







# INTRODUCTION

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# WELCOME

It is both heartening and humbling to read the case studies and hear the positive stories of the young people involved in our CashBack for Communities programme

This is a life changing project which the Scottish Government started in 2008 and the Scottish FA have been proud to be a part of it since its inception and continue to cherish the opportunity we have to make a difference to the lives of so many young people through the power of football.

Football acts as such a positive enabler and allows the young people we engage with to have experiences which enrich and transform their lives. Through the CashBack for Communities programme, we have the chance to deliver a range of initiatives which uses football as the catalyst to provide experiences and opportunities which delivers some fantastic outcomes for everyone involved. From simply helping young people to develop their physical and personal skills through to helping build their capacity and confidence as well as even increasing their employment and prospects of a positive destination after school the change and progress we see and are told about in the young people involved in the programme are fantastic.

I would like to thank and recognise all of the 3138 young people that have been involved during the past year, for their enthusiasm, energy and commitment to the projects and for making our job so enjoyable and rewarding.



To deliver a programme of this nature requires good staff and excellent partners. We have both in abundance and I want to thank our own staff at The Scottish FA for their enthusiasm and passion for the young people and the programme and the care in which they deliver every element. Also, I want to thank and recognise the support of our partner football clubs and schools whose role is vital in providing the best possible environment for young people to thrive. In many cases our clubs are embedded in the community and have connections which allow the young people involved to find other activities within the game from additional playing opportunities through to volunteering and employment and ultimately helping others within their own community.

Please take time to read through the report and in particular the case studies and the fantastic stories of some of the inspirational young people involved.

Many thanks

Andy Gould Chief Football Officer

# **PARTICIPATION IN NUMBERS**

The Scottish FA, in partnership with CashBack for Communities and other stakeholders, has helped support a number of people over this last year. This is the impact of just some of those projects highlighted in numbers:







5

# **PROGRAMME OVERVIEW**



The Scottish FA's CashBack Phase 5 programme is focused around two strands -My Football Community and My Volunteer and Inspire.

#### My Football Community

My Football Community (MFC) is delivered within schools and consists of three main elements:

• Schools of Football (SoF) – a curricular programme delivered to S1-2 pupils in schools across Scotland to:

support them to develop confidence, physical and personal skills; improve attendance and attainment; and support transitions to secondary school.

- Club Engagement schools participating in SoF are provided with 50 free places on a Scottish FA 'Introduction to Coaching Course', with those engaging having to complete 10 voluntary hours with a local club. (due to COVID restrictions, this element of the programme was not able to be fully delivered in Year 1)
- GoFitba delivered within holiday periods over 5 days.

#### Volunteer and Inspire

My Volunteer & Inspire (VIP) provides a tailored pathway of development for young people aged between 16 and 24 with an interest in pursuing a career in the game.

Over the course of 12 months, it supports them to gain valuable training and work experience of their choice. Participants have access to courses and qualifications in a variety of areas including:

- Coaching
- Refereeing
- Administration
- Event Management Physiotherapy





# OUTCOMES

Social Value Lab conducted an external evaluation of Scottish FA 'CashBack for Communities' project, utilising the agreed Logic Modelling for outcomes. This evaluation found that for year three, the programme met or exceeded every target. The external evaluation once again demonstrates the positive impact the project has on a young person and in particular building confidence, trying new things and creating new positive destinations for individuals.

The report highlights that young people benefit from enhanced support networks and develop strong relationships with their fellow participants and encourages young people to reflect on their behaviour and make positive changes. The evaluation reports that young people develop positive behavioural traits through the programme, such as taking responsibility, showing respect or encouraging others. The table illustrates the outcomes that were achieved via the project over the past three years.

