discuss the future of the organisation, encouraging reflection on achievements while considering development opportunities, at both operational and strategic levels.

We have a 'rolling' 5-year Strategic Plan and an established framework to **encourage all stakeholders to contribute**, including volunteers, trainees, staff and trustees. This includes annual operational 'visioning sessions' for our core areas of work, where stakeholders reflect on progress over the previous year and plan for the future.





# **CHILDREN'S RIGHTS**

Children's Rights and the United Nations Convention on the Rights of the Child (UNCRC) in Scotland

# All partners commit to:

- Conduct a <u>Children's Rights and</u>
  Wellbeing Impact Assessment (CRWIA)
- Share their CRWIA on their website
- Review their CRWIA annually
- Project staff complete Scottish
  Government's <u>UNCRC training tool</u>
  each year

## Making it fun - Barnardo's



Promoting children's rights is at the core of what we do. We support young people to explore these rights by providing fun opportunities to learn about the UNCRC using games and resources.

# **Listening to young people** - Strengthening Communities for Race Equality Scotland



We prioritize the voices and agency of young participants, providing platforms for self-expression, creativity, and decision-making. Our commitment to children's rights is reflected in our transparent and participatory approach to program development and evaluation.













# COMMUNICATIONS

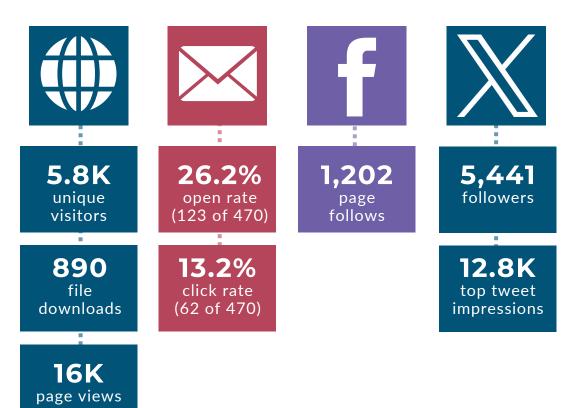
## **Statistics**

Inspiring Scotland raises awareness of the CashBack programme and its impact through the CashBack website, social media channels, and email campaigns.

In March 2024, details of CashBack project activities within each local authority were shared with key local government and Community Planning Partnership stakeholders through a targeted email campaign.

These statistics understate the total programme reach, as they do not include promotion by the 29 CashBack partners on their website and social media. Partners regularly share assets such as case studies, news items, and annual reports.

Website traffic statistics shown are also underestimated, as data was only available from October 2023.





# Social media highlights





National Autistic Society Scotland

Elliot, a young client taking part in the programme Moving Forward+ with CashBackScot, loved his go-karting adventure at TeamSport Cambuslang! # #CashBackForCommunities #GiveALittleHope

Learn More about Moving Forward+ 9





After a jam-packed five weeks, our first Green Futures team has come to the end of their journey with us - but their personal journeys continue as they head on 

They've been all over Scotland learning and building their confidence whilst looking to their futures, taking on all the challenges placed in front of them. Everyone at Venture Trust wants to say well done and good luck!

We'd also like to say a massive thank you to CashBack for Communities for supporting this programme and the futures of young people 35

Want to learn more about Venture Trust's programmes and services and make a referral? Click here:

https://bit.ly/3yUocfe

Rangers Charity Foundation 📀

Last week we welcomed @PoliceScotland to the Ibrox to deliver an excellent information session to highlight our @CashBackScot

The project aims to re-engage young people with current or past convictions & help them move towards a more positive future.

More info



2:30 PM · Sep 6, 2023 · 3,456 Views



We're honoured to be joined by Minister for Victims and Community Safety @Siobhianayr!

After diving into some DIY, she spoke with us about her work & the power It's Day 5 of #MyVoiceMatters & we're sharing our Youth Voice's of #reach2024

'There's so much to learn from experiences like today when groups come C first sailed with us as part of the @CashBackScot programme, and is together, connect & share ideas.'



You and 4 others

4:15 PM · Mar 9, 2024 · 951 Views



As an organisation, we embed ourselves into the heart of the community. We provide FREE provision for all young people and a safe place for them to be active, have fun and, most importantly, provide a

#ChangingLivesThroughSport @CashBackScot





SSF Thematic Area: Developing People

SSF Outcome: Young people are diverted from criminal behaviour or involvement with the criminal justice system

11:00 AM · Sep 1, 2023 · 749 Views



perspectives on how youth work voyages impact mental health @

now an important part of our Youth Voice. Read their thoughts below...



3:35 PM · Feb 9, 2024 · 924 Views



Being part of the CashBack program has been an incredible journey, where we have had the opportunity to make a difference in the lives of young individuals in Scotland.

