

# 2017:18 CashBack for Communities Youth Work Fund

## YouthLink Scotland

I still come every week to The Lofties, I am working on my Bronze Youth Achievement Award. I have also gained over 100 hours in my Saltire Award through volunteering. I will be going into S6 in June and want to continue to attend Lofties as it helps me with my social skills and it`s a calm environment away from the regular stress of school and my home life. (The Loft Youth Project)

## Summary

The fund opened in November 2016. All projects ran between the 1st April 2017 and 31 March 2018

231 Applications were submitted for consideration by 34 Local Authority Assessment Panels 180 Awards ranging from £366 - £15,435 totalling £701,207 were made (full list of awards provided) 13,041 young people enagaged in youth work activities as a result of the 2017-18 CashBack for Communities Youth Work Fund

Total Awarded: £701,207.00 Matched by the award recipients at a rate of £1.50 for every CashBack £1 Total in Kind Funding: £364,232 Total Match Funding: £535,819

\*Accumulated Totals for Match & In-kind funding as reported by local projects

YouthLink Scotland administers the CashBack for Communities Youth Work Fund to build the capacity of young people and the youth work organisations who work to support them. The Programme will support the Scottish Government's aim to tackle inequalities by having a greater focus on young people from areas of deprivation, we welcome proposals for the delivery of targeted youth work activity programmes which meet the following criteria.

#### Fund Criteria – proposals must:

- 1. Provide diversionary youth work activities for young people age 10-24 years' who face one or more forms of disadvantage as listed below.
  - Living in areas of deprivation (priority will be given to projects working in communities within the top 20% SIMD)
  - o Being unemployed, not in education or training; and/or
  - Being excluded, or at risk of exclusion from school; and/or
  - Being at risk of being involved in antisocial behaviour, offending/re-offending
- 2. Offer free diversionary youth work activities which raise the attainment, ambition and aspirations of these young people
- 3. Take a proactive approach to ensure the activities are accessible to the target group of young people
- 4. Fill gaps in provision for young people or add value/build on existing provision
- 5. Support and encourage the involvement of young people in the development, management and running of the project
- 6. Demonstrate sustainability (whether in attracting other resources or in leaving a legacy)

Date	Total Awards	No. of Awards	Average Awards	Young People Nos
2008 - 09	£2,997,606	278	£10,783	98,604
2009 - 10	£1,050,429	257	£4,088	36,397
2010 - 11	£1,370,463	212	£6,464	36,425
2011 - 12	£1,348,588	257	£5,247	45,442
2012 - 13	£524,022	176	£3,005	23,381
2013 - 14	£534,670	205	£2,608	22,325
2014 - 15	£574,043	169	£3,357	16,921
2015 - 16	£634,914	215	£2,953	31,936
2016 - 17	£626,599	213	£2,956	30,356
2017 - 18	£701,207	180	£3,896	13,041
TOTAL	£10,362,541	2162	£4,793	354,828

## Cumulative Summary of CashBack for Communities Youth Work Fund Awards



## Finance

## 1. Grant Programme Finances

Title	Organisation Details - Organisation Name	Awar	d Amount	Project Details - Local Authority - Beneficiaries
F_CBC_1067	Printfield Community Project	£	2,484.00	Authority - Beneficiaries
F_CBC_1085	Station House Media Unit (shmu)	£	5,000.00	Aberdeen City
F_CBC_1182	Aberdeen Community Safety Partnership	£	5,000.00	Aberdeen City
F_CBC_1279	Aberdeen FC Community Trust	£	5,650.00	Aberdeen City
F_CBC_1032	Denis Law Legacy Trust - Streetsport	£	6,273.00	Aberdeen City
F_CBC_1180	Kemnay Community Learning	£	1,999.00	Aberdeenshire
F_CBC_1251	ABERDEENSHIRE COUNCIL	£	4,815.00	Aberdeenshire
F_CBC_1290	Aberdeenshire Council	£	4,825.00	Aberdeenshire
F_CBC_1301	ABERDEENSHIRE COUNCIL	£	5,798.00	Aberdeenshire
F_CBC_1046	The Drugs Initiative Group	£	4,274.00	Angus
F_CBC_1076	Brechin Youth Project	£	4,561.00	Angus
F_CBC_1253	Bute Youth Forum	£	1,967.00	Argyll and Bute
F_CBC_1015	Mid Argyll Youth Forum	£	2,920.00	Argyll and Bute
F_CBC_1137	Mid Argyll Youth Development Services (MAYDS)	£	3,663.00	Argyll and Bute
F_CBC_1131	The Yard	£	1,500.00	City of Edinburgh
F_CBC_1043	People Know How	£	2,775.00	City of Edinburgh
F_CBC_1175	St Teresa's Youth Club	£	3,356.00	City of Edinburgh
F_CBC_1162	PILTON YOUTH AND CHILDREN'S PROJECT	£	3,550.00	City of Edinburgh
F_CBC_1132	The Ripple Project	£	3,670.00	City of Edinburgh
F_CBC_1058	Pilmeny Development Project	£	3,692.00	City of Edinburgh
F_CBC_1247	Lothian Autistic Society	£	4,050.00	City of Edinburgh
F_CBC_1153	Venture Scotland	£	4,124.00	City of Edinburgh
F_CBC_1048	Edinburgh City Youth Cafe (6VT Youth Cafe)	£	4,170.00	City of Edinburgh
F_CBC_1144	Cyrenians	£	4,450.00	City of Edinburgh
F_CBC_1284	The BIG Project	£	4,463.00	City of Edinburgh
F_CBC_1061	Citadel Youth Centre	£	5,495.00	City of Edinburgh
F_CBC_1226	Muirhouse Youth Development Group	£	5,500.00	City of Edinburgh
F_CBC_1164	YMCA Edinburgh	£	5,520.00	City of Edinburgh
F_CBC_1122	Granton Youth Centre	£	5,580.00	City of Edinburgh
F_CBC_1054	The Broomhouse Centre	£	5,730.00	City of Edinburgh
F_CBC_1219	Play Alloa	£	4,954.00	Clackmannanshire
F_CBC_1267	LGBT Youth Scotland	£	2,932.00	Dumfries and Galloway
F_CBC_1223	Dumfries and Galloway Council - Youth Work Service - West	£	3,630.00	Dumfries and Galloway
F_CBC_1268	Dumfries and Galloway Council - Youth Work East	£	4,076.00	Dumfries and Galloway
F_CBC_1276	Youth Enquiry Service Management Committee	£	4,469.00	Dumfries and Galloway
F_CBC_1287	Oasis Events Team	£	4,800.00	Dumfries and Galloway
F_CBC_1143	Hot Chocolate Trust	£	2,500.00	Dundee City
F_CBC_1240	Disabled & Carers Information Centre Association (Dundee Carers Centre)	£	2,854.00	Dundee City