### OUTCOMES

#### **OUTCOME 1**

Young people build their confidence and resilience, benefit from strengthened support networks and reduce risk taking behaviour

#### **OUTCOME 2**

Young people develop their physical and personal skills

#### **OUTCOME 3**

Young people's health and well-being improves

#### **OUTCOME 4**

Young people participate in activity which improves their learning, employability and employment options (positive destinations)

#### OUTCOME 5

Young people contribute positively to their communities

#### **OUTCOME 6**

Young people are diverted from criminal behaviour or involvement with the criminal justice system

#### E INDICA

1	YP demonstrate increased confidence (My Commun
1	YP will report they are able to do new things (all pro
1	YP feel more resilient (My Community)
1	Other stakeholders surveyed report perceived increa confidence and resilience among young people
1	YP report positive supportive networks (all projects)
1	YP report positive changes in their behaviour (My Co
1	Stakeholders surveyed report perceived positive changes in the behaviour of YP
2	YP will gain accreditation for learning and skills dev
2	YP will demonstrate increased skills (all projects )
2	Other stakeholders report skills increasing
3	YP will report increases in wellbeing feelings agains indicators (All Projects)
3	Other stakeholders' report perceived increases in SH indicators among YP
4	YP will achieve a positive destination (VIP)
4 4	YP will achieve a positive destination (VIP) YP will improve attendance (SoF)*
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4	YP will improve attendance (SoF)*
4 4	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor
4 4 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP)
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4 4 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an
4 4 5 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an social interaction are improving (VIP) Stakeholders perceive improvement in YP contribution
4 4 5 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an social interaction are improving (VIP) Stakeholders perceive improvement in YP contribution links and social interaction
4 4 5 5 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an social interaction are improving (VIP) Stakeholders perceive improvement in YP contribution links and social interaction Participants' perception of neighbourhood improves Participants have a heightened sense of belonging to
4 4 5 5 5 5 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an social interaction are improving (VIP) Stakeholders perceive improvement in YP contributi links and social interaction Participants' perception of neighbourhood improves Participants have a heightened sense of belonging to (all projects) Participants have increased motivation to positively
4 4 5 5 5 5 5 5 5 5 5	YP will improve attendance (SoF)* YP attainment improves SHANARRI indicators amor YP taking on a volunteering or leadership role in cor organisations (VIP) Hours of volunteering contributed by participants (V Community focussed awards gained by participants YP feel their contribution, links with communities an social interaction are improving (VIP) Stakeholders perceive improvement in YP contribution links and social interaction Participants' perception of neighbourhood improves Participants have a heightened sense of belonging to (all projects) Participants have increased motivation to positively their community (VIP)

\*Excluding those who said this was not an issue before

	TARGET	2021	2022	2023	
nity)	75%	92%	98%	96%	
ojects)	75%	99%	100%	100%	
	75%	99%	100%	100%	
eases of	70%	t	92%	98%	
;)	75%	98%	99%	98%	
Community)	75%	100%	100%	100%	
	70%	t	68%	82%	
velopment (ViP)	80%	100%	100%	100%	
	75%	99%	100%	100%	
	75%	t	64%	98%	
st SHANARRI	75%	100%	100%	100%	
HANARRI	70%	t	89%	98%	
	70%	100%	100%	100%	
	70%	96%	96%	95%	
ong YP (SoF)*	70%	96%	96%	97%	
mmunity	80%	100%	100%	100%	
VIP)	-	2352	2565	3175	
s	70%	+	100%	100%	
nd	70%	97%	97%	100%	
tion,	70%	t	54%	84%	
es (all projects)	60%	84%	83%	89%	
to a community	60%	83%	87%	89%	
y influence	70%	88%	86%	92%	
	70%	t	99%	96%	
naviour*	70%	t	98%	96%	
cial and/or	70%	t	70%	65%	

† No data

# **SCHOOL OF FOOTBALL PROGRAMME**

The School of Football programme has been running now since its inception in 2008 and has allowed us to establish this model in many schools across the country.

It has been a key programme in supporting young people in their transition from Primary to Secondary School, through the medium of football and has helped build confidence to go on and achieve further academically within their school. The initiative provides a focused programme of football coaching, aimed towards developing cognitive and social skills, whilst also incorporating theory and classroom based workshops that develop skills in further education areas such as Health and Wellbeing and Leadership.





### PUPILS PARTICIPATING Within the school of football Programme

This year 732 pupils were involved in the School of Football programme, 501 male and 231 female. From those involved 96% indicated an increased level of confidence whilst 95% of attendance rates at school improved and 97% reported improved attainment levels in other subjects.



