

CashBack for Communities Youth Work Fund

Annual Report 2018 - 2019



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Youth Work Fund

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The CashBack for Communities Youth Work Fund

The CashBack for Communities Programme utilises monies recovered through the Proceeds of Crime Act 2002.

YouthLink Scotland administers the CashBack for Communities Youth Work Fund to build the capacity of young people and the youth work organisations who work to support them. The fund supports the Scottish Government's aim to tackle inequalities by supporting targeted youth work opportunities for young people from areas of deprivation.

Fund criteria

Successful proposal must:

1. Provide diversionary youth work activities for young people ages 10-24 years old who face one or more forms of disadvantage as listed below.
 - Living in areas of deprivation (priority will be given to projects working in communities within the top 20% SIMD).
 - Being unemployed, not in education or training; and/or
 - Being excluded, or at risk of exclusion from school; and/or
 - Being at risk of being involved in antisocial behaviour, offending/re-offending.
2. Offer free diversionary youth work activities which raise the attainment, ambition and aspirations of these young people by:

..... Mandatory Outcomes

- Building capacity and confidence, and
- Developing personal and physical skills; and
- Changing behaviours and attitudes; and
- Improving wellbeing; and

..... Optional Outcomes

- Increasing school attendance and attainment; and/or
- Increasing engagement in learning, training, work and volunteering (positive destinations); and/or
- Increasing participation in positive activities; and/or
- Diverting them from criminal behaviour or involvement with the criminal justice system; and/or
- Helping them to contribute positively to their communities.

The CashBack for Communities Youth Work Fund

3. Take a proactive approach to ensure the activities are accessible to the target group of young people.
4. Fill gaps in provision for young people or add value/build on existing provision.
5. Support and encourage the involvement of young people in the development, management and running of the project.
6. Demonstrate sustainability (whether in attracting other resources or in leaving a legacy).

Overview of 2018/19

November – December 2017

228 applications received.

February – April 2018

34 assessment panels held in **32** local authority areas involving **113** local assessors.

174 awards made totalling **£721,141**.

Levering match funding of **£485,379** and **£275,248** of in-kind funding.

April 2018 – March 2019

27,019 youth work activity hours funded.

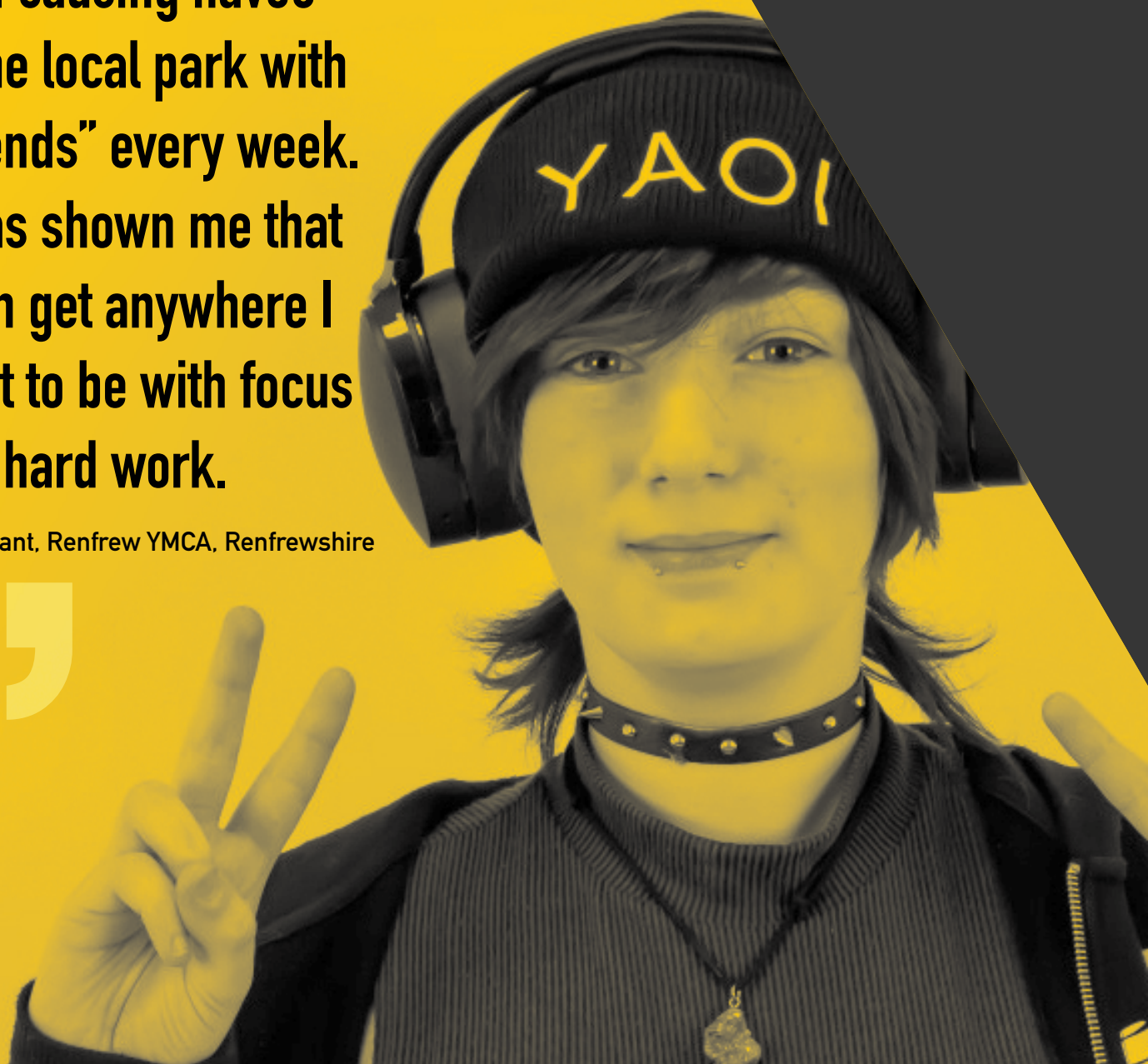
Reaching **17,120** young people in **32** local authority areas.