E CPC 106E	LGBT Youth Scotland	£	E 700.00	Dundoo City
F_CBC_1065			5,700.00	Dundee City
F_CBC_1306	Hot Chocolate Trust	£	8,939.00	Dundee City
F_CBC_1266	East Ayrshire Leisure Trust	£	1,000.00	East Ayrshire
F_CBC_1093	Vibrant Communities, East Ayrshire Council	£	1,374.00	East Ayrshire
F_CBC_1204	East Ayrshire Carers Centre	£	1,848.00	East Ayrshire
F_CBC_1080	East Ayrshire Council	£	2,351.00	East Ayrshire
F_CBC_1026	The Zone Youth Committee	£	2,520.00	East Ayrshire
F_CBC_1199	Centrestage Communities Ltd	£	3,019.00	East Ayrshire
F_CBC_1229	yipworld	£	3,222.00	East Ayrshire
F_CBC_1239	Barnardo's	£	3,500.00	East Ayrshire
F_CBC_1079	Twechar Youth Group	£	2,508.00	East Dunbartonshire
F_CBC_1035	North Berwick Youth Project Limited	£	1,973.00	East Lothian
F_CBC_1205	Pennypit Community Development Trust	£	2,280.00	East Lothian
F_CBC_1118	Red School Youth Centre	£	3,972.00	East Lothian
F_CBC_1237	Tranent Youth and Community Facility (Recharge)	£	4,150.00	East Lothian
F_CBC_1034	Community Learning & Development Services East Lothian Council	£	4,463.00	East Lothian
F_CBC_1078	St Luke's high School	£	336.00	East Renfrewshire
F_CBC_1082	St Luke's high School	£	408.00	East Renfrewshire
F_CBC_1165	East Renfrewshire Carers' Centre	£	3,200.00	East Renfrewshire
F_CBC_1062	East Renfrewshire Council Young Persons Services	£	3,900.00	East Renfrewshire
F_CBC_1074	East Renfrewshire Council - Young Persons Services (LGBTI)	£	4,275.00	East Renfrewshire
F_CBC_1295	Falkirk Council	£	2,978.00	Falkirk
F_CBC_1261	Falkirk Football Community Foundation (FFCF)	£	8,500.00	Falkirk
F_CBC_1288	Falkirk council	£	8,680.00	Falkirk
F_CBC_1193	rio community centre	£	800.00	Fife
F_CBC_1145	Glenrothes Detached Youth Work	£	1,086.00	Fife
F_CBC_1021	Fife Council CLD	£	1,755.00	Fife
F_CBC_1110	Fife Council	£	1,872.00	Fife
F_CBC_1115	Fife Council	£	1,980.00	Fife
F_CBC_1142	SAMH (Scottish Association for Mental Health)	£	2,390.00	Fife
F_CBC_1281	Gallatown Gala and Community Group	£	2,497.00	Fife
F_CBC_1146	KIRKCALDY YMCA	£	3,033.00	Fife
F_CBC_1147	KIRKCALDY YMCA	£	3,089.00	Fife
F_CBC_1087	Fife Council - Kelty CLD Team (Community Project)	£	3,410.00	Fife
F_CBC_1121	Fife Council	£	3,838.00	Fife
 F_CBC_1023	The Savoy Youth Clubs	£	3,947.00	Fife
F_CBC_1053	Fife Council	£	3,960.00	Fife
F_CBC_1217	Raith Rovers Community Foundation	£	4,002.00	Fife
			•	
F CBC 1059	Fife Council - Kelty CLD Team (Centre Proiect)	£	4,396.00	Fife
F_CBC_1059 F CBC 1129	Fife Council - Kelty CLD Team (Centre Project) Cupar Youth Cafe	£ £	4,396.00 5,890.00	Fife Fife
F_CBC_1129	Cupar Youth Cafe	£	5,890.00	Fife
F_CBC_1129 F_CBC_1286	Cupar Youth Cafe Royston Youth Action	£ £	5,890.00 1,956.00	Fife Glasgow North East
F_CBC_1129 F_CBC_1286 F_CBC_1068	Cupar Youth Cafe Royston Youth Action Church House, Bridgeton [SCIO]	f f f	5,890.00 1,956.00 2,315.00	Fife Glasgow North East Glasgow North East
F_CBC_1129 F_CBC_1286	Cupar Youth Cafe Royston Youth Action	£ £	5,890.00 1,956.00	Fife Glasgow North East

