

Impact Report 2022-23

FOR COMMUNITIES



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Introduction

2022-23 Summary

Up to £19 million was committed to Phase 5 of the programme which ran from April 2020 to March 2023.

During Phase 5, 24 CashBack funded organisations delivered a range of projects activities for young people between the ages of 10-24 which:

- Supported people, families and communities most affected by crime
- Supported those most at risk of being involved in antisocial behaviour, offending or reoffending into positive destinations
- Supported young people most at risk of entering the justice system

Phase 5 also supported activities, not limited by age, which met the criteria above, and;

• Provided intergenerational support for parents, families and children impacted by Adverse Childhood Experiences.

This report covers project delivery and impact over the year April 2022 to March 2023.

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28,060 young people supported

- 21,310 young people reported increased confidence
- 21,058 young reported improved wellbeing
- 16,579 positive destinations achieved
- **16,752** young people reported positive changes in behaviour
- **14,791** young people felt less inclined to engage in anti-social/criminal behaviour
- **96%** of stakeholders reported increase in young person physical/personal skills
- **92%** of stakeholders reported reduction in young person risk taking-behaviour

Introduction

Ministerial Foreword

This Impact Report shows the success and positive outcomes of CashBack for Communities - a unique Scottish Government programme that uses money recovered from criminal activity to provide new opportunities for young people.

The CashBack programme is focused on diverting young people away from antisocial behaviour and crime. The findings of this report show the breadth of activities and the positive outcomes for over 28,000 young people that were delivered by the 24 CashBack funded organisations in 2022/23 through £19m provided from April 2020 to March 2023.

It is important that we support and encourage young people to make choices that allow them to develop their aspirations and potential. The outcomes summarised in the report show what can be achieved when young people are given the right opportunities.

CashBack for Communities is a valued programme that we are be rightly proud of. I congratulate everyone who has helped to make the final year of the Phase 5 programme such a success, and supported so many young people in such a positive way.

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Siobhian Brown, **Minister for Victims** and Community Safety August 2023







Access to Industry

CashBack Passport provides skills based employability training and one to one holistic support to young people aged 16-25 residing within HMP YOI Polmont and in communities across Scotland. Within HMP YOI Polmont we will enable young people to gain knowledge and skills training through our specific employability hubs which develop their chances of employability.



Achieve More Scotland

A CashBack Difference provides weekly, early intervention and diversionary based activities for young people, aged 10-24. This project involves sports coaching and youth work activities being delivered on a weekly basis in targeted communities. Young people are engaged in group activities which build cohesion and break down territorial barriers to help reduce crime.



Action for Children

CashBack Positive Changes is a behavioural Change, Wellbeing and Inclusion Service for young people aged 12+ years who are at-risk of involvement in offending or anti-social behaviour, and/or future entry to the criminal justice system. The service comprises 26-weeks of needs-led support. This includes a sixweek group work programme delivered in school, community locations or Action for Children premises.

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Believe in Barnardo's

Barnardo's Fit for Work through CashBack provides an 8 week interactive and bespoke employability programme available in 7 local authority areas. It provides intensive 1:1 mentoring and group work to young people furthest from the work force, in particular for those most at risk of entering the justice system or living in areas of multiple deprivation, and provides follow up support to sustain positive destinations.



CashBack Schools of Basketball targets three schools within local authorities with the highest levels of deprivation and crime. Young people attend four basketball sessions per week, aimed at increasing physical skills and health, positively impacting on attendance and attainment within school, as well as receiving one-to-one support to overcome barriers, gaining qualifications and support with mental health.



CashBack Gateway to Employment is a bespoke employability project aimed at young people, aged 16-24, with a focus on those who have offended or are at risk of re-offending. The project provides opportunities for young people from communities with greatest incidents of anti-social behaviour and crime to access a range of positive activities, access to personal development opportunities, further or higher education, volunteering or employment.

basketballscotland

Celtic FC Foundation

Cyrecians Cyrenians

Keeping Families Together with CashBack for Communities works alongside Scotland's five secure units supporting young people and families to rebuild their relationships with the aim, where possible, of enabling young people (aged 12+) to return to their family home. Cyrenians offers a combination of mediation, practical support and conflict resolution workshops at two stages: the point of admission and with those who are in the process of returning home.