“

Being a part of drop in again made me realise that I can do better than causing havoc in the local park with “friends” every week. It has shown me that I can get anywhere I want to be with focus and hard work.

Participant, Renfrew YMCA, Renfrewshire

”



Awards Information

Awards and Beneficiaries by Local Authority Area

Local Authority Area	Award Amount	Number of Beneficiaries
Aberdeen City	£ 22,675.00	978
Aberdeenshire	£ 8,415.00	35
Angus	£ 8,858.00	276
Argyll and Bute	£ 9,839.00	198
City of Edinburgh	£ 81,326.00	983
Clackmannanshire	£ 4,671.00	65
Dumfries and Galloway	£ 18,682.00	1,967
Dundee City	£ 20,943.00	107
East Ayrshire	£ 18,818.00	498
East Dunbartonshire	£ 1,938.00	14
East Lothian	£ 12,176.00	287
East Renfrewshire	£ 9,324.00	345
Falkirk	£ 19,839.00	99
Fife	£ 16,910.00	374
Glasgow North East	£ 63,219.00	626
Glasgow North West	£ 55,229.00	969
Glasgow South	£ 42,340.00	280
Highland	£ 24,153.00	146
Inverclyde	£ 9,473.00	2,055

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Awards Information

Local Authority Area	Award Amount	Number of Beneficiaries
Midlothian	£ 11,744.00	319
Moray	£ 10,700.00	326
North Ayrshire	£ 23,008.00	571
North Lanarkshire	£ 41,016.00	1,399
Orkney Islands	£ 10,371.00	50
Perth and Kinross	£ 10,345.00	86
Renfrewshire	£ 27,545.00	480
Scottish Borders	£ 12,167.00	273
Shetland Islands	£ 11,580.00	1,118
South Ayrshire	£ 13,975.00	782
South Lanarkshire	£ 38,596.00	598
Stirling	£ 9,999.00	118
West Dunbartonshire	£ 13,500.00	324
West Lothian	£ 25,428.00	161
Western Isles	£ 12,339.00	213

Awards Information

Awards by Organisation and Local Authority Area

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1090	Northfield Congregational Church - 65th Boys' Brigade Company with Girls' Association	£ 670.00	Aberdeen City
G_CBC_1113	Denis Law Legacy Trust	£ 7,020.00	Aberdeen City
G_CBC_1146	Fersands and Fountain Community Project	£ 5,737.00	Aberdeen City
G_CBC_1158	AFC Community Trust & Aberdeen City Council partnership	£ 1,748.00	Aberdeen City
G_CBC_1212	Transition Extreme Sports Ltd	£ 5,000.00	Aberdeen City
G_CBC_1275	Mastrick Community Centre	£ 2,500.00	Aberdeen City
G_CBC_1244	Modo - Circus with Purpose	£ 4,245.00	Aberdeenshire
G_CBC_1139	Brechin Youth Project	£ 4,969.00	Angus
G_CBC_1283	Drugs Initiaitvie Group (The Pitstop Project)	£ 3,889.00	Angus
G_CBC_1027	Mid Argyll Youth Development Services (MAYDS)	£ 2,555.00	Argyll and Bute
G_CBC_1059	Mid Argyll Youth Forum	£ 2,068.00	Argyll and Bute
G_CBC_1148	Bute Youth Forum	£ 1,526.00	Argyll and Bute

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1270	The Cyber Cafe	£ 3,690.00	Argyll and Bute
G_CBC_1085	The BIG Project	£ 4,680.00	City of Edinburgh
G_CBC_1086	Granton Youth Centre	£ 4,320.00	City of Edinburgh
G_CBC_1103	The Broomhouse Centre	£ 5,720.00	City of Edinburgh
G_CBC_1109	Citadel Youth Centre	£ 7,950.00	City of Edinburgh
G_CBC_1116	Saheliya	£ 3,580.00	City of Edinburgh
G_CBC_1118	Venture Scotland	£ 6,360.00	City of Edinburgh
G_CBC_1121	Rural & Urban Training Scheme (RUTS)	£ 5,000.00	City of Edinburgh
G_CBC_1125	The Yard	£ 8,122.00	City of Edinburgh
G_CBC_1136	Muirhouse Youth Development Group	£ 3,270.00	City of Edinburgh
G_CBC_1145	Lothian Autistic Society	£ 3,510.00	City of Edinburgh
G_CBC_1156	North West Carers	£ 2,646.00	City of Edinburgh
G_CBC_1166	Canongate Youth	£ 5,190.00	City of Edinburgh
G_CBC_1208	Edinburgh City Youth Cafe (6VT Youth Cafe)	£ 3,950.00	City of Edinburgh
G_CBC_1245	About Youth	£ 3,750.00	City of Edinburgh
G_CBC_1248	Ferrywell Youth Project	£ 3,700.00	City of Edinburgh
G_CBC_1276	St Teresa's Youth Club	£ 4,600.00	City of Edinburgh
G_CBC_1282	Pilton Youth and Childrens Project	£ 4,978.00	City of Edinburgh