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F_CBC_1036	YoMo (Young Movers)	£	4,478.00	Glasgow North East
F_CBC_1018	The Urban Fox Programme	£	4,680.00	Glasgow North East
F_CBC_1160	Helenslea Community Hall Committee (The Urban Fox Programme)	£	5,040.00	Glasgow North East
F_CBC_1214	Parkhead Youth Project	£	6,040.00	Glasgow North East
F_CBC_1249	Possibilities for Each and Every Kid	£	10,000.00	Glasgow North East
F_CBC_1128	44th Glasgow Scouts	£	2,590.00	Glasgow North West
F_CBC_1196	Scripture Union Scotland	£	3,005.00	Glasgow North West
F_CBC_1168	Divas Dance Academy	£	3,120.00	Glasgow North West
F_CBC_1169	Venture Scotland	£	4,462.00	Glasgow North West
F_CBC_1234	Glasgow West Adventure Group (44th Glasgow Explorer Scouts)	£	5,650.00	Glasgow North West
F_CBC_1283	Temple/Shafton Youth Project	£	7,004.00	Glasgow North West
F_CBC_1136	Lambhill Stables	£	7,450.00	Glasgow North West
F_CBC_1096	Gorbals Youth Run Drop in Cafe (Gorbals Youth Cafe)	£	3,378.00	Glasgow South
F_CBC_1170	Venture Scotland	£	4,462.00	Glasgow South
F_CBC_1149	Youth Community Support Agency	£	5,219.00	Glasgow South
F_CBC_1123	Southside Youth Work Support Agency	£	5,718.00	Glasgow South
F_CBC_1212	High Life Highland	£	826.00	Highland
F_CBC_1133	12th Inverness Boys Brigade	£	1,917.00	Highland
F_CBC_1298	Highlife Highland	£	2,286.00	Highland
F_CBC_1017	Broadford Youth Club	£	5,130.00	Highland
F_CBC_1285	The Place Youth Club	£	6,080.00	Highland
F_CBC_1099	TYKES	£	10,000.00	Highland
F_CBC_1299	32nd Greenock & District Scout Group	£	3,360.00	Inverclyde
F_CBC_1302	CLD Youth Team	£	4,000.00	Inverclyde
F_CBC_1303	CLD Youth Team and Community Safety	£	4,296.00	Inverclyde
F_CBC_1179	Midlothian Council	£	400.00	Midlothian
F_CBC_1105	Midlothian Council	£	525.00	Midlothian
F_CBC_1172	Midlothian Council - Lifelong Learning and Employability	£	963.00	Midlothian
F_CBC_1117	Mayfield and Easthouses Youth 2000 Project	£	2,000.00	Midlothian
F_CBC_1176	The Kabin	£	2,000.00	Midlothian
F_CBC_1203	Midlothian Council	£	2,328.00	Midlothian
F_CBC_1119	Gorebridge Opportunities Limited (GO)	£	3,000.00	Midlothian
F_CBC_1139	Midlothian Council	£	4,900.00	Midlothian
F_CBC_1057	Elgin Youth Development Group	£	4,175.00	Moray
F_CBC_1250	The Loft Youth Project	£	5,071.00	Moray
F_CBC_1235	Three Towns Youth Forum	£	4,103.00	North Ayrshire
F_CBC_1269	Barnardo's	£	4,179.00	North Ayrshire
F_CBC_1116	Broomlands & Bourtreehill Baptist Church (Noonday)	£	4,500.00	North Ayrshire
F_CBC_1041	Redburn Youth Management Committee	£	10,619.00	North Ayrshire
F_CBC_1271	Partners in Play	£	3,870.00	North Lanarkshire
F_CBC_1241	Reeltime Music	£	3,923.00	North Lanarkshire
F_CBC_1184	Venture Scotland	£	4,462.00	North Lanarkshire
F_CBC_1134	Getting Better Together Ltd	£	5,000.00	North Lanarkshire
F_CBC_1211	Street League	£	6,994.00	North Lanarkshire