Eden Court

Eden Cour

CashBack for a Creative Highlands is a multi-layered, progression and outcome focused arts project, for young people aged 12 – 24 years in the Highlands. Working with a network of partners who support young people and families who have, or are at risk of, encountering crime, our project aims to help reduce offending, strengthen our communities and improve lives.



Impact Arts

CashBack to The Future builds on the success of Phase 4 and provides positive, supporting creative activity for the most vulnerable young people – those affected by multiple deprivation, with poor life chances, and at most risk of antisocial behaviour, across 5 local authority areas in Scotland

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Includem ADAPT for CashBack is an early intervention, one-toone support service for young people aged 10-15 years on the edges of offending, delivered in West Dunbartonshire. Young people will engage in one-to-one support in their community with partner support brought in to address need, combined with significant backing to strengthen intergenerational family relationships.

Youth Mayfield and Easthouses Youth 2000 Project

CashBack 180 is an early support and prevention service for young people (11-18) involved in offending, antisocial or risky/self-harming behaviours. 12-week programmes delivered with mixed or single-sex groups as well as 1:1 support as appropriate. The project support young people to grow confidence and resilience, physical and personal skills, health and wellbeing, employability, community connection, and diversion from criminal/anti-social behaviour.



Moving Forward + with CashBack for Communities is aimed at autistic young people who are aged 12+, from Glasgow and refusing school, or aged 16-24, from West Central Scotland and furthest from the labour market. Young people are supported to realise their potential by reducing social isolation, building confidence and resilience before supporting onward transition to positive destinations in particular reaching autistic young people who are most at risk of entering the justice system.

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National Autistic Society National Autistic Society



Ocean Youth Trust Scotland

Change Tack with CashBack works with 28 groups of young people, aged 12-16, from across Scotland. Each group participate in a 12-month intensive intervention programme aimed at changing attitudes and behaviours of those most at risk of antisocial behaviours, offending/reoffending or entering the justice system; and at increasing attainment and attendance at school.



POLICE Police Service of Scotland

CashBack VOW Project is a collaborative project across Edinburgh involving police officers, inspirational Peer Mentors, and Turn Your Life Around with CashBack volunteers who use their lived experience of the criminal justice system, trauma, and adversity to make a real difference to the lives of young people. The team engage and work with vulnerable young people aged 16-24 to provide a level of support with assists them to break the cycle of criminality and reoffending.



Prince's Trust

Prince's Trust

CashBack Development Awards help disadvantaged young people who are most at risk of turning to or being affected by crime overcome financial barriers to support them into work, education or training. CashBack grants cover a broad range of expenses including course fees, travel to work or new equipment for individuals, school groups or community groups.





CashBack - Towards New Futures is a bespoke employability programme that re-engages people with offending backgrounds into the community and supports their aspirations towards a sustained positive destination, including the labour market, by giving them the confidence, resilience and skills required. The Foundation will also deliver employability workshops and information sessions in HMYOI Polmont, HMP Addiewell, HMP Greenock and HMP Barlinnie.



CashBack Football Communities consists of two strands. The My Football Community and the My Volunteer Inspire Project which provides opportunities for young people while gaining formal qualifications. The projects focus on those at risk of entering the criminal justice system and communities most affected by crime. Each project is specific to the needs of the community using programmes which target education, employability, health and well-being, confidence, resilience and community contribution.



CashBack Schools of Rugby identified 17 secondary schools situated in, or taking children from, the most deprived areas of Scotland and implement our CashBack Schools of Rugby and CashBack Community programmes. In collaboration with local partners, young people are engaged to build capacity, confidence, physical fitness, cognitive skills, physical competencies and personal qualities. Young people are supported to contribute positively to their communities.