I feel since getting a space to attend the SFA classes at Lochside, Lucas' attitude had been a lot better, he's happier and he's been trying harder at school. He's really enjoying being part of something new. He comes home and talks so enthusiastically about it and it's doing his confidence the world of good! He says it's the best thing about his days at school as it's a lot of fun!

Parent of SoF Pupil

I've felt that School of Football has helped improve Alfie's behaviour and confidence around the school. Last year he was constantly getting referrals and detentions in a few subjects, however, this has dropped off massively, mainly due to the fact he does not want to be removed from his football. The confidence he has built up as allowed him to go and join a team in his local area and was given man of the match in his first game.

Parent of SoF Pupil -

The feedback over the years has been amazing from all involved in the project with young people indicating that the project has helped them to focus in on their other subject areas. The feedback from the schools has always been very positive and teachers can see that young people involved are very motivated to take part in learning as a result of being involved in the School of Football programme.

This year our partner community clubs have continued to deliver the project and this has been a fantastic model allowing the identity of the club to become better known within the school community. This in turn has allowed the coaches to build relationships with the young people which has resulted in more pupils getting involved with club initiatives out with school hours.

I'm really enjoying being part of the school of football programme. At the start of secondary I wasn't really looking forward to school but now I feel a lot more confident and enjoying being part of a group within School of Football and have met new friends.

Arron Richardson, SoF Pupil

I have loved my first year of School of Football. When I started High School I was nervous but the programme has helped me to make lots of friends. I feel that i am learning and improving my confidence and it makes me look forward to going to school each day. SoF Pupil



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# **SCHOOL OF FOOTBALL PROGRAMME**



We are very proud of Jude in many ways. He loves playing football and loves being part of the School of Football project. I have seen a real difference in his maturity levels recently and his involvement in the Campus Community Clean Up also demonstrates that he is more confident in getting involved in other school projects

Parent SoF Pupil —

I'm really enjoying my time at the school of football programme, I like playing games especially as the goalkeeper. I feel a lot happier at school now SoF Pupil

I am settling in to school better than I thought I would. I am making friends, enjoying the classes and enjoying school of football. I would like to improve on when i have to speak and when I need to be quiet

Josh, SoF Pupil

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Jake has been really enjoying the programme and even more so recently as he feels the wider group of boys are engaging with him more, sometimes picking him for their teams, which has been a real confidence boost for him. As he is new to the academy and not the most confident, I think the programme has helped him settle in and give him something else to focus on which he really enjoys. He is more organised at home and self-sufficient with sorting his things for school, cleaning his boots etc than he was before. He is a bit more helpful around the house and has been focusing on friendship building as this is very important to him.

Parent of SoF Pupil \_\_\_\_



My friends help me through the sessions as I have CP, they encourage me and help me with drills. I'm a lot fitter now by doing SOF, I can move faster and not lose breath as quickly. My speed has improved a lot, I can run fast and for a long period of time Owen, SoF Pupil

I have loved School of Football and said to my dad I wanted to join Morton. My coach, Rachael plays for the Ladies 1st team, and I want to do that one day. So, I have joined Morton and enjoying going to training and playing games. I have already made new friends and feel happier for joining Morton.

SoF Pupil

## **VIP PROGRAMME**

The 'Volunteer & Inspire Programme' is a programme that has brought together 6 groups of young people across the country from the ages of 16 to 24 years old

The main objective of this programme is to bring young people together to help develop a range of practical and personal skills that will be useful in their future life and career. Each group of VIP's have completed this educational programme with a variety of workshops such as Planning, Communication and Goal Setting. The participants also complete a Scottish FA 'Introduction to Coaching' qualification following the pre-requisite workshops 'Children's Wellbeing in Scottish Football E-Learning' and 'Mental Health in Scottish Football E-Learning'. Thereafter a key aim is to support the participants with future positive destinations and opportunities to volunteer at local, national events and also within local community clubs.