F_CBC_1069	The Safety Zone Community Project	£	7,956.00	North Lanarkshire
F_CBC_1183	HOPE for Autism	£	10,439.00	North Lanarkshire
F_CBC_1183	Orkney Islands Council	£	3,288.00	Orkney Islands
F_CBC_1042	Orkney Youth Cafe	£	4,605.00	Orkney Islands
F_CBC_1228	Active Schools - Orkney	£	5,780.00	Orkney Islands
	•	£	•	Perth and Kinross
F_CBC_1020	Logos Youth Project LGBT Youth Scotland		2,200.00	
F_CBC_1171	Strathmore Centre for Youth Development -	£ £	2,240.00	Perth and Kinross Perth and Kinross
F_CBC_1055	SCYD	L	2,725.00	Pertir and Killioss
F_CBC_1050	Loud n Proud	£	3,850.00	Renfrewshire
F_CBC_1272	Create Paisley SCIO	£	5,067.00	Renfrewshire
F_CBC_1039	Renfrew YMCA SCIO	£	5,407.00	Renfrewshire
F_CBC_1159	Paisley YMCA	£	8,156.00	Renfrewshire
F_CBC_1189	Scottish Borders Council (CLD dept)	£	1,979.00	Scottish Borders
F_CBC_1190	Scottish Borders Council	£	2,310.00	Scottish Borders
F_CBC_1072	TD1 Youth Hub	£	2,395.00	Scottish Borders
F_CBC_1072	Rowland's Selkirk	£	3,000.00	Scottish Borders
F_CBC_1023	Tweeddale Youth Action	£	3,179.00	Scottish Borders
F_CBC_1181	Bridges Project	£	862.20	Shetland Islands
F_CBC_1213	OPEN Peer Education Project, Voluntary Action	£	3,560.00	Shetland Islands
1_000_1215	Shetland	L	5,500.00	Sheriana Islanas
F_CBC_1152	Shetland Islands Council	£	4,628.80	Shetland Islands
F_CBC_1233	South Ayrshire Council	£	1,211.00	South Ayrshire
F_CBC_1166	Troon and Prestwick CLD Team	£	2,887.00	South Ayrshire
F_CBC_1236	Ayr United Football Academy	£	3,825.00	South Ayrshire
F_CBC_1135	The Ayr Ark	£	3,860.00	South Ayrshire
F_CBC_1178	Community Learning & Development - South	£	4,097.00	South Ayrshire
	Ayrshire Council		·	,
F_CBC_1095	Cambuslang & Rutherglen Universal	£	960.00	South Lanarkshire
	Connections			
F_CBC_1140	Flemington Hallside Church	£	1,633.00	South Lanarkshire
F_CBC_1177	Burnhill Youth Project	£	1,634.00	South Lanarkshire
F_CBC_1208	Whitehill Universal Connections	£	1,786.00	South Lanarkshire
F_CBC_1194	Fernhill Hyper Cyber	£	1,928.00	South Lanarkshire
F_CBC_1033	Hamilton Information Project for Youth	£	2,124.00	South Lanarkshire
F_CBC_1027	Larkhall Universal Connections	£	2,695.00	South Lanarkshire
F_CBC_1051	Machan Trust	£	2,875.00	South Lanarkshire
F_CBC_1094	Cambuslang Universal Superstars Dancers	£	2,880.00	South Lanarkshire
F_CBC_1186	Springhall Youth Project	£	3,158.00	South Lanarkshire
F_CBC_1274	Project 31	£	3,296.00	South Lanarkshire
F_CBC_1022	Hamilton Universal Connections: Soccer For Change	£	3,432.00	South Lanarkshire
F_CBC_1037	Radworx (regen-fx)	£	5,570.00	South Lanarkshire
F_CBC_1210	Sportworx Home & Away Project	£	6,000.00	South Lanarkshire
F_CBC_1086	Stirling Council - Youth Team	£	635.00	Stirling
F_CBC_1263	Doune and Deanston Youth Project	£	2,052.00	Stirling
F_CBC_1111	Stirling Council - Skills & Youth Employment	£	2,950.00	Stirling
	Team			-
F_CBC_1161	Callander Youth Project Trust	£	3,994.00	Stirling
F_CBC_1220	Stirling Council Youth Team	£	5,262.00	Stirling
	C			

	Total Grant Programme Expenditure		£701,207.00	
F_CBC_1275	Pointers Youth Committee	£	4,000.00	Western Isles
F_CBC_1097	Lewis and Harris Youth Clubs Association (LHYCA)	£	3,470.00	Western Isles
F_CBC_1114	Action for Children Services Ltd	£	1,815.00	Western Isles
F_CBC_1258	West Lothian Youth Action Project	£	9,340.00	West Lothian
F_CBC_1252	Winchburgh Youth Space	£	7,250.00	West Lothian
F_CBC_1073	West Lothian Youth Foundation	£	4,530.00	West Lothian
F_CBC_1265	West Calder Community Education Association	£	2,500.00	West Lothian
F_CBC_1244	Venture Scotland	£	2,062.00	West Lothian
F_CBC_1232	West Dunbartonshire Youth Alliance	£	15,435.00	West Dunbartonshire
F_CBC_1198	Haldane Youth Services	£	1,478.00	West Dunbartonshire

\*Includes £1,207.00 from 2016-17 underspend

### 2. Management & Administration Finances

EXPENDITURE	Actual
Management and Marketing	80,000
External Evaluation	15,000
VAT	19,000
Total Expenditure	114,000



Venture Scotland

## **Outcomes**

2017-18 CashBack for Communities Youth Work funding provided 20,894 activity hours for young people to engage in across Scotland



Aberdeen Community Safety Partnership Project

The youth work projects awarded a grant through the CashBack for Communities Youth Work Fund will contribute to the achievement of one or more of the following mandatory and optional outcomes for the young people involved.