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Rangers Charity Foundation

Scottish Football Association

Scottish Rugby Union



Scottish Sports Futures

SSF CashBack - Transforming Lives delivers timely, personcentred support and effective interventions, improving life chances for young people aged 10-24 in areas of deprivation across Scotland. The projects delivered are: Shell Twilight, Young Leaders, Chance:2:Be, and Education through CashBack. Projects are delivered with love, care, and empathy; with young people at the heart.



SPFL Trust

CashBack Off the Bench is a 16 week programme for young people aged 18-24 which is delivered by 5 Scottish Professional Football League Club Trusts within their local communities. With support from key partners, trained coaches work to encourage positive behaviour change in areas such as, but not limited to, alcohol and drug consumption, anti-social behaviour, sectarianism, and racism. Young people are supported to improve their employability, attainment, health and wellbeing.

Station House Media Unit

CashBack - MoveForward engages the most vulnerable and disadvantaged young people in Aberdeen, using media as a key tool to overcome their personal barriers in order to avoid becoming involved in anti-social behaviour or offending, and reducing the likelihood of reoffending for young prisoners in HMP & YOI Grampian. The programme has 3 key components; Youth Media Project, shmu Training Academy, and Media Access Project,



YDance

CashBack for Change uses dance and drama to engage and positively influence those most at risk of displaying anti-social behaviours and/or entering the criminal justice system. In partnership with theatre company Glass Performance, YDance will deliver a 3-strand programme which will benefit young people aged 11-21, including within HMP YOI Polmont. Participants learn theatre and dance techniques, improve physical fitness, and can gain SQA Awards and participate in annual performances.



Generation CashBack is an established project delivered by a partnership consortium of Boys' Brigade Scotland, Girlguiding Scotland, and Scouts Scotland with Youth Scotland. Generation CashBack continues to grow the scale and reach of communitybased youth work in disadvantaged areas, enabling more young people to access safe spaces and develop their confidence, resilience and skills. CashBack outcomes are met through two strands: 'Grow' and 'Leading in the Community'.



CashBack Youth Work Fund makes small grants available to youth work organisations across Scotland to support opportunities for young people most at risk of involvement in crime and to support communities most affected by crime. The targeted youth work opportunities delivered by funded organisations support young people's personal and social development and support them towards positive destinations and life choices.

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Youth Scotland

YouthLink YouthLink Scotland





AGE BREAKDOWN





SCOTTISH INDEX OF MULTIPLE DEPRIVATION



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78%

of participants from 30% most deprived communities

21,822 Young People

95%

of participants from 50% most deprived communities

26,444 Young People

GENDER IDENTITY

Rates of anti-social and criminal behaviour are higher among young men and adolescent boys, which influences the gender balance of referral routes into CashBack projects. This effect can be seen in CashBack projects since the inception of the programme in 2008. Non-binary 340 (1%)

Female 11,692 (42%)

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Not Disclosed 1,247 (4%)

Male 14,804 (53%)

DISABILITIES

Analysis of disability



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Further breakdown

- 129 Vision
- 136 Hearing
- 301 Mobility
- 176 Dexterity
- 143 Memory
- 404 Stamina, breathing or fatigue

ETHNICITY



UAPII NA/I

12%

of participants disclosing ethnicity* identified as not White or White Minority Ethnic - see chart

80%

of participants disclosing ethnicity* identified as White Scottish or White Other British



The following pages set out 2022-23 performance against :

Short term outcomes:

- Young people build their **confidence and resilience**, benefit from strengthened support networks and reduce risk taking behaviour
- Young people develop their physical and personal skills
- Young people's health and wellbeing improves
- Young people participate in activity which improves their learning, employability and employment options (positive destinations)
- Young people contribute positively to their communities

Long-term outcome:

 Young people are diverted from criminal behaviour or involvement with the criminal justice system.



CAPACITY AND CONFIDENCE



opinions." Young Person

"I've never seen him so confident, he is quite happy being independent at the session now and getting involved with activities and making friends." Young person's parent



"I have improved my confidence and self-esteem and met new people and made friends." Young Person

"I gained confidence and planning for a more positive future." Young person

PHYSICAL AND PERSONAL SKILLS



Young people increased their personal skills and achieved accredited learning

12,639 SCQF and non-SCQF awards were gained

"They've helped me learn like life skills, like cooking, I was never able to cook but being here I've learned how to. I make the food and snacks for the younger ones as part of my role." Young person

"I've been able to look at myself from an outside perspective and improve my skills." Young person

"I enjoyed the opportunity to be creative and express myself. I am able to talk about films and be with likeminded people and find this inspiring, and also the enjoy the creative process of developing ideas with other people." Young person

"I'd one hundred percent recommend the course to anyone that's thinking about joining. It gives you an opportunity to understand things and learn more about yourself, but you get qualifications out of it at the same time, which is always good. Because of that I've got a first aid qualification from here as well as a mental health qualification." Young person

HEALTH AND WELLBEING

97% of stakeholders saw increases in SHANARRI indicators

21,058 Young people said they had improved their wellbeing

Young person

The weekly football has made me fitter and healthier. I feel much better." Young person

"When I started, I ran 5 minutes and I was exhausted and couldn't even run, but now I can run the whole matches." Young person

"Without them he wouldn't have a bed. Social work asked me what I needed and I said a bed, they never got it. Cyrenians did. I asked social work for help as I'm on benefits and nothing, it was Cyrenians that did it. I had a 6-8 week wait for my benefits to get up and running and they came here with £100 so I could get in groceries and pay for the electric heaters, the council gave me as I didn't have any heating." Young person's mum



POSITIVE DESTINATIONS



16,579 Young people achieved positive destinations "Before school of rugby I wanted to leave school and just get drunk every weekend and not have a goal or purpose to anything I'm doing. Now I really want to get my coaching qualifications and try gain more qualifications at school and go on to getting a job in sport." Young person

"The staff...don't make it feel like schoolwork. I know they are there to support us. I don't think I would have got into college if I didn't do Chance:2:Be [CashBack Project]." Young Person

"I enjoyed it like, I didn't think I would but it's been good and you've been sound. Thanks to you, I'll finish school and college now. I'll think of you when I'm making big [money] in my future job." Young person

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"Thank you so much – we really appreciate all the help and support for our family. We loved every minute of it." Young person

POSITIVE IMPACT ON COMMUNITIES

96% of stakeholders saw improvements in social interaction, contribution to (and links with) communities

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114,803 hours of volunteering was undertaken by 4,010 young people

"We're doing something for the community, to help people, so it's a good thing." Young person

It was great to hand over our excess harvest to the community shop. Hopefully, it'll make a difference to some people in our town." Young Person

"They [CashBack Project Y2K] are a massive support to that family unit as a whole and they're also in the local community. They're available various nights of the week outwith hours that we wouldn't be available to support the family. Also, I think the family see them as a supportive organisation as opposed to social work or police or whatever. So family will speak with them, they'll share concerns and information, and Y2K staff will get permission to share that with us." Stakeholder

"It's helping to show that we care and we're doing something good." Young person

DIVERTED FROM CRIMINAL BEHAVIOUR

92%

of stakeholders reported a reduction in risk-taking behaviours

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14,791

Young people said they felt less inclined to participate in antisocial behaviour "The prison staff have also seen a difference when I first came in, I'd take drugs all the time and get involved in fights. This programme has helped me become calmer and I haven't been in trouble for ages." Young person

"Before this I was just sitting about smoking a lot of cannabis. [CashBack Towards New Futures] educated me on the long-term use of substances and the negative effect it's having on my life and mental health." Young Person

> "Had I not...met the VOW Project I have no idea where I would be with my drinking but believe I would have continued to escalate further in criminality and self-destruction." Young person

"I'm keeping my head down. Since I got this job, I haven't been hanging about and it's kept me busy. If I hadn't got this job, I would probably still be kicking about getting into trouble." Young person





Local Authorities 2022-23

Aberdeen	*	Clackmannanshire 4	East Dunbart
£253,557	a 🖉	£80,781	£60,849
1,099 YP		414 YP	414 YP
		*K	
<u>Aberdeenshire</u>	\$	Dumfries and Galloway *	East Lothian
£94,753		£140,370	£85,683
484 YP		576 YP	480 YP
Angus	*	Dundee *	East Renfrew
£81,461		£270,012	£43,669
378 YP	A Star	1019 YP	254 YP
	The second se		
Argyll and Bute	*	East Ayrshire	Edinburgh
£28,791	a a a a a a a a a a a a a a a a a a a	£113,288	£595,200
233 YP		489 YP	2,116 YP
	**		

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<u>Eilean Siar</u> £26,350 256 YP





<u>Falkirk</u> £386,297 970 YP



<u>wshire</u>

<u>Fife</u> £388,066 1,128 YP





<u>Glasgow</u> £1,439,246 4,494 YP



Local Authorities 2022-23

<u>Highland</u> £333,589 1,603 YP	4 A	North Ayrshire £256,011 1,668 YP	Renfrewshire £316,460 763 YP
<u>Inverclyde</u> £183,480 867 YP	¥ Northern	North Lanarkshire £355,798 1,678 YP	Scottish Bord £86,219 360 YP
<u>Midlothian</u> £110,926 672 YP	No. of the second secon	Orkney £19,015 386 YP	<u>Shetland</u> £14,002 278 YP
<u>Moray</u> £18,416 201 YP		Perth and Kinross £76,169 268 YP	<u>South Ayrshir</u> £128,689 789 YP



<u>South Lanarkshire</u> £248,320 1,412 YP









West Dunbartonshire £360,833 1,460 YP



<u>West Lothian</u> £154,329 537 YP







Statistics

Inspiring Scotland builds the profile of CashBack for Communities through the website, social media channels and emails to ensure the impact and value of the fund to young people in Scotland is promoted. The statistics displayed below significantly understate the total programme reach and engagement, as they do not reflect promotion by the 24 CashBack partners on their website and social media. Assets are regularly produced and shared to highlight the portfolio and CashBack partner activity. Assets include annual reports, case studies, news items, and fund developments.





Social Media Highlights



A huge congratulations to shmu's Youth Media, Katie Watson, who is the second young person in Scotland to receive the prestigious 200 hour Saltire Award signed by First Minister! Thank you Katie for all your time and talent #VolunteersWeekScot @HumzaYousaf@CashBackScot





Chloe Heyburn @Chloe_SSF

★@SSF_2000 Chance2Be Celebration Event ★

Great 16 weeks with the @ArdAcademy Young People!

- ✓8 Qualifications, 1 CPD course
- ✓CV's & Workplace Outings
- ✓20 Community Outings
- ✓Improved Confidence & School Attainment
- ✓Positive Destinations All Round

#ChangingLivesThroughSport



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Police Scotland Edinburgh @PSOSEdinburgh

Our @CashBackScot #VOWProject is grateful to our partners @FreshStartWeb who help people make a home following a period of homelessness. One young woman told us, 'this takes so much stress away as I couldn't afford these things. Thank you!'



ADAPT for CashBack We w

Includem ADAPT for CashBack @Includem_ADAPT · Mar 29 · · · We were back in our waterproofs at Rowardennan yesterday afternoon for some more tree planting with @nationaltrust

We have now planted more than 100 trees 🧅

-Amy

@Includem2000 @CashBackScot



... I PE

FHSPhysicalEducation @FHSPhysicalEd

HUGE thank you to @CashBackScot for funding our SoR programme for the last six years. The positive impact the programme has had on all @FalkirkHigh young people has been immense. Sincere thanks to @StewartRoss23 for all his help & guidance. #weareFHSRugby



Rangers Charity Foundation @RFC_Charity · Mar 10 Another participant from our latest @CashBackScot course has 'tasted' success!

Courtney Kimmins turned her life around and is now preparing to start employment as an apprentice chef

Read about Courtney's journey through CashBack here fit.ly/3Jtg0aD

#CB4C







Falkirk Foundation @falkirkfcf · Mar 24 Replying to @falkirkfcf

@CashBackScot Off the Bench gives young adults the chance to build a better path going forward.

Participants have the opportunity to improve their job prospects, gain qualifications and take part in physical activity.

85% went onto positive destinations 👏

#Morethanfootball



East Region @ScotFAEast · Mar 31

VIP | Well done to our @CashBackScot VIP participants from @LevenmouthAc for completing their Introduction to Coaching course.

Fantastic engagement and input throughout the course 💓 🏵





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Phase 6

CashBack for Communities will continue to use money recovered through the Proceeds of Crime Act 2002 to fund projects and activities that support and inspire young people.

Phase 6 of the CashBack programme will run from April 2023 to March 2026. Investment has been expanded, with a commitment to provide up to £20 million to support this work. The funding round for Phase 6 was very competitive and demand far outstripped the available funding – 157 applications were received, seeking a total funding of £80 million.

The 29 Phase 6 CashBack funded organisations will deliver a range of projects for young people between the ages of 10-25 that:

•Support young people most at risk of being involved in antisocial behaviour offending or reoffending towards or into positive destinations •Provide support for young people, parents and families impacted by Adverse Childhood Experiences and trauma •Support young people to improve their health, mental health and wellbeing

•Support young people to improve their health, mental health and wellbeing •Support people, families and communities most affected by crime

For more information on the 29 CashBack funded organisations and their projects, please see: Phase 6 Partners

Inspiring Scotland is the CashBack for Communities Delivery Partner. In this role Inspiring Scotland applies their performance management approach to partners funded through the programme and supports the programme to achieve its long term strategic outcomes. Inspiring Scotland is an innovative venture philanthropy organisation designed in response to the needs of Scotland's charities. Working in partnership with a range of supporters, it is an exciting way of using money and skills to improve the lives of Scotland's most disadvantaged people. Three Inspiring Scotland Fund Managers support the programme:



Ben Thompson Fund Manager



Sam Linton Fund Manager



Tommy Seymour Fund Manager

INSPIRING SCOTLAND

CashBack Team



Ashleigh Shula Communications Assistant











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INSPIRING SCOTLAND











Consolidated Impact Data

Outcome 1: YP build their capacity and confidence (count of young people)	2022/23	YP will improve school attendance	5,463
YP report increased confidence	21,310	YP will improve school attainment	3,846
YP report they are able to do new things	21,485	Employment	753
YP feel more resilient	12,523	Further education (including remaining/returning to school)	9,699
Other stakeholders report increasing confidence in YP	98%	Training	2,523
YP report positive supportive networks	20,008	Volunteering	3,288
YP report positive changes in their behaviour	16,752	Outcome 5: YP contribute positively to their communities	2022/23
Other stakeholders report perceived positive changes in behaviour of young participants	97%	YP take on a volunteering role	4,010
Outcome 2: YP develop their physical and personal skills	2022/23	Number of hours of volunteering by YP	114,803
YP increased personal skills, achieving accredited learning	7,447	Number of community focussed awards gained by participants	2,781
YP report an increase in their skills	16,793	YP feel their contribution, links with communities and social interaction are improving	11,813
Other stakeholders report skills increasing in YP	96%	Other stakeholders perceive improvement in YP contribution, links and social interaction	96%
Accreditations gained	12,639	Participants perception of their neighbourhood improves	5,161
Outcome 3: YP health and well-being improves	2022/23	Participants have heightened sense of belonging to a community	9,835
YP improve wellbeing against SHANARRI indicators	21,058	Participants have increased motivation to positively influence what happens in their community	6,792
Other stakeholders report perceived increases in SHANARRI indicators	97%	Outcome 6: YP are diverted from criminal behaviour or involvement with the criminal justice system	2022/23
Outcome 4: YP participate in activity which improves their learning, employability and employment options (positive destinations)	2022/23	YP report own participation in anti-social and/or criminal behaviour has reduced	4,474
YP will achieve a positive destination	16,579	YP feel less inclined to participate in anti-social and/or criminal behaviour	14,791
Back to contents		Other stakeholders report a reduction in YP risk-taking behaviour	92%