The VIP Programme has provided me with opportunities which I otherwise would not have been given elsewhere. This includes gaining contacts from elite coaches. For example, I have been in touch with the head of women and girls section at Rangers FC who is able to provide me opportunities within the club to shadow elite training sessions. This will help me to improve my own sessions which I can take back to my own team to apply in training. Additionally, I have taken part in multiple volunteering opportunities alongside Nicola such as organising tournaments. Though VIP they have also provided useful workshops where these skills can be applied as a coach and they can also be of use outside of football. These types of sessions are invaluable and help to build a variety of transferable skills!

Erin Dignon, VIP Participant \_\_\_\_

This year 116 participants completed the programme, 98 male & 18 female with the young people then completing over 3000 voluntary hours of support to various programmes, events and community clubs. In addition to this 100% of young people interviewed within the external evaluation have now moved into positive destinations such as college, university, local community clubs, modern apprenticeships or employment.



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I've had a lot of fun being part of the VIP programme. I feel I gained lots of new knowledge from the football courses I was on, and this has given me the confidence to get out on the pitch to help other young girls enjoy their football.

Chloe Watson, VIP Participant \_



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The VIP programme gave me fantastic opportunities and experiences in order to kickstart my coaching career, with expert guidance and assistance throughout.

Cavan Burns, VIP Participant

# **VIP PROGRAMME**



I found the VIP course very useful to my development as a coach as it enhanced my knowledge of coaching, improved my problem solving skills and provided me with opportunities I may not have experienced if I hadn't been on the course. As someone who didn't have much knowledge of football 2 years ago and went into volunteering at my local grassroots club, it really boosted my knowledge and confidence in being able to continue providing footballing opportunities to the kids in the local area.

Chloe Martin, VIP Participant

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Aside from the coaching knowledge and learning transferable skills in being able to help develop the kids through their football journey, I enjoyed the volunteering opportunities provided. Being a part of VIP allowed me to visit football stadiums for the first time such as Tynecastle and Hampden. Since partaking in volunteering there, I have since visited more football stadiums for my own personal self which has been amazing and something I probably would not have done prior to being on the VIP course.

Chloe Martin, VIP Participant







I'd like to thank CashBack, the Scottish FA and EFCFC for their input throughout Logan's years at school. He has taken a lot from the courses both athletically and personally. I believe this latest course and being able to gain some work with the community club will benefit him long term when looking to gain a Modern Apprenticeship.

Parent of VIP participant

# GOFITBA

### INTRODUCTION

The GoFitba project is a collaborative programme led by the Scottish Football Partnership and supported by the Scottish FA and the Scottish Government.

The project was designed to tackle the issue of holiday hunger by targeting children living in areas of multiple deprivation and providing them with a healthy meal, education on healthy eating and daily football sessions during the Summer and October holiday periods.



I loved being a part of the club by playing football with my friends during the holidays!

Dylan, GoFitba Participant 🗕

### LOCAL PARTNERS

The project was delivered by a mixture of community clubs and local partners as follows:

Ayr Utd Community Trust, Whitletts Victoria FC, South Lanarkshire Leisure in partnership with Blantyre Soccer Academy, Morton in the Community, Thistle Weir Community Trust, Spartans Community Football Academy, West Lothian Foundation, Hibernian, Aberdeen FC Community Trust, Dundee West FC, East Fife FC, Wasp Community FC, Stenhousemuir FC, Falkirk Foundation, Sauchie FC, Stirling Albion FC and Bo'ness Utd Community Club.

The project had 1299 young people participating with 994 boys and 305 girls involved. In addition to this 6495 healthy lunches were distributed along with some healthy eating options and advice. As previously mentioned, the project was targeted at children living in areas of multiple deprivation, with 67% of participants coming from SIMD areas 1,2 & 3.

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The Holiday Camp is a fantastic initiative to help support families in and around the community to those that wouldn't usually getthe opportunity to do so. The fact that the club also provided food during the week was also a fantastic gesture during difficult times.

Parent GoFitba Participant





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# **CLUB DIVERSIONARY ACTIVITY**

The CashBack funding has allowed the regional programmes to reach wider into more of their communities to deliver club activity such as 'Street Soccer' and 'Midnight League' activity. These initiatives provided young people in local communities the opportunity to play football free of cost during key evening times, providing young people constructive activity and reducing potential anti-social behaviour within local communities.