#### Mandatory Outcomes

- o Building capacity and confidence, and
- o Developing personal and physical skills; and
- Changing behaviours and attitudes; and
- Improving wellbeing; and

#### **Optional Outcomes**

- o Increasing school attendance and attainment; and/or
- Increasing engagement in learning, training, work and volunteering (positive destinations); and/or
- o Increasing participation in positive activities; and/or
- o Diverting them from criminal behaviour or involvement with the criminal justice system; and/or
- o Helping them to contribute positively to their communities

All projects in receipt of £5,000 or more are required to submit a Case Study on completion of their project. We only had 42 projects who received awards of over £5,000

Two example Case Studies have been appended for your information

#### MANDATORY OUTCOMES 8773 9000 8000 Number of Young People 7175 6989 7000 6000 4827 5000 4000 3000 2000 1000 0 Building capacity Developing Changing Improving and confidence personal and behaviours and wellbeing physical skills attitudes





## **Equalities information**

Equalities information is captured within the end of project report submitted by each grant recipient on completion of the funded activity. All data from these reports has been uploaded to the Scottish Government database.

## **External evaluations/Lessons Learnt**

YouthLink Scotland engaged the services of Catch the Light to conduct an evaluation of the programme over the three-year term of the funding.

In August 2017, all youth organisations from across Scotland were invited to an 'Evaluation Briefing Seminar'. Youth Work Fund recipients attended one of the seminars in Inverness, Dundee, Glasgow or Edinburgh, or took part in one of the online webinars.

Youth organisations were made aware of the 'step-change' in round four, with a more concentrated focus on deprivation by post code or other risk factors identified in the funding. Youth organisations are familiar with the internal monitoring reports that YouthLink Scotland continues to maintain, therefore the seminar set out the value intended through the external evaluation by Catch the Light.

To achieve this organisations were required to submit SHANARRI wheels and qualitative feedback on outcomes at the beginning and end of their funded programme of youth activities.

The chart below illustrates differences in average ratings of SHANARRI indicators between the youth activity, experiences at school and experiences at home. Overall the youth activity achieves the most positive rating among participants.



The initial results from almost 600 participants show clear differences in how safe, healthy, active, nurtured, achieving, respected, responsible and included participants feel while taking part in youth activities, compared to how they feel in school or college and at home

In addition to the baseline and follow-up reviews, all youth organisations were invited to share stories from individuals taking part. These can be accesses at: <u>https://www.youthwork.info/blog</u>

To attain a more in-depth insight into examples of the impact CashBack for Communities funding makes, seven organisations were selected as case studies, namely:

- Muirhouse Youth Development Group, Edinburgh City
- Yipworld, North Ayrshire
- Tykes (Golspie Young Carers), Highlands
- Pitstop Forfar, Angus
- Dennis Law Legacy Trust, Aberdeen
- People Know How, Edinburgh City
- Royston Youth Action, Glasgow City

These case studies along with the full detailed evaluation report are available at the at http://joom.ag/kVSY

## Communications

The CashBack Selfie Week went was another big success in October with very positive feedback and involvement from CashBack partners, Inspiring Scotland and Scottish Government.



Youth Community Support Agency (YCSA)

"CashBack for Communities Works because it allows young people to create communities that feel relevant, safe and exciting for them. This allows them to make positive changes in their own lives and in the lives of others."

Mark McDonald MSP visited Venture Scotland as part of the CashBack Selfie Week, Venture Scotland were funded through the CashBack Youth Work Fund to work with 16 young people aged 18-24 who have a history of offending, alcohol or drug use, mental health issues or homelessness and who are isolated from the communities. Venture Scotland delivered two 'Challenges' comprising two activity days and a three-day residential experience

Local Press Releases providing information on all CashBack Youth Work Funded Projects were circulated to Press Contacts at the end of October 2017 Approx. 20 news features and news articles in local press across Scotland.

Example:



**Pointers Youth Committee** 

## OVER £9,000 OF SEIZED CRIME CASH GOES TO YOUTH PROJECTS ACROSS THE WESTERN ISLES.

In this latest round of funding YouthLink Scotland has awarded over £9,200 of CashBack funding to three local youth work organisations to deliver a whole range of projects for young people in the Western Isles.

The CashBack for Communities Youth Work Fund has been operating for nine years. Following this latest allocation of grant awards, since 2008 over £10 million has now benefited projects across all 32 local councils in Scotland.

Pointers Youth Committee welcomed the £4,000 additional funding for their youth work project. Sharon Reid, Community Learning & Development Officer said:

"Our project provides free activities aimed at vulnerable young people living in remote isolated communities, with little or no access to youth work activities. The project offers a range of structured youth work activities, the opportunity to meet new people and be part of a group where they feel nurtured and supported. As a direct result of taking part, young people gain valuable skills and build confidence which will hopefully lead them to become active citizens. Pointers Youth Committee has been in receipt of CashBack funding for a number of years now and the impact it is having on the young people is evident from the results."

This money, seized from the profit of criminal activity, is being targeted towards young people in Scotland's most disadvantaged communities.

The fund is administrated and delivered by the National Agency for Youth Work, YouthLink Scotland.

The CashBack for Communities Youth Work Fund is an open fund and is available to any project that aims to engage young people in exciting, challenging and developmental youth work opportunities in communities across Scotland.