@CashBackScot

@CashBackforCommunities



7:00 AM · Mar 3, 2024 · 375 Views

Girlguiding Scotland @GirlguidingScot

The @CashBackScot project focuses on growing opportunities for young people in disadvantaged areas. Read about how 3rd Bonnybridge Guides worked together to build their confidence, self-care and celebrate their successes with Cashback and @annaggsdev 9



From falkirkherald on uk

5:40 PM · Mar 11, 2024 · 613 Views













# **STAY IN TOUCH**



To stay up to date on the impact CashBack for Communities is having across Scotland, follow us online.

Sign up to our new email list to receive:

- Information about CashBack activities
- News and events
- Impact reports, case studies, and more



@CashBackScot



<u>CashBackForCommunities</u>



www.CashBackForCommunities.org



Sign up to CashBack email list





# THE CASHBACK TEAM

Inspiring Scotland is the CashBack for Communities Delivery Partner. They use a performance management approach with funded partners to achieve the fund's long term strategic outcomes.

Since 2008 Inspiring Scotland has worked towards a Scotland where everyone, no matter where they live, or the circumstances they are born into, is given the chance to enjoy a happy, healthy life free from poverty or disadvantage. They do that by harnessing the power of the private, public, and voluntary sectors. Three Inspiring Scotland Fund Managers and a Communications lead support the programme:







**Ben Thompson** Fund Manager



**Sam Linton** Fund Manager



**Tommy Seymour**Fund Manager



Christina Dineen
Communications











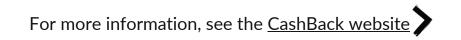






# **APPENDIX**

## **Funded Partners**





## Aberlour Child Care Trust







Alternative Routes #CashBack supports young people aged 10-25 at risk of being involved in the justice system and their families. Uses a whole family, community, and system approach to improve confidence and provide opportunities to flourish at home, school, and in the community.





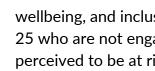


## **Access to Industry**

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



## **Action for Children**



CashBack Positive Changes is a behavioural change, wellbeing, and inclusion service for young people aged 15-25 who are not engaged in school, currently offending, or perceived to be at risk of being involved in the justice system. Service includes 26 weeks of needs-led support.





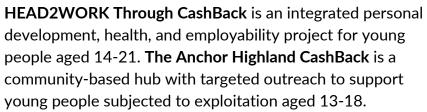




CashBack - Connecting Through Creativity uses creative activities and art to enable children and young people aged 10-25 to explore and maintain positive frameworks for relationships in their personal lives. Using creativity, they are supported to build relationships and emotional literacy.



## Barnardo's Scotland











## basketballscotland

CashBack Community of Basketball builds young people's resilience through activities that improve their physical, mental, and social health. Includes targeted 'Youth Work Through Sport' group of 48 young people with experience of ACEs, and wider activities in local schools.



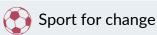




Mental Health



Mentoring













# Bethany Christian Trust





**Upstream with CashBack for Communities** is a community-based early intervention support service for young people with mental health struggles. Main focus is providing counselling, as well as clinical psychology, to improve mental health and reduce risk factors of homelessness.



## **Celtic Football Club Foundation**







CashBack Gateway to Opportunities is a bespoke employability, training, and mental health project aimed at young people aged 16-24 who have been involved or are at risk of being involved in the justice system. Includes avenues to education, volunteering, and employment.

## **Cyrenians** Cyrenians







Keeping Families Together with CashBack works in partnership with Scotland's five secure centres, providing mediation and rights-based whole family support. Key to Potential with CashBack provides targeted outreach and careers advice for those who are not engaged in school.



## YOUNG Edinburgh Young Carers







CashBack for Brighter Futures for Young Carers is a holistic service for children and young people caring for a parent affected by alcohol/substance use. Each young carer has an individual development plan which may include mental health support, core skills development, and respite.

### GMACFILM 🔤

## **Glasgow Media Access Centre**







GMAC CashBack uses filmmaking as a hook to engage young people aged 14-25 in learning, and supports them to develop confidence, skills, and aspirations to progress into further learning/training opportunities. Provides one to one support to develop skills and identify progression routes.



## **Impact Arts**







CashBack to the Future provides young people in Scotland's most disadvantaged communities with opportunities to participate in fun, creative activities to support them to develop skills and improve their wellbeing. Includes visual arts, performance, and music-making.



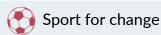


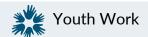


Mental Health



Mentoring











# **Mayfield and Easthouses Youth** 2000 Project



CashBack 180 works with young people at risk of being involved in the justice system or risk taking behaviour through targeted programmes to provide prevention, early intervention, and intensive support.



