



Fife



£291,131

funding delivered
in 2024-25



547

young people supported
in 2024-25

The following CashBack partners aim to support young people in Fife in this funding period (2023-26):

- Access to Industry
- Ocean Youth Trust Scotland
- Scottish Football Association
- Scottish Rugby Union
- Scottish Sports Futures
- Starcatchers
- Venture Trust
- YDance (Scottish Youth Dance)
- Youth Scotland

Read on for project details and case studies. Visit the [Fife](#) impact page on our website for a breakdown of project activities and spending by year.



Scottish Government
Riaghaltas na h-Alba
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**CASH
BACK**
FOR COMMUNITIES

Partners supporting young people in Fife



Access to Industry

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



Ocean Youth Trust Scotland

On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



Scottish Football Association

CashBack Achieving Goals uses the 'Power of Football' to provide routes to learn, build confidence and skills, volunteer, and gain qualifications. Includes tailored 'Football Champions' (P5-P7) and 'Football Leaders' (S3-S5) strands in areas of social deprivation to gain skills and leadership.



Scottish Rugby Union

CashBack Schools of Rugby provides both curricular and extra-curricular rugby activities in deprived areas to support positive behaviours. **CashBack Community Rugby** provides behavioural change workshops for 16-25 year olds most at risk of involvement in the justice system.



Scottish Sports Futures

CashBack Changing Lives provides a range of programmes in areas of multiple deprivation to deliver multisport and youth work programmes to improve young lives. Includes street work, programmes for young people who are disengaged from education, and volunteering opportunities.



Starcatchers

CashBack for Young Parents supports families in areas of deprivation and dealing with the impact of sexual violence and coercive relationships. Includes one to one support, group sessions, and a positive relationships course at high schools led by young people with lived experience.



Venture Trust

CashBack Green Futures is a trauma-informed, needs-led, employability service for disadvantaged young people. Provides community and one to one support, including developmental and environmental activities. Builds core skills through outdoor adventure activities.



YDance (Scottish Youth Dance)

CashBack on Track uses dance to nurture the development and wellbeing of young people aged 10-25. Strands include programmes for care experienced young people, community diversion, young offenders in HMP YOI Polmont, and young parents/carers and family members.



Youth Scotland

Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').

Case study: M's story

Scottish Sports Futures

Scottish Sports Futures deliver CashBack Changing Lives in Fife. It provides programmes in areas of multiple deprivation to deliver multisport and youth work programmes to improve young lives.

Before joining, M was struggling with their mental health and wellbeing, which was affecting their relationships. They were disengaged from education, not physically active, and experiencing low self-esteem.

The hook was M's interest in sport, which initially helped to build rapport with the staff team.

Over time, M's confidence improved. With the team's support, they have put in the time to understand and plan towards their **goals for the future**.

M has reintegrated in the community, attending local youth groups, volunteering and improving relationships with teachers. M is now on track to gain further qualifications at school, and has created a CV.




Image: Scottish Sports Futures

Case study: K's story

Starcatchers

K joined the CashBack for Young Parents programme facing challenges common to many young mums social isolation, low confidence, and limited support.

Referred through Fife Gingerbread's early engagement work, K was encouraged to attend Play & Explore sessions with her baby, E. Initially quiet and hesitant, both K and E struggled to settle into the group. But with consistent support and a nurturing environment, K began attending regularly and slowly opened up to peers and practitioners.

A turning point came when K started initiating conversations something she hadn't felt confident doing before. Her growing confidence had a ripple effect, positively influencing E development and emotional security. K now feels a stronger sense of belonging and connection to her community.



Image: Starcatchers

She is progressing toward a formal SCQF qualification through Partners and has recently secured part-time employment something she previously didn't believe was possible. Her success has inspired others, including her sister, to join the programme.

"I value having a safe space where I feel listened to and supported."