Chief Executive of YouthLink Scotland, Jim Sweeney MBE commented:

"The role of great youth work in broadening young people's horizons should never be underestimated. It is often through the power of creative experiences that young people realise there is a positive path in life and they can achieve their ambitions despite difficult circumstances they may face. CashBack is an investment in the next generation and a mark of a society that values all its young people."

CashBack for Communities is a Scottish Government programme which takes funds recovered from the proceeds of crime and invests them into free activities and programmes for young people across Scotland.

## Future

YouthLink Scotland will continue to administer that grants programme as part of the CashBack for Communities Phase 4 programme for a further two years supporting the delivery of targeted youth work activity programmes which provide diversionary youth work activities for young people aged 10 to 24 who face one or more forms of disadvantage as listed below:

- Living in areas of deprivation (priority will be given to projects working in communities within the top 20% SIMD)
- Being unemployed, not in education or training;
- Being excluded, or at risk of exclusion from school;
- Being at risk of being involved in antisocial behaviour, offending/re-offending

Youth work has a significant impact on improving the life chances of Scotland's young people. The National Youth Work Strategy, developed jointly by YouthLink Scotland, the Scotlish Government and Education Scotland, sets out our ambitions for improving outcomes for young people through youth work.

We value young people and their contribution to society, and through the CashBack investment in the youth work sector we can support young people to achieve their potential. #youthworkchangeslives

"I feel like, as a young person, you don't always get taken seriously by adults. But there's none of that here - everyone's heard equally. We're so involved - everything's based around us, what we want... we have to work for what we want though, but I think that's a good thing coz it gets us involved. It's a really nice feeling."

"It's not so much about the actual activities as much as the help that the youth workers have given me to get a job. I wouldn't have been able to take part in my course or gone for a job if they hadn't helped me. I wasn't able to finish a lot of things when I was at school and didn't do well. Having someone to talk to about this has really helped."

"I feel I have become more at ease with my identity and also it has helped improve my mental health by getting involved in things to boost my confidence."

## Appendix: Case Study Example 1

CashBack for Communities Ref	
	F_CBC_1226
Name of Group	
	Muirhouse Youth Development Group
Local Authority Area	
	Muirhouse, North Edinburgh
Value of Award	
	£5,500

#### **Case Study Pro-forma**

If someone from your area asked you what this project is about what brief description would you give?

The project is a structured play idea which is run outdoors in the local parks. The idea is to provide sports, activities and youth work for young people in the local area. The purpose of the project is to try and get young people active and provide a safe and structured space to play. There are a number of sports and games that young people can get involved with such as football, tennis, volleyball, rounders, boxing and much more.

#### Impact

- What was the learning from the project?
- What came out of the project that was not in the original aim and objectives?
- If you started again tomorrow how would you keep the same or change?

The project was originally initiated and delivered in one of the local parks. Over the first few weeks the project attracted more and more young people mainly through young people playing in the local area. As a team we adopted an approach which aimed to connect with young people by engaging with the games and activities the young people were playing. For example, some young people play football in the local park regularly and our team would join in with their game. We then used this as a way to promote and engage young people in the project. This enabled us to adapt the project to the needs and wants of the young people. This also helped us to support the development of young people's skills and technique. For example, a few young people reported that they felt their football skills were improving. One young people that they gave young people the opportunity to learn something new. Volleyball was a sport some young people hadn't experienced before, so not only were they able to learn about a new sport they were able to understand the rules and technique of such sports. One young person commented when learning how to play darts - "This is minted".

However, there were some young people who seemed to just be hanging around the local parks and this highlighted further the lack of outdoor activities available for young people and reemphasized the need for this project. One young person once stated that they had nothing else to do and so they came along because 'they wanted a hot chocolate'. This statement confirmed to us that the project was meeting the needs of the young people in the local area and addressing the potential lack of outdoor youth provision. We also believe that young people who chose to engage in this project rather than hanging around on the streets has potentially diverted some from in getting involved anti-social behaviour or petty crime.

As a team we approached quite a lot of young people hanging around the local area and told them about the project offering an invitation to join in. We continued to see some of these young

people return each week for several weeks. The project saw the numbers of young people engaging with the project increase from week to week, starting with an attendance of 4 young at week one to 17 young people at week two. Although the winter weather and dark nights affected the numbers of those attending, once we moved indoors we were able to continue running the project and provide a service for local young people.

The projects emphasis on sports, hence the title selected for this project, has been seen to generate access to a positive succession of sports, exercise and activities to encourage young people to live a more active and healthy lifestyle. North Edinburgh is blighted by multiple deprivation however we have seen the how the project has been able to address some of the issues which relate to such deprivation, including health and wellbeing and personal aspiration.

## > Partnerships

The most positive aspect of moving indoors was the strength of the partnership we developed with the staff and on-duty janitors of the centre we were based in. The janitors were very supportive of the project in promoting the project. One of the janitors brought his granddaughter to one of our sessions, who consequently started coming each week and has since invited friends. The partnership has benefitted us in two different ways –

- Continued access to the facilities
- Support from other youth and children's' workers based in the centre

When the weather improved and we were able to go back outdoors the staff at the centre were still willing to give us access to the building for things like water or the use of the toilets. During the period we were still indoors one of the children and youth workers based in the centre supported us by promoting the project amongst the young people she works with. The centre run a similar project and after a discussion about the principle of the 'Sports Play Den' project they were keen to support us as they understood the importance of this type of provision.

