

POSITIVE DESTINATIONS



Case study 1:

BH (Action for Children)

When BH started the programme, she had been missing school due to poor mental health. Dad wanted to find an alternative for her to still gain an education, in a way that would support her to manage her autism.

After starting, BH's confidence grew - "the programme was fun and I enjoyed meeting new people the most."

BH had been using drugs regularly, but after learning the dangers in the programme reached out to her CAMHS worker for support. Her Dad says **"the programme improved BH's mental health and made it easier for her to transition to Motherwell College."** After completing the programme, BH gained a place on a College Beauty and Hospitality course. BH stays in contact with her Keyworker, and is enjoying college.

Case study 2:

Ali (Scottish Sports Futures)

Ali is 16 years old, and was nominated for the programme by school staff to support his attendance. He had caring responsibilities at home and needed support to find a path towards a positive destination. Attending the programme helped Ali develop his confidence, interpersonal skills, and gain qualifications for employment.

Ali volunteered as a peer leader in future programmes, and won the Iain Reid Outstanding Achievement Award in 2024 for his contributions and personal development. **"SSF have helped me get into jobs and courses an' that. [...] It's defo something you wanna do, especially if you're no in a good place or kicking about schemes or that."**

