



Glasgow



£1,305,255

funding delivered
in 2024-25



2910

young people supported
in 2024-25

The following CashBack partners aim to support young people in Glasgow in this funding period (2023-26):

- Access to Industry
- Action for Children
- basketballscotland
- Bethany Christian Trust
- Celtic FC Foundation
- Glasgow Media Access Centre
- Impact Arts
- Ocean Youth Trust Scotland
- Rangers Charity Foundation
- Scottish Football Association
- Scottish Rugby Union
- Scottish Sports Futures
- The National Autistic Society
- Venture Trust
- YDance (Scottish Youth Dance)
- Youth Scotland

Read on for project details and case studies. Visit the [Glasgow](#) impact page on our website for a breakdown of project activities and spending by year.



Scottish Government
Riaghaltas na h-Alba
gov.scot

**CASH
BACK**
FOR COMMUNITIES

Partners supporting young people in Glasgow



Access to Industry

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



Action for Children

CashBack Positive Changes is a behavioural change, wellbeing, and inclusion service for young people aged 14-24 who are not engaged in school, currently offending, or perceived to be at risk of being involved in the justice system. Service includes 26 weeks of needs-led support.



basketballscotland

CashBack Community of Basketball builds young people's resilience through activities that improve their physical, mental, and social health. Includes targeted 'Youth Work Through Sport' group of 48 young people with experience of ACEs, and wider activities in local schools.



Bethany Christian Trust

UpStream with CashBack for Communities is a community-based early intervention support service for young people with mental health struggles. Main focus is providing counselling, as well as clinical psychology, to improve mental health and reduce risk factors of homelessness.



Celtic FC Foundation

CashBack Gateway to Opportunities is a bespoke wellbeing and personal development project. It engages young people aged 16-24 from a variety of backgrounds who are at risk of (re)offending or those living in the most deprived areas to progress to positive destinations.



Glasgow Media Access Centre

GMAC CashBack uses filmmaking as a hook to engage young people aged 14-25 in learning, and supports them to develop confidence, skills, and aspirations to progress into further learning/training opportunities. Provides one to one support to develop skills and identify progression routes.



Impact Arts

CashBack to the Future provides young people in Scotland's most disadvantaged communities with opportunities to participate in fun, creative activities to support them to develop skills and improve their wellbeing. Includes visual arts, performance, and music-making.



Ocean Youth Trust Scotland

On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



Rangers Charity Foundation

CashBack - Towards New Futures is a person-centred employability and re-engagement programme for young people who recently left prison or are at risk of involvement in the justice system. Supports integration back into community and progress to positive destinations.



Scottish Football Association

CashBack Achieving Goals uses the 'Power of Football' to provide routes to learn, build confidence and skills, volunteer, and gain qualifications. Includes tailored 'Football Champions' (P5-P7) and 'Football Leaders' (S3-S5) strands in areas of social deprivation to gain skills and leadership.



Scottish Rugby Union

CashBack Schools of Rugby provides both curricular and extra-curricular rugby activities in deprived areas to support positive behaviours. **CashBack Community Rugby** provides behavioural change workshops for 16-25 year olds most at risk of involvement in the justice system.



Scottish Sports Futures

CashBack Changing Lives provides a range of programmes in areas of multiple deprivation to deliver multisport and youth work programmes to improve young lives. Includes street work, programmes for young people who are disengaged from education, and volunteering opportunities.



The National Autistic Society

Moving Forward+ with CashBack supports autistic children and young people, through one to one and group work, to build confidence and improve their resilience and mental health. Aimed at children not engaged in school (10-15) or not engaged in education, training, or employment (16-25).



Venture Trust

CashBack Green Futures is a trauma-informed, needs-led, employability service for disadvantaged young people. Provides community and one to one support, including developmental and environmental activities. Builds core skills through outdoor adventure activities.



YDance (Scottish Youth Dance)

CashBack on Track uses dance to nurture the development and wellbeing of young people aged 10-25. Strands include programmes for care experienced young people, community diversion, young offenders in HMP YOI Polmont, and young parents/carers and family members.



Youth Scotland

Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').



Image: *basketballscotland*

Case study: Jane's story

basketballscotland

basketballscotland deliver CashBack Community of Basketball in Glasgow. It builds young people's resilience through activities that improve their physical, mental, and social health.

Jane struggled with anger, and her attendance and focus in school were holding her back in class. She was on the receiving end of bullying and online abuse that resulted in police intervention. Jane did not believe she could achieve anything after school.

Jane took part in weekly sessions which supported her to achieve qualifications. She says the regular one-to-ones gave her "emotional support to rant about everything in life," and **explore career and college options**.

"I was a bit of a windup merchant in school and never took school seriously, but thanks to the support I received, now I know what I need to do to actually get somewhere in life.

They never saw me turning out like this!"

Case study: Aaron's story

Bethany Christian Trust

Bethany Christian Trust deliver UpStream in Glasgow. It is a community-based early intervention support service for young people with mental health struggles, focussed on counselling and clinical psychology.

Aaron (12) was referred for counselling after struggling with low self-esteem, low mood, and grief following the loss of his grandfather. At the start, Aaron was too afraid to enter the therapy room without his mother. He was shy, withdrawn, and overwhelmed by fears ranging from monsters and aliens to separation anxiety. His mother described him as “clingy” and easily distressed, especially after a hospital stay that left him fearful of being apart from her.

Early sessions focused on building trust through strength-based approaches. Over time, Aaron began to engage more confidently in therapeutic activities. His mother reported fewer nightmares, emotional outbursts, and fears.



Image: **Canva Pro**

When school-related issues emerged, the sessions were extended to help Aaron manage anger and feelings of being picked on.

By the end of the programme, Aaron had made remarkable progress. He was able to attend sessions independently, balance play therapy with processing trauma, and engage positively with peers. His distress levels dropped significantly from the highest possible score to the lowest on the project's assessment scale.

“There appears to be a big shift in Aaron’s demeanour... he is more energetic, enthusiastic and eager to engage.”

Case study: Summer film project

Glasgow Media Access Centre (GMAC Film)

GMAC Film deliver GMAC CashBack in Glasgow. It uses filmmaking as a hook to engage young people aged 14-25 in learning, and supports them to develop confidence, skills, and aspirations to progress into further learning and training opportunities.

In Summer 2023, GMAC supported a group of young people to write, direct, and star in a film. Through hands-on learning, the group developed skills such as operating equipment, composing shots, and making sound effects.

“It’s given me a chance to network and meet like-minded people.”

“Being able to make something, to look at it and be happy with it is an amazing feeling.”

“It’s amazing people from a deprived area can come to a place like this for free, **develop new skills, meet new people and gain confidence.**”

Image: GMAC Film

Watch their film ‘Limbo’



Click to watch Liam's video



Case study: Liam's story

Rangers Charity Foundation

Rangers Charity Foundation deliver CashBack Towards New Futures in Glasgow. It is a person-centred employability and re-engagement project for young people who recently left prison or are at risk of involvement in the justice system.

When Liam joined, he had reached a crossroads in his life.

"I came out of care in 2021 and my life was kind of going up and down when I was in there, so it was hard when I came out from having all the support 24/7 to then ending up on my own.

I was looking at going into the Army but I ended up in a bit of trouble and that resulted in me having a criminal record so that was no longer an option.

The programme gave me the kind of push that I think I needed to **get back onto the right path**. When I was coming here, I still wanted to go out and enjoy my weekends and stuff like that, but the staff really helped motivate me and make me see things differently and made me realise that I could be doing a lot more with myself."

Image: Rangers Charity Foundation