# Ocean Youth Trust Scotland Ocean Youth Trust Scotland





On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



# POLICE Service of Scotland







CashBack VOW Project provides intensive support to remove young people from the justice system and support them to positive destinations. Turn Your Life Around with **CashBack** peer mentors share lived experience and raise pupil awareness of consequences of negative behaviours.



## **Rangers Charity Foundation**









CashBack - Towards New Futures is a person-centred employability and re-engagement programme for young people who recently left prison or are at risk of involvement in the justice system. Supports integration back into community and progress to positive destinations.



## **Rural & Urban Training Scheme**





**CashBack Academies** is a diversionary, early intervention vocational training and education programme for young people 12+ who are at risk of involvement in the justice system. Engages young people in one of three new academies: Motorbikes, Boxing, and Sports & Fitness.













CashBack Achieving Goals uses the 'Power of Football' to provide routes to learn, build confidence and skills, volunteer, and gain qualifications. Includes tailored 'Football Champions' (P5-P7) and 'Football Leaders' (S3-S5) strands in areas of social deprivation to gain skills and leadership.







Mental Health



Sport for change Mentoring



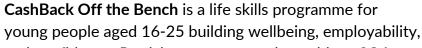






# **Scottish Professional Football League Trust**







and confidence. Participants supported to achieve SQA qualifications, volunteering and leadership awards.



## **Scottish Rugby Union** CashBack Schools of Rugby provides both curricular and





extra-curricular rugby activities in deprived areas to support positive behaviours. CashBack Community Rugby provides behavioural change workshops for 16-25 year olds most at risk of involvement in the justice system.



## **Scottish Sports Futures**











CashBack Changing Lives provides a range of programmes in areas of multiple deprivation to deliver multisport and youth work programmes to improve young lives. Includes street work, programmes for young people who are disengaged from education, and volunteering opportunities.



# **Y**ANCE Scottish Youth Dance









CashBack on Track uses dance to nurture the development and wellbeing of young people aged 10-25. Strands include programmes for care experienced young people, community diversion, young offenders in HMP YOI Polmont, and young parents/carers and family members.



## Starcatchers





CashBack for Young Parents supports families in areas of deprivation and dealing with the impact of sexual violence and coercive relationships. Includes one to one support, group sessions, and a positive relationships course at high schools led by young people with lived experience.



## **Station House Media Unit**









CashBack NorthEast engages disadvantaged young people to support them to overcome barriers and prevent involvement in the justice system or reduce reoffending. Using media as a tool for engagement, provides opportunities to develop skills and work experience.







Mental Health















# Strengthening Communities for Race Equality Scotland









CashBack Youth X-change Project supports minority ethnic young people to improve learning and employment options, skills, and health and wellbeing. Includes focus on building relationships of trust with police, schools, and services.





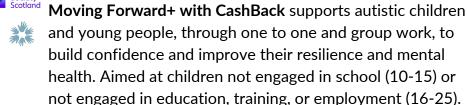




CashBack Community Connections provides holistic one to one and group work support for young people aged 10-25 who are involved or at risk of involvement in the justice system. Led by trauma-trained staff, focusing on reasons for offending and skills for life and work.



## The National Autistic Society













## venture trust The Venture Trust

CashBack Green Futures is a trauma-informed, needs-led, employability service for disadvantaged young people. Provides community and one to one support, including developmental and environmental activities. Builds core skills through outdoor adventure activities.



## Youth Scotland





Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').







Mental Health













# **APPENDIX**

# **Consolidated impact data**

All information is based on self-report data from young people.

Outcome 1: Diversion from justice system	# Young people	Outcome 4: Contributing to communities	# Young people
Antisocial/criminal involvement reduced	4,318	Improved perception of their neighbourhood	6,153
Less inclined to take part in antisocial/criminal	6,292	Heightened sense of community	7,002
behaviour		Improved community links and interaction	6,614
	II No.	Increased community motivation and influence	5,722
Outcome 2: Positive destinations	# Young	Volunteering or coaching in a community organisation	2,231
	people	Volunteering hours contributed	64,240
Accreditations gained	4,954		
Improved relations with school	4,494	Outcome 5: Building skills and resilience	# Young
Attendance at school improves	1,240		people
Modern apprenticeship or employment places attained	186	Feeling more resilient	7,626
Training or work experience places attained	538	Positive networks	6,571
College or university places attained	292	Increased access to services	5,632
Young people start volunteering	2,025	Positive changes in behaviour	7,458

# Young people

8,366

6,041

1,287

7,326

10,413

920





More aware of risks of harmful substance use

Increase in SHANARRI indicators

Less inclined to use drugs or alcohol

Taking part in physical activity or sport

Improved mental health

Increased confidence

Outcome 3: Improving health and wellbeing