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1285	Play Alloa	£ 4,671.00	Clackmannanshire
G_CBC_1124	Youth Work Services - Dumfries & Galloway Council	£ 5,600.00	Dumfries and Galloway
G_CBC_1126	Dumfries YMCA	£ 2,500.00	Dumfries and Galloway
G_CBC_1183	Dumfries and Galloway Council - Youth Work Service West	£ 4,582.00	Dumfries and Galloway
G_CBC_1214	Oasis Events Team	£ 6,000.00	Dumfries and Galloway
G_CBC_1036	Dundee and Angus ADHD Support Group	£ 7,780.00	Dundee City
G_CBC_1133	LGBT Youth Scotland	£ 8,500.00	Dundee City
G_CBC_1157	Hot Chocolate Trust	£ 4,663.00	Dundee City
G_CBC_1043	New Cumnock Prish Church Holiday Club	£ 1,600.00	East Ayrshire
G_CBC_1067	Vibrant Communities, East Ayrshire Council	£ 3,100.00	East Ayrshire
G_CBC_1083	East Ayrshire Council	£ 5,000.00	East Ayrshire
G_CBC_1154	New Farm Loch Community Council	£ 2,000.00	East Ayrshire
G_CBC_1186	Barnardo's	£ 7,118.00	East Ayrshire
G_CBC_1172	Rebound	£ 1,938.00	East Dunbartonshire
G_CBC_1138	North Berwick Youth Project	£ 3,542.00	East Lothian
G_CBC_1147	Venture Scotland	£ 2,120.00	East Lothian

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1182	Pennypit Community Development Trust	£ 3,340.00	East Lothian
G_CBC_1242	Tranent Youth and Community Facility (Recharge)	£ 3,174.00	East Lothian
G_CBC_1045	East Renfrewshire Council - Young Persons Services	£ 3,500.00	East Renfrewshire
G_CBC_1068	St Luke's High School	£ 336.00	East Renfrewshire
G_CBC_1071	St Luke's High School	£ 773.00	East Renfrewshire
G_CBC_1108	St Luke's High School	£ 408.00	East Renfrewshire
G_CBC_1211	SAMH - Scottish Association for Mental Health	£ 4,307.00	East Renfrewshire
G_CBC_1013	YoYP Youth Committee. Community Learning and Development, Falkirk Council	£ 1,850.00	Falkirk
G_CBC_1130	Rainbow Muslim Women's Group	£ 980.00	Falkirk
G_CBC_1134	LinkLiving Ltd	£ 5,000.00	Falkirk
G_CBC_1241	Falkirk Council Community Learning and Development	£ 3,243.00	Falkirk
G_CBC_1254	Rural & Urban Training Scheme (RUTS)	£ 7,500.00	Falkirk
G_CBC_1277	Falkirk council	£ 1,266.00	Falkirk
G_CBC_1041	The Savoy Youth Clubs	£ 3,969.00	Fife

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1123	Gallatown Gala and Community Group	£ 2,896.00	Fife
G_CBC_1137	Youth 1st	£ 3,531.00	Fife
G_CBC_1261	Kirkcaldy YMCA	£ 6,514.00	Fife
G_CBC_1051	Rosemount Lifelong Learning	£ 9,890.00	Glasgow North East
G_CBC_1061	Young Movers (YoMo)	£ 4,620.00	Glasgow North East
G_CBC_1065	Possibilities for Each and Every Kid	£ 5,000.00	Glasgow North East
G_CBC_1070	Junction 12	£ 3,600.00	Glasgow North East
G_CBC_1079	Church House, Bridgeton [SCIO]	£ 6,748.00	Glasgow North East
G_CBC_1092	Young Movers (YoMo)	£ 8,400.00	Glasgow North East
G_CBC_1184	Parkhead Youth Project	£ 4,212.00	Glasgow North East
G_CBC_1189	Venture Scotland	£ 4,770.00	Glasgow North East
G_CBC_1191	Toonspeak Young people's Theatre	£ 2,972.00	Glasgow North East
G_CBC_1226	Royston Youth Action	£ 4,140.00	Glasgow North East
G_CBC_1229	Tron St Mary's Parish Church	£ 3,867.00	Glasgow North East
G_CBC_1269	FARE	£ 5,000.00	Glasgow North East
G_CBC_1026	West End Adventure Group	£ 8,560.00	Glasgow North West
G_CBC_1040	Bike for Good	£ 5,020.00	Glasgow North West
G_CBC_1050	A&M Scotland	£ 3,750.00	Glasgow North West

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1084	Community Central Hall (CCH)	£ 2,628.00	Glasgow North West
G_CBC_1135	SU Scotland	£ 3,574.00	Glasgow North West
G_CBC_1174	44th Glasgow Scouts	£ 3,960.00	Glasgow North West
G_CBC_1188	Venture Scotland	£ 4,770.00	Glasgow North West
G_CBC_1190	Temple/Shafton Youth Project	£ 7,365.00	Glasgow North West
G_CBC_1215	North United Communities	£ 9,130.00	Glasgow North West
G_CBC_1267	Ignite Theatre	£ 3,500.00	Glasgow North West
G_CBC_1268	Toonspeak Young People's Theatre	£ 2,972.00	Glasgow North West
G_CBC_1039	Govan Youth Information Project	£ 5,472.00	Glasgow South
G_CBC_1057	Soulriders Scotland	£ 3,316.00	Glasgow South
G_CBC_1111	Wheatley Foundation	£ 4,400.00	Glasgow South
G_CBC_1129	Southside Youth Work Support Agency	£ 5,370.00	Glasgow South
G_CBC_1153	Gorbals Youth Run Drop in Cafe (Gorbals Youth Cafe)	£ 4,840.00	Glasgow South
G_CBC_1185	Venture Scotland	£ 4,770.00	Glasgow South
G_CBC_1192	Youth Community Support Agency	£ 8,492.00	Glasgow South
G_CBC_1230	Swamp Creative Media Centre	£ 5,680.00	Glasgow South
G_CBC_1088	Scottish Fire and Rescue Service	£ 7,022.00	Glasgow South

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1217	12th Inverness Boys Brigade	£ 1,640.00	Highland
G_CBC_1247	The Place Youth Club	£ 4,800.00	Highland
G_CBC_1250	High Life Highland Youth Services	£ 2,250.00	Highland
G_CBC_1263	Aberlour Child Care Trust	£ 4,691.00	Highland
G_CBC_1271	High Life Highland	£ 3,750.00	Highland
G_CBC_1089	RIG Arts Ltd.	£ 4,473.00	Inverclyde
G_CBC_1170	CLD Youth Work Services	£ 5,000.00	Inverclyde
G_CBC_1018	Mayfield and Easthouses Youth 2000 Project	£ 2,748.00	Midlothian
G_CBC_1115	Lifelong Learning & Employability	£ 1,800.00	Midlothian
G_CBC_1122	Lifelong Learning	£ 2,112.00	Midlothian
G_CBC_1176	Midlothian Council	£ 1,701.00	Midlothian
G_CBC_1218	Midlothian Council - Lifelong Learning and Employability	£ 1,200.00	Midlothian
G_CBC_1222	PAVE 2	£ 1,500.00	Midlothian
G_CBC_1273	Midlothian Council	£ 683.00	Midlothian
G_CBC_1025	Outfit Moray	£ 1,600.00	Moray
G_CBC_1058	The Loft Youth Project	£ 5,104.00	Moray
G_CBC_1060	Elgin Youth Development Group	£ 3,996.00	Moray

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1095	Barnardo's	£ 2,814.00	North Ayrshire
G_CBC_1131	Redburn Youth Management Committee	£ 12,359.00	North Ayrshire
G_CBC_1162	Broomlands-Bourtreehill Baptist Church (Noonday)	£ 4,187.00	North Ayrshire
G_CBC_1178	Additional Support Needs Youth Groups	£ 3,648.00	North Ayrshire
G_CBC_1034	1st Coatbridge Boys Brigade	£ 3,161.00	North Lanarkshire
G_CBC_1049	Glenboig Neighbourhood House	£ 4,140.00	North Lanarkshire
G_CBC_1072	Wishaw Mountain Biking Club	£ 3,480.00	North Lanarkshire
G_CBC_1132	Getting Better Together Ltd	£ 3,015.00	North Lanarkshire
G_CBC_1232	Motherwell CLD at Muir Street Primary School	£ 1,800.00	North Lanarkshire
G_CBC_1251	Impact Arts (Projects) Ltd	£ 8,540.00	North Lanarkshire
G_CBC_1278	The Safety Zone	£ 8,270.00	North Lanarkshire
G_CBC_1280	Coatbridge Youth Action	£ 8,610.00	North Lanarkshire
G_CBC_1177	Orkney Youth Cafe	£ 4,511.00	Orkney Islands
G_CBC_1243	Police Scotland Youth Volunteers Orkney	£ 1,210.00	Orkney Islands
G_CBC_1253	Orkney Islands Council	£ 4,650.00	Orkney Islands

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1042	LGBT Youth Scotland	£ 5,250.00	Perth and Kinross
G_CBC_1102	Aberfeldy Parish Church (The Breathe Project)	£ 2,200.00	Perth and Kinross
G_CBC_1152	Remake Scotland	£ 2,895.00	Perth and Kinross
G_CBC_1016	Johnstone Castle Chaos Club	£ 5,245.00	Renfrewshire
G_CBC_1062	Good Shepherd Centre	£ 1,300.00	Renfrewshire
G_CBC_1200	Renfrewshire Youth Voice	£ 4,750.00	Renfrewshire
G_CBC_1223	Create Paisley SCIO	£ 4,350.00	Renfrewshire
G_CBC_1279	Loud n Proud	£ 6,900.00	Renfrewshire
G_CBC_1284	Renfrew YMCA SCIO	£ 5,000.00	Renfrewshire
G_CBC_1048	YouthBorders	£ 3,080.00	Scottish Borders
G_CBC_1164	Scottish Borders Council	£ 2,496.00	Scottish Borders
G_CBC_1221	Eildon West Youth Hub	£ 3,331.00	Scottish Borders
G_CBC_1286	Eildon West Youth Hub (TD1 Youth Hub)	£ 3,260.00	Scottish Borders
G_CBC_1019	Shetland Islands Council	£ 5,260.00	Shetland Islands
G_CBC_1056	OPEN Peer Education Project	£ 6,320.00	Shetland Islands
G_CBC_1069	Adventure Centre for Education	£ 2,400.00	South Ayrshire

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1120	South Ayrshire Youth Strategy Implementation Group (YSIG)	£ 2,020.00	South Ayrshire
G_CBC_1151	South Ayrshire Council (CLD)	£ 2,945.00	South Ayrshire
G_CBC_1227	LGBT Youth Scotland	£ 6,610.00	South Ayrshire
G_CBC_1015	Rutherglen Universal Connections	£ 902.00	South Lanarkshire
G_CBC_1073	East Kilbride Universal Connections	£ 3,815.00	South Lanarkshire
G_CBC_1080	Hamilton Information Project for Youth	£ 2,512.00	South Lanarkshire
G_CBC_1101	Forth St Paul's Church	£ 3,000.00	South Lanarkshire
G_CBC_1104	Flemington Hallside Church	£ 2,283.00	South Lanarkshire
G_CBC_1165	Hamilton Universal Connections	£ 4,176.00	South Lanarkshire
G_CBC_1168	Cambuslang Universal Connections	£ 3,140.00	South Lanarkshire
G_CBC_1195	Flourish	£ 2,216.00	South Lanarkshire
G_CBC_1213	Fernhill Hyper Cyber	£ 2,964.00	South Lanarkshire
G_CBC_1224	Up-2-Us	£ 4,722.00	South Lanarkshire
G_CBC_1231	Eddlewood Youth Project	£ 1,500.00	South Lanarkshire
G_CBC_1237	Springhall Community Youth Project	£ 2,614.00	South Lanarkshire

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Awards Information

Reference	Organisation Name	Award Amount	Local Authority Area
G_CBC_1266	Universal Connections Events Bus	£ 4,752.00	South Lanarkshire
G_CBC_1047	Carers Forum Stirling Area	£ 1,413.00	Stirling
G_CBC_1110	Youth Team	£ 2,700.00	Stirling
G_CBC_1143	Callander Youth Project	£ 1,500.00	Stirling
G_CBC_1205	Stirling Council, Youth Team	£ 2,020.00	Stirling
G_CBC_1258	Stirling Council, Youth Team	£ 2,366.00	Stirling
G_CBC_1032	West Dunbartonshire Youth Alliance	£ 13,500.00	West Dunbartonshire
G_CBC_1179	Venture Scotland	£ 3,180.00	West Lothian
G_CBC_1203	West Lothian Youth Foundation	£ 6,664.00	West Lothian
G_CBC_1220	West Lothian Youth Action Project	£ 5,584.00	West Lothian
G_CBC_1260	Rural & Urban Training Scheme (RUTS)	£ 10,000.00	West Lothian
G_CBC_1105	Barra Youth Cafe	£ 2,000.00	Western Isles
G_CBC_1112	Carloway Estate Trust (Urras Oighreachd Chàrlabhaigh)	£ 3,440.00	Western Isles
G_CBC_1216	Hotspot Intervention Team (H.I.T)	£ 3,500.00	Western Isles
G_CBC_1239	Lewis and Harris Youth Clubs Association	£ 3,399.00	Western Isles

Awards Information

Programme Finance 2018/19

Expenditure	
Awards made	£ 721,141
Management	£ 80,000
External evaluation	£ 15,000
VAT	£ 19,000
Total expenditure	£ 835,141



I feel like I've achieved something because I've got next year all planned out. I'm going to get a job, learn how to ride a motorbike, go on my first holiday abroad and move out of home.

Participant, Impact Arts (Projects) Ltd, North Lanarkshire



Feedback from funded organisations

At the end of the project all of the funded organisations are required to report in relation to the mandatory outcomes and any of the optional outcomes selected (please note that the figures for mandatory outcomes reflect the impact of all funded projects and the figures for optional outcomes reflect only the impact of the much smaller number of projects that selected one on the optional).

Here's what the projects told us about the outcomes achieved for the young people they worked with.

Mandatory Outcomes

1

Building Capacity and Confidence

10,854 young people said their confidence had improved

Developing Personal and Physical Skills

2

7,702 young people said they had increased their skills

4,002 young people achieved accredited learning

3

Changing behaviours and attitudes

7,848 young people said they felt their behaviour was more positive

8,859 reported increased aspirations

Improving wellbeing

4

16,435 young people reported increased wellbeing

Attendance and Attainment

5

1,260 said their attendance at school had improved

1,835 said their attainment at school had improved

6

Positive Destinations

1,710 young people were involved in volunteering as part of the project

2,329 young people reported that they remained or returned to school

548 young people went on to higher education

1,082 young people engaged in Activity Agreements

1,171 young people went on to volunteer after the project had ended

2,146 accessed additional learning opportunities in the community as a result of their involvement in the project

Increasing participation in positive activities

7

15,016 young people increased their participation in positive activities

11,196 were new to the activity

8

Diversion from criminal behaviour

2,491 young people reported that they were less likely to engage in anti-social behaviour

Contribute positively to their communities

9

1,336 young people have gone on to take leadership roles in community organisations



I feel as though my voice
has been heard and that I
have been given a chance
to express my own personal
experiences of what I think
racism is. I have gained the
chance to develop my public
speaking skills — through
delivering sessions to young
people as well as working
on my communication both
verbal and written.

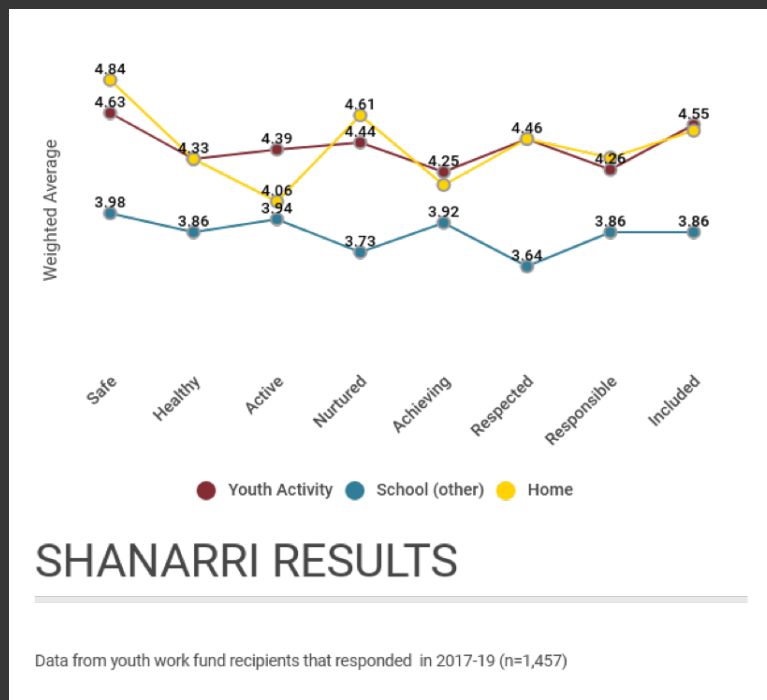
Participant, Youth Community Support Agency, Speak Out Against Racism project, Glasgow

External Evaluation

YouthLink Scotland engaged the services of Catch the Light to conduct an evaluation of the programme over the three-year term of round four.

As part of the evaluation, Catch the Light further explored the impact that participation in youth work activities has on the wellbeing of young people involved in the funded projects. To do this they conducted in depth case studies and asked funded organisations to submit more detailed feedback from around 1,500 young people using the SHANNARI framework of wellbeing indicators. The results indicate that young people view their youth work organisations and home life with equally high regard, with all eight indicators scoring an average of above four out of five. School receives a positive rating of above three but is consistently lower than the other settings. Feedback suggests that this is due to the positive relationships and inclusive approaches which make young people feel safe and welcome, like part of their extended family, regardless of their background, circumstances or academic ability.

One in ten respondents felt less safe at home. When these responses were filtered, their views of youth work remained positive (above four) while views of home and school fell below the mid point of three.



The more in-depth material from the case studies highlighted the following:

75% of the young people interviewed recognised that getting an education was important. However only **26%** felt they belonged in school and **21%** felt they belonged in school some of the time. The remaining **53%** said they didn't feel they belonged in school.

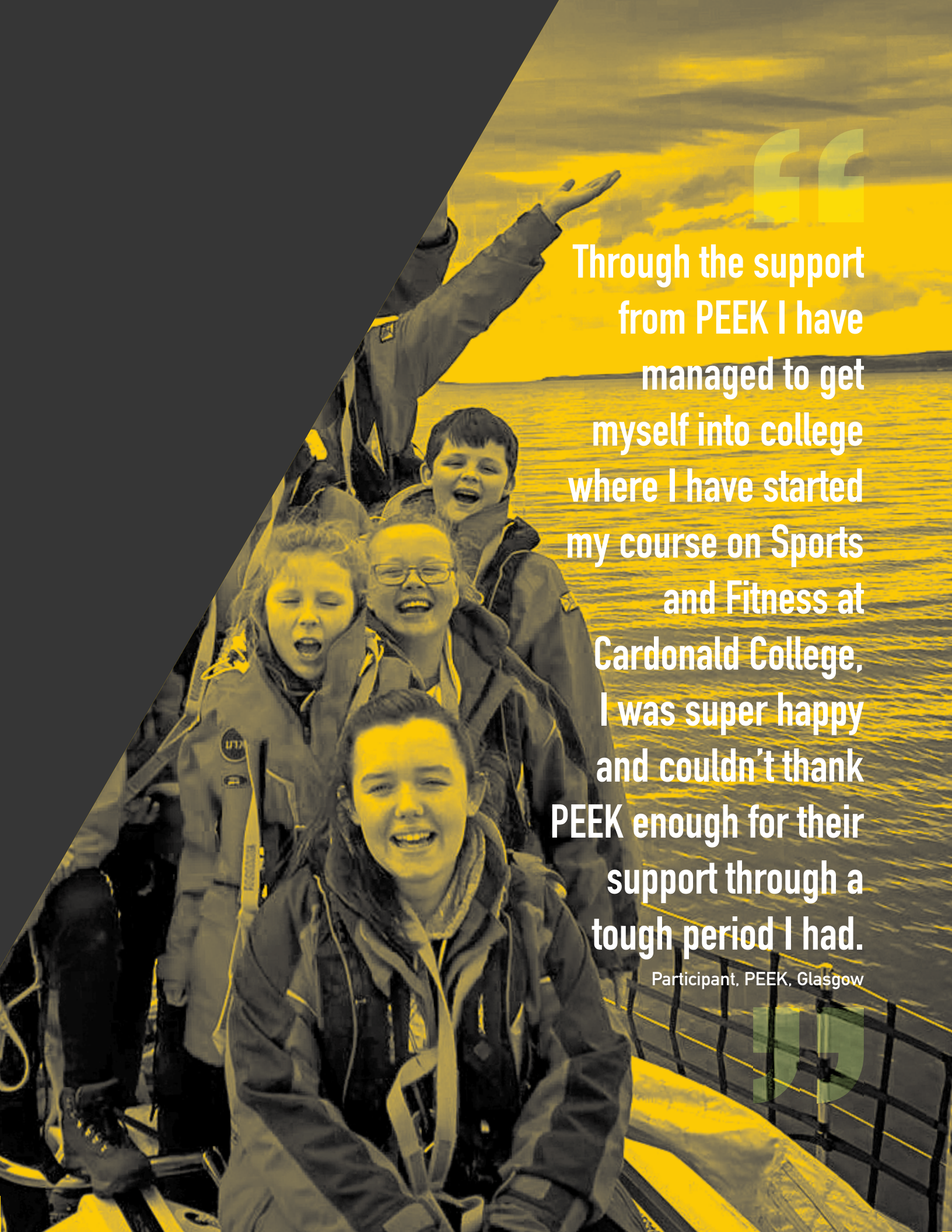
When asked about their involvement in youth work:

65% said that when things go wrong youth workers help me out.

90% said I have a youth worker that looks out for me.

75% said that if they need help they can speak to a youth worker that knows them.

85% said they have access to youth services that support them when they need them.

A group of young people, likely participants in the PEEK program, are shown in a boat on a body of water. They are wearing dark jackets and appear to be cheering or shouting with their mouths open. The background shows a calm sea and a cloudy sky. A large, stylized quote is overlaid on the right side of the image, and a large number '11' is in the bottom right corner.

“
Through the support
from PEEK I have
managed to get
myself into college
where I have started
my course on Sports
and Fitness at
Cardonald College,
I was super happy
and couldn't thank
PEEK enough for their
support through a
tough period I had.

Participant, PEEK, Glasgow

11

Case Studies

CashBack for Communities Ref	G_CBC_1261
Name of Group	Kirkcaldy YMCA
Local Authority Area	Fife
Value of Award	£ 6,514

CASE STUDY

If someone from your area asked you what this project is about what brief description would you give?

Our holiday period work provides a wide range of activity programmes and opportunities which build on existing indoor and outdoor activities to engage, involve and support young people over a vital period in their development. Holiday period work enables continuity in the programme and allows relationships to be maintained at a time which are challenging for families and young people in the absence of normal routines and structures (eg school, college). Contact with youth workers and programmes allows young people to access support, build their skills and widen their experience. It provides a safe and young person friendly place to meet and learn socially.

There is opportunity to explore e.g. outdoor activities, visits, or plan and run special events, e.g. skate competition, music events. It ensures young people have ongoing opportunities to volunteer, supporting delivery of youth work programmes for their peers and other young people.

Impact

- What was the learning from the project?
- What came out of the project that was not in the original aim and objectives?
- If you started again tomorrow how would you keep the same or change?

Young people gained huge confidence and self-esteem from being involved in programmes as participants or volunteers. The security of regular youth work contact was clearly valued by some of the most vulnerable young people. The regular programmes build practical skills, teamwork and leadership skills, while special events allow young people to take a further leadership steps.

Young volunteers planned events in detail, from timing, marketing/publicity, booking facilities, fundraising and staffing. It enabled young people to keep working towards achievement/recognised awards and to meet their planned goals.

Case Studies

Future planning is always dependent on young peoples support and initiative and a flexible youth work approach allows programmes and events to evolve in a way that maintains interest and enthusiasm of young people. The process would remain the same, only activities may change to meet current needs/interests of young people.

Feedback from Young People

Getting Started

- How did you hear about the project?
- Why did you get involved?
- What did you think the project would involve?

I heard about the projects from friends and wanted to get involved as they sounded like fun and it was something new and I was curious about getting involved.

I wasn't sure what the projects would involve but I was keen to find out I knew that they would involve music, events and different activities that I hadn't done before.

On the Project

- What have you done?
- What do you think of that?
- What do you intend to do on this project?
- What will you do after this project?
- What have you gained? Skills, qualifications, awards, networks, friends.

I have taken part in lots of cooking/baking activities within the projects as well as doing sporty stuff with fellow young people. I have helped plan and organise activities and events. I started volunteering.

I think it has been great fun and helpful with the support of the youth workers, you get help with improving your volunteer skills too, as well as time to practice activities with other volunteers before trying them out with kids.

I intend to take part in as many activities and try as many new things as I can.

I will try and keep in contact with the new friends I have made through this. I have just started doing a PDA in Youth Work too as I would like to be a full-time youth worker for my future career.

Case Studies

I have gained many new friends from these projects as well and improving my skills such as confidence and my time keeping which makes me more reliable I have also gained my food hygiene, my first aid and also my silver dynamic youth award.

I am now volunteering twice a week at youth clubs and have got a job with the council as a part-time sessional youth worker and also with the YMCA.

Impact

- What has taking part meant to you?
- Finally, if someone asked you to comment on your experiences what would you say about YOUR experience?

It has meant a great deal for me as it has given me purpose and a place to chill out with friends or even as for help with any problems I might have faced. It has helped me to decide my future and as part of being involved, it gave me enough experience to get on the PDA in Youth Work.

I would say that my experience has been great within these projects and I would highly recommend that any other young people attend and get the involved.

Case Studies

CashBack for Communities Ref	G_CBC_1056
Name of Group	OPEN Peer Education Project
Local Authority Area	Shetland
Value of Award	£6,320

CASE STUDY

If someone from your area asked you what this project is about what brief description would you give?

OPEN aims to increase the confidence, skills, and knowledge of at 15+ young adults (recruited volunteers aged 16-25) per year; enabling them to become peer educators, who deliver awareness-raising and harm reduction workshops in schools. The workshops are delivered to every secondary 1-4 student in Shetland; engaging with over 800 young people annually.

The project provides regular one-to-one support for its volunteers. The level of support they require can be significant in dealing with personal issues; such as family and relationships, risky behaviour, as well as identifying their support and training needs.

OPEN plays a vital role in Shetland as it's been able to provide ongoing support and training for young adults to become peer educators, so they can develop their confidence, skills, and knowledge, which enables them to design and deliver peer education workshops and activities for others – which no other project is doing in the community.

The training OPEN provides empowers and mobilises its volunteers to create good rapport with school students during the delivery of workshops; allowing them to openly discuss important and sensitive issues in a classroom setting – in a fun and informal manner – where practical participation is key to positive and meaningful discussions in this kind of environment.

Case Studies

Impact

- What was the learning from the project?
- What came out of the project that was not in the original aim and objectives?
- If you started again tomorrow how would you keep the same or change?

In relation to the recruitment of our volunteers, we learned that we need to continue pursuing a variety of recruitment drives and initiatives; in order attract young people from different backgrounds. We have now created a new recruitment drive, working in partnership with locals cafes, to have 'OPEN UP' nights, which encourage young people to meet our peer educators in informal, friendly public environments. Each event will look at discussing a particular topic on the night, such as substance misuse or mental health, for example.

From our partnership work with the schools, we have learned that the ongoing schools delivery programme has been a great success, and is becoming easier to deliver given we now have an agreed set of workshops for each secondary age. Although minimal communication is now required in rolling out this ongoing programme within the partnership work, we do still have to encourage the teachers to provide regular and constructive feedback in their post intervention questionnaires; to identify what improvements OPEN can make.

OPEN have been able to provide additional training for its volunteers, beyond that of their initial induction training programme, which has greatly helped with the development of the peer educators' skills, knowledge, and abilities. In particular, the residential training trip to Aberdeen saw a group of 10 volunteers undertake a day's induction training on peer mentoring.

In surpassing the project's targets this year for activity hours and number of young people the project has engaged with; in order to keep up with the increasing demand for workshops, this required a lot of extra staff hours to accommodate this. This required the project to dip into its reserve funding to cater for the increased number of staff hours.

If the project were to start again tomorrow, OPEN would maintain its structure and processes, as this has proven to be successful and effective since the schools delivery programme was agreed with the local authority. Any changes made would be around the project's approach to marrying the other programmes that OPEN are running, with recruitment being a key element of this. Additionally, the project forecast the potential increase in staff hours as a consequence of an increased demand for workshops.

Feedback from Young People

Getting Started

- How did you hear about the project?
- Why did you get involved?
- What did you think the project would involve?

1. Word of mouth – Family, Friends. Social Media – Facebook.
2. “For Uni”, “Something to do”, “Opportunities”, “To gain more knowledge”.
3. “I had a good idea about what the project would involve”, “I was told that we discussed issues that affected young people”.

On the Project

- What have you done?
- What do you think of that?
- What do you intend to do on this project?
- What will you do after this project?
- What have you gained? Skills, qualifications, awards, networks, friends

1. “Created workshops, started peer mentoring project, OPEN Up events, delivered workshops across all 7 high schools in Shetland, delivered a harm reduction workshop to the Shetland Alcohol and Drugs Partnership.”
2. “Great”, “Brilliant”, “Amazing”, “We’ve made a lot of progress”.
3. “Continue delivering workshops.”
4. “Work”, “Experience can go on my CV”, “Use training to compliment my jobs”, “Become a teacher”, “Teach others”, “Confidence, friendships, knowledge of issues, safe space, references for work and Uni”.

Case Studies

Impact

- What has taking part meant to you?
- Finally, if someone asked you to comment on your experiences what would you say about YOUR experience?

1. "The world", "A sense of belonging", "OPEN is a safe space", "This is the only place I can socialise and have a laugh and do what I love, everyone has a happy place", "This is mine", "I know that the people at OPEN are there to support me".
2. "It's been fun", "It's been a long road but an informative one, and I've enjoyed learning with people who have become lifelong friends. I've been able to learn about things that interest me".

"It's been helpful with expanding my knowledge of certain topics".

"I've had the opportunity to meet a diverse amount of people and make friendships while bettering our local community".

"Everyone was really welcoming and supportive, it's like a little family".

"It's really opened my mind to learn and share information I didn't know before".

"Been able to get involved in encouraging the future minds of the world to learn about subjects that affect them in a guiding, comforting way".

Awards Information

Appendix 1 - Performance against targets 2018/19

Outcomes (Mandatory)	3 Year Target	Actual – Year 2 (2018/19)	Variance
Young people build their capacity and confidence	5,875 young people will have increased their confidence	10,854	+85%
Young people developing their personal and physical skills	3,917 young people will have increased their skills 1,175 young people will have achieved accredited learning	7,702 4,002	+97% +240%
Young people experience a positive change in behaviours and attitudes	2,350 young people will report that their behaviour is more positive 1,958 young people will report increased aspirations	7,848 8,859	+234% +352%
Young people's wellbeing improves	3,917 young people will report improved wellbeing	16,435 *from external evaluation data	+319%

Awards Information

Outcomes (Optional)	Target Numbers	Actual – Year 2 (2018/19)	Variance
Young people's attendance and attainment at school improves	1,106 young people will report improved school attendance	1,260	+14%
	1293 young people will report improved attainment	1,835	+42%
Young people achieve positive destinations	1,177 young people will be involved in volunteering as part of funded activity	1,706	+45%
	5,052 young people will remain at or return to school as a result of their involvement in the project	2,329	-54%
	276 young people will go on higher education as a result of their involvement in the project	548	+98%
	142 young people will engage in Activity Agreements as a result of their involvement in the project	1,082	+660%
	562 young people will go on to volunteer after the project ends	1,171	+108%
	8,773 young people will access additional learning opportunities in the community as a result of their involvement in the project	2,146	-75%
Young people increase their participation in positive activities	13,906 young people will increase their participation in positive activity	15,016	+8%
	3,489 young people will be new to that activity	11,196	+221%
Young people are diverted from criminal behaviour	1,348 young people will report that they are less likely to engage in anti-social behaviour	2,491	+85%
Young people contribute positively to their communities	584 young people have gone on to take leadership roles in community organisations	1,336	+129%



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