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Caelan really enjoys the School of Football programme and looks forward to his sessions each day. I have seen a good improvement in his footballing ability over the last few months, as well as his confidence to take part in other activity outside of school, as his relationship with friends has grown. Because of this he now attends Wasp Community Club 'Street Football' sessions on a Friday night and has also developed the confidence to join a new team over the course of the school year.

Parent of participant





# **COACH EDUCATION**

Another massive success of the programme has been the delivery of Scottish FA certificated courses delivered to senior pupils within high schools across the country.

519 participants (409 male and 110 female) started their coaching pathway by gaining their 'Introduction to Coaching' certificate allowing some to progress onto other courses. In addition to learning about the fundamentals of coaching they also received learning in areas such as Child Wellbeing and Mental Health.

Further to the courses this has also allowed more young people to get involved in local programmes and activity within clubs in their communities.











# **CASE STUDIES**

To highlight the impact of our programmes a number of case studies were gathered including VIP and School of Football. These stories show the success of the CashBack programmes in achieving the desired outcomes, and reflect the positive effect that the programmes have had on young people around the country.

> Name Outcome

**Ben Ross** Programme School of Football

Outcome 1: Young people develop their physical and personal skills

Ben Ross is a S1 pupil from Port Glasgow High School who is enrolled in the School of Football programme. Across the year Ben has been able to develop a variety of people skills. Notable to see that Ben is now a more confident individual.

The programme as allowed him to develop his confidence, communication and team building skills. Furthermore, he has been able to relationships and friendships with other pupils as a result of the programme.

The School of Football programme has been extremely beneficial for Ben. During PE it is clear to see that Ben has become a more confident pupil. He is now a pupil who tries to be involved in as much lunchtime and afterschool activities we provided. It is good to see that the programme has developed friendships as a result. He also now more confident to try new skills and sports during PE. Again I believe the coaches motivation and support has played a crucial role in this.

External stakeholder (PE Teacher)



Name Programme Outcome

Logan Briggs VIP

Logan Briggs has just completed his level 1.1 Introduction to Coaching having been part of the Leadership and V.I.P programme in Levenmouth Academy. However, previously CashBack funding had made a massive impact on Logan's development as a person throughout his high school years. During S1 and S2 Logan was part of the School of Football which in turn helped develop his confidence, ability to communicate and his team work skills.

These were further enhanced in S3 with the School and East Fife Community FC continuing the programme. In this time Logan has also used these experiences to integrate himself into the Scotland Cricket set up and has represented them from U14s-U19s where he will now play in World Cup gualifying. A keen sportsman the SOF honed his footballing ability and this season whilst in 6th year he has played a number of non-competitive games for East Fife Football Club and has appeared on the bench once in the Scottish Professional Football League 2.

The biggest impact on Logan has been those non-sporting skills he has learned and now having earned his coaching qualification he is going to work with East Fife Community FC and give back to the community whilst developing his CV for potential full time employment.

### 7 7 |

I have really enjoyed being part of CashBack over the years. It has helped me grow as person and I find it easier now to mix with people in the different environments I find myself in. I am looking forward to working with the young players at the club and in the primary schools and passing on some of what I've learned on this course.

Logan

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Being able to support and work with someone throughout their high school journey is something we get great satisfaction from. Seeing them grow and develop is amazing and for Logan to now be giving back to his local community it really shows how valuable this funding is.

EFCFC staff coach \_\_\_\_

Outcome 4: Young people participate in activity which improves their learning, employability & employment options (positive destinations).



# **CASE STUDIES**

Name

Outcome

**Danny Dallas** Programme School of Football

Outcome 1: Young people build their capacity and confidence.

Danny has recently joined the school of football programme from the recommendation of the Co-Located unit at John Paul Academy.

Danny has many additional support needs such as Autism, dyslexia, ADHD, Social and behavioural needs. Danny is a keen learner and loves football, he enjoys conversations about it which is a great way to build relationships with him.

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We are delighted with the progress Danny has made in such a short space of time. Previously Danny has never been part of mainstream curriculum when at Primary School or when he first started at John Paul. We believe the School of Football programme has made a massive difference to Danny as his overall attendance in school has increased and he is now able to attend most mainstream classes. Danny loves the programme and wished he could take part in it everyday.

Lori Serapiglia, Pupil Support Teacher John Paul Academy



### 7 7 |

I'm really enjoying my time at the school of football programme, I like playing games especially as the goalkeeper. I feel a lot happier at school now Danny Dallas

Name Programme Outcome

**Cavan Burns** VIP

Cavan was part of the VIP programme when he was 16 years old which provided him with a gateway into coaching and further learning opportunities. From his involvement in the programme Cavan found a pathway into volunteer coaching with South Lanarkshire Leisure. Cavan has had further coaching opportunities in 4 different countries including the USA & UAE.

From these experiences Cavan has returned to Scotland and recently been appointed as a full time Community Grow Officer with Blantyre Soccer Academy who are a Platinum awarded Grassroots club in the South West of Scotland. In addition to this Cavan also coaches within Celtic FC's community programmes.

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I have known Cavan for a number of years and it is amazing to see his development more recently. His involvement in the VIP programme was a fantastic opportunity for Cavan and he really grasped it with both hands. I'm delighted to hear that he has been appointed as the Community Grow Officer at Blantyre Soccer Academy who are one of leading grassroots club in the South Lanarkshire area.

Colin McKendrick ' Sports Manager for SLL

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The VIP programme gave me fantastic opportunities and experiences in order to kickstart my coaching career, with expert guidance and assistance throughout Cavan Burns

Outcome 4: Young people participate in activity which improves their learning, employability & employment options (positive destinations).



# **CASE STUDIES**

Name

Outcome

**Ouin Mackie** Programme School of Football

Outcome 2: Young people develop their physical and personal skills

Quin Mackie is an S1 pupil from Port Glasgow High School who currently participates in our School of Football programme. Quin was identified by the school as a pupil who would likely benefit from being involved in the programme.

To date, Quin has become more comfortable with group settings and now enjoys taking part in these activities in school. The programme has allowed her to develop confidence, communication, and teamwork skills. Furthermore, she has developed great relationships with other pupils in the programme, as well as the coaches.

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The programme has been vital to Quin. Without it I don't think she would have grown as a person within school in such a short timeframe. You can tell she loves engaging in the programme and this confidence has carried over into her other subjects. I think it's the confidence boost she needed to realise she can achieve her fullest potential.

Fiona Craig, Deputy Head Teacher, Port Glasgow



### 7 7

I have loved every minute of the School of Football. Its really good playing football as part of school. I have made loads of new friends and I have improved my confidence.

Quin Mackie 🗕



Mya McConnachie Programme School of Football

Mya was recommended to the School of Football programme after arriving at Craigroyston CHS. In School, Mya often struggled to control her emotion and outbursts. School of Football has offered Mya opportunities to showcase her capabilities and talent both on and off the pitch. The School of Football programme at Craigroyston CHS is delivered in partnership with a Spartans Community FA who have invited her along to assist with the delivery of their Community Football Programmes.

Mya has gone from strength to strength since joining the programme. School of Football has been a safe space where she can be herself, be energetic and importantly, shine. She is a popular and talented girl who has made progress throughout S1 and this has continued into S2. I've seen a change in her attitude since offering her the opportunity to become a volunteer "Coach Ambassador" at community football sessions. In this setting she is calm, helpful and a positive role model. Through engaging within this setting Mya is learning to control her outbursts and communicate with others in a respectful way.

### 7 7 1

I have really enjoyed coming to Spartans during the holidays. It gives me something to do during the holidays and I enjoy working with the little kids. I am able to help set up sessions and work with the one's who are maybe struggling and help ensure they have a good time and improve.

Mya McConnachie

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Mya has been volunteering with us at Spartans Community Football Academy for almost a number of months. She regularly attends during her own school holidays to support with the delivery of the session to a group of children between the ages of 5 and 8. At first, she was very quiet but as the time has gone on she has become more confident and engages with all of the girls on arrival and will offer coaching points and encouragement throughout the practices and small sided matches at the end.

Robyn McCafferty SoF Girls Coach

Outcome 4: Young people participate in activity which improves their learning, employability & employment options (positive destinations).



### FINANCIAL SPEND