## Bridging the Gap

Before launching the project, the project team discussed the age group they wanted to target. Although much of MYDG's work is targeted at ages 11 - 25 there was a particular interest to work with children at the higher end of primary school age. It was decided that we would extend the boundaries of our age range to give access to children in primary 6 and 7, age 8 – 11. This decision benefitted the success of the project greatly whilst the majority of young people who have participated have been within this age category. This is supportive for young people whilst MYDG are based in the local high school. Moreover, this has continued to support young people's transition from primary to high school and to connect young people with MYDG's youth provision. Many of the young people MYDG work with have continued to access and be supported through its' youth provision once they have transitioned.

## Team Work

The young people who participated in the project remained generally between the ages of 8 to 16. Whilst we considered this to be a wide age range this did not seem to affect the relationships between the different age groups or their preference to participate. The young people were always willing to work and play together in team games, regardless of age or familiarity. As well as there being a diversity in age, there were also young people who represented different nationalities and ethnic groups. Positively this did not affect the relationships or the dynamics within the group. This emphasized a positive aspect of the diversity of the group which encouraged a sense of solidarity and created a small community of people. Games such as rounder's, volley ball and snakes and ladders created opportunities to play as a group and encouraged team spirit, as well as healthy competiveness. Competition also provided an

opportunity to teach the young people the importance a positive response to winning and losing, which helped us to maintain a healthy playing environment and the young people's expectations. An example that emphasizes the positive dynamic within the group was the young people's eagerness to work together to help the youth team set up and take down the equipment for each session without being asked. At times there were disagreements about rules for certain games. As a team we decided to give the responsibility to the young people to decide what could help the games to be fair and equal. We supported the young people to create a set of rules for certain games and to use these as a guide. The young people responded well to this and all showed a willingness to play fairly. There was a positive sense of everyone working together and illustrated an increased engagement in learning and willingness to take responsibility.

## > <u>Activities</u>

Table tennis was our main activity during the winter months and this was very popular amongst the young people. It supported us to maintain physical activity whilst we were indoors and using limited facilities. Sometimes having an indoor space worked to our advantage as we were able to do some seasonal activities, such as at Christmas and Easter. Food always seemed to bring young people in; pancakes on pancake day was a success. The hot chocolate that we served during each session was also popular amongst the young people and it kept everyone warm during the winter, although it was still popular as we approached the spring and summer months.

The session evaluations have always indicated the willingness of young people to take part in activities and push themselves out of there comfort zone to try new activities such as giant Snakes and Ladders, Jungle Speed and Darts. Some young people tended to just like a place to hang out and chat - our 'Chill Out Zone' in the gazebo always provided a space for this. A huge aspect of building and maintaining healthy relationships is to have the trust of the young people which again has been evident from the session evaluations. A few examples of this pertain to young people being open with staff to discuss personal issues, having raised concerns about issues relating to school, relationships and sexual health. Through these discussions, we were at times able to see a change in the attitudes and behaviours of young people and how they responded to some of these issues. One young person in particular described repeatedly a similar scenario of falling out with their friends. However, it seemed at one point that this young persons' attitude had changed through previous discussions with staff. They described how they approached it differently by trying to be more inclusive with their friends and make amends even when they felt they weren't in the wrong. The sincerity of this claim can be evidenced through this young persons' self-determining willingness to support a staff member who has a disability when playing games. Another example relates to how the project has supported a young person and therefore improved their sense of wellbeing. This young person described how their home life can be a bit chaotic at times with having a new baby sister. They described that since they have been coming to the Sports Play Den they are able to have time for themselves and relax and enjoy playing with their friends. Other examples that highlight the strength of the relationships developed through the project is the habit of young people to ask for staff when they are absent.

#### Volunteers

The project has advanced itself through the support and commitment of our young volunteers. Although some of our young volunteers were not always reliable, they became an important part of what the project aimed to achieve. An important principle of the work MYDG do is to invest in lives of local young people and create opportunities for learning and development. Coincidently, we were keen to encourage some young people to volunteer on this particular project as we were confident that this would give them the opportunity to build confidence, develop skills, achieve and become responsible individuals. We had 5 volunteers in total and at least 3 who were consistent throughout. As a team we were continually encouraged to see these young people's commitment, their demonstration of leadership skills and ability to take initiative. One of our most consistent volunteers showed great commitment, turning up early to help transport the equipment and set up. They were particularly welcoming and friendly towards the other participants, showing care and concern for the younger ones. Another volunteer showed great consistency by always communicating and checking if the sessions were on. They also exerted great confidence by turning up each week and not being put off if their friends could not attend.

Another positive aspect of the volunteer team was its' incentive to inspire other young volunteers. One particular young person, who showed an interest in volunteering stated that this would keep them busy and out of trouble. At this point we haven't had the capacity to create more volunteer opportunities but this is something we would like to develop.

#### > Outreach and Promotion

Although there were sessions when the numbers were low or no one turned up, we used this as an opportunity to do some outreach. When we had the capacity we would do this on a weekly basis, splitting the project team in two and sending two team members out do some outreach. This helped us reach more young people who were not aware of the project. This was an effective way to connect with young people playing in the local area. A lot of the young people we encountered didn't seem to be engaged in any sort of activity so this gave us the opportunity to engage them in the activities we provided as part of the project. Equally this enabled us to promote the project and raise awareness amongst local young people, some of which were seen playing regularly in the local area. Along with the use of social media, this has been our most effective way to advertise. Word of mouth seems to have been the most efficient way to reach people. We have had young people turn up with parents and received phone calls from parents about the project. Communication has often been initiated through another family member who attends or simply through word of mouth.

## Improvement and Implementation

The improvements relate mainly to the challenges we encountered as identified above -

- One of our main priorities for development is to target more females and older youths in order to see an increase and a balance in these two groups
- Our goal is to be more prepared and equipped for the different seasons and weather conditions
- We recognise the need to increase our efforts to work more closely with local agencies and the young people involved in youth crime
- It is our intention to increase the provision for volunteer opportunities and mentoring
- We have seen the importance of building strong partnerships; it is therefore our objective to develop more strong and meaningful partnerships and collaborative practice.

## Appendix: Case Study Example 2

CashBack for Communities Ref	F_CBC_1232
Name of Group	West Dunbartonshire Youth Alliance
Local Authority Area	West Dunbartonshire Council
Value of Award	£15,435

#### **Case Study Pro-forma**

If someone from your area asked you what this project is about what brief description would you give?

Over the Summer Holiday 2017 period the Youth Alliance Partners delivered multi activities and day trips for young people aged 10 – 25yrs who live in West Dunbartonshire.

Running over six weeks, five days per week, and a Saturday for Y-sort-it staff working gala days, the programme enabled young people to engage in a wide range of activities, adventures, experiences, and learning opportunities. Athletics, Art Galleries, Basket-ball, Baseball, badminton, Bubble Football, Barbeques, to name a few; City visits, Circus Skills, Dancing, DJ Nights, Drawing, Drumming, Eating Healthily, Face-painting, and, Glasgow's Merchant City Festival, for a cultural view: Hungry Human hippos, Hockey, Inflatables, interactive zones, Jenga, Karate, Lego Exhibitions, where we learned to build new homes; Mugdock Country Park, n, open mic singing, Problem solving and Plate Spinning at the same time, Evaluation Questions, Roller Disco's with a 70's vibe; Shoto Buto, Tug of War, Trampoline Parks, UP-Cycling, Verticals at Water-parks & Young people having fun.

#### Impact

- What was the learning from the project?
- What came out of the project that was not in the original aim and objectives?
- If you started again tomorrow how would you keep the same or change?

At the beginning of the summer we carried out a pre-evaluation with those who registered to find a baseline of how participants were feeling in terms of their confidence and self-esteem etc. And at the end of the programme we carried out extensive video and paper evaluations with participants. We wanted to gather evidence on their experiences, their learning, what worked, what did not work and what they'd like to see in future programmes. There is much work to be done to gain a fuller understanding of their overall experience, but I'd like to share some headline feedback. (based on 10% of overall participants)

92% of participants felt very safe and nurtured throughout the project

82% of participants felt very active during the programme

70% of participants felt very healthy during the summer programme

89% of participants felt very responsible while at the summer programme

90% of Participants felt very respected during the programme

54% of participants rated their confidence at the end of the programme as maximum. A further

34% recorded an increase in their confidence levels

70% of participants felt a greater feeling of belonging to their community

In addition, we've managed to gather information that will enable us to inform next years' funding

bid and the development of the programme. However, most people think collating stats is rather dull, but, working with young people's evaluations always throws up some interesting surprises.

The ripple effect from the programme. Many young people have accessed Y-SORT-IT Youth Clubs in the new session, beginning in September 2017. Five young people have signed up to the areas Young Leaders programme. 3 young people have taken up Shoto-buto and 13 young people have gained more experience of volunteering in their area. The profile of Y-sort-it and Working 4 U Learning has been raised and many more young people know and recognise us during our visits to their schools and while we're working in the community.

The main change for future programmes will be not to facilitate day excursions on the same day as Friday DJ nights. If was difficult for both young people & staff to manage their time between both.

## Appendix: Break Down of Beneficiaries by Local Authority Area

Local Authority	Total Funds Awarded	No of Young People
Aberdeen City	24,407.00	1246
Aberdeenshire	17,437.00	229
Angus	8,835.00	299
Argyll and Bute	8,550.00	120
City of Edinburgh	67,625.00	835
Clackmannanshire	4,954.00	65
Dumfries and Galloway	19,907.00	788
Dundee City	19,993.00	462
East Ayrshire	18,834.00	355
East Dunbartonshire	2,508.00	72
East Lothian	16,838.00	150
East Renfrewshire	12,119.00	118
Falkirk	20,158.00	406
Fife	47,945.00	691
Glasgow North East	41,881.00	474
Glasgow North West	33,281.00	451
Glasgow South	18,777.00	154
Highland	26,239.00	394
Inverclyde	11,656.00	460
Midlothian	16,116.00	412
Moray	9,246.00	148
North Ayrshire	23,401.00	389
North Lanarkshire	42,644.00	221
Orkney Islands	13,673.00	154
Perth and Kinross	7,165.00	62
Renfrewshire	22,480.00	338
Scottish Borders	12,863.00	393
Shetland Islands	9,051.00	1361
South Ayrshire	15,880.00	231
South Lanarkshire	39,971.00	932
Stirling	14,893.00	244
West Dunbartonshire	16,913.00	130
West Lothian	25,682.00	383
Western Isles	9,285.00	145