

## Children's Rights and Wellbeing Impact Assessment (CRWIA)

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The UNCRC General Principles are overarching Articles that apply to all work with children under the age of 18 years old:

**Article 2**

All children have these rights no matter what.

**Article 3**

Everyone who works with children should always do what is best for each child.

**Article 6**

You have the right to life and to grow up to be healthy.

**Article 12**

Your right to say what you think should happen and be listened to.

In addition to the Articles above, Impact Arts has identified the following specific Articles as being of particular relevance to Impact Arts:

**Article 13**

Your right to freedom of expression

**Article 15**

Your right to meet with friends and join groups and clubs.

**Article 19**

Your right to not be harmed and to be looked after and kept safe.

**Article 29**

Your right to an education that develops your personality and talents.

**Article 31**

Your right to relax and play.

### How Impact Arts' Work Impacts on Children's Rights

Impact Arts will have the following positive impacts on children's rights:

**Article 2**

All children have these rights no matter what.

- Equality and diversity are considered when designing marketing materials and plans and when delivering activities to ensure they are inclusive.



- We encourage referrals from those groups who are disengaged from other services
- We offer a full training programme for staff to ensure they are empowered to support those with disabilities.

### Article 3

Everyone who works with children should always do what is best for each child.

- Everyone who works directly with children and young people are trained to support children in the best way possible, creating individual goal setting plans, tailored to each child's needs and aspirations
- Our safeguarding procedures ensure children are at the heart of decision making procedures and that children's safety always comes first.
- All staff are training in our safeguarding procedures with quality support in place.

### Article 6

You have the right to life and to grow up to be healthy.

- Individual plans are created for each child to ensure a person centred approach is taken to support their development.
- Healthy eating opportunities are provided and opportunities to be active outdoors, engaging with nature

### Article 12

Your right to say what you think should happen and be listened to.

- Children are involved in designing and shaping services, through our Sketchy Youths Steering Group and also through a range of surveys given to all participants – past and present.
- Children taking part in CashBack to the Future are given space and time in each session to share ideas and learning and to openly feedback their views.
- One to one support is in place to give children the space to discuss their views and ideas freely so that staff can support them to engage successfully with peers in a group work setting.
- Relevant background information on children is sought at referral stage to ensure the appropriate support is in place for children.
- Creative outputs are shared so that others can learn from children's views and ideas.

### Articles specific to Impact Arts:

#### Article 13

Your right to have information.

- Full information on delivery of our projects is shared with participants so that they are clear on what they can expect from Impact Arts and what we expect from them in return.
- Discussions to raise awareness of Children's Rights are embedded into all delivery

#### Article 15

Your right to meet with friends and join groups and clubs.

Date of last review: September 2023

Date of next review: September 2024



- Children are provided with a safe and nurturing space to meet with others and to take part in creative activities
- Flexible models for engagement are built into to our project design e.g. virtual sessions, sessions running at different times of the day and times of the year, as well as face to face group sessions to remove barriers to taking part

#### Article 19

Your right not be harmed and to be looked after and kept safe.

- Impact Arts has a dedicated Safeguarding Officer, responsible for supporting staff and overseeing organisational safeguarding
- All staff receive safeguarding training as part of their induction into the organisation and on a regular basis
- Impact Arts has a wide range of policies and procedures that are designed to ensure children & young people are protected and kept safe when engaging with our services

#### Article 29

Your right to become the best that you can be.

- All Impact Arts activities are free to attend and all resources required are provided for children, including food and travel
- Our projects are accredited so that children can demonstrate their achievements through qualifications
- Workshops are designed to nurture talent and develop life-long interests in the benefits of taking part in creative activities

#### Article 31

Your right to relax and play.

- Children are supported and encouraged to take part in creative activities.
- A range of art forms are provided including visual arts, performance, music, digital art so that different interests are accommodated.

#### **How our work impacts on different groups of children and young people:**

- Our virtual projects may have different impacts to the work that is taking place face to face.
- We will consider ways in which children & young people can share their ideas and views in a safe manner while engaging in online sessions.
- We strive to ensure that children & young people who have additional support needs are supported appropriately to engage freely and to feel safe to share their views when taking part in our projects.
- We do this through offering regular staff training and ensuring that our spaces are designed with specific accessibility needs in mind.



### **How our work contributes to the wellbeing of children and young people in Scotland:**

- There is strong evidence to demonstrate the benefits that therapeutic creative activities have on mental wellbeing.
- Impact Arts records changes to the wellbeing of children taking part in projects by measuring against SHANARRI indicators.
- We aim engage approximately 2000 children and young people from up to 10 local authorities in our ongoing projects each year

### **How our work affects the implementation of the UNCRC in Scotland:**

- All staff will receive training in evaluating and recording this impact so that comprehensive data can be passed to Scottish Government for reporting purposes.
- Impacts are reported to Scottish Government who will use this to inform and report on work taking place to implement UNCRC in Scotland.
- We will review our CRWIA on a regular basis.

### **How we gather our evidence & what it tells us:**

Evidence:

- Children & young people surveys
- In person consultation with children & young people in workshops
- Consultation with Impact Arts' staff
- Reviewing outcomes and evaluation of previous Impact Arts' delivery

This tells us that Impact Arts' Projects:

- Improves the confidence of children & young people
- Improves children's resilience & coping skills
- Enhances children & young people's wellbeing (SHANARRI)
- Supports young people to make positive progressions in their lives
- Encourages young people to contribute positively to their local communities
- Supports young people to increase their skills, evidenced through accreditations
- Increases positive behaviours in children and young people (and reduces involvement in anti-social behaviour)

### **How we involve children & young people:**

We have involved children & young people in the development of Impact Arts' work in the following ways:

- Young people have been surveyed on their views
- Our Sketchy Youths Steering Group are consulted regularly on service design
- Case studies have been collated and evaluated
- Interviews with young people have taken place

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**Consultation with Stakeholders:**

Consultation with staff delivering work with children and young people highlighted some of the ways that we embed children’s rights across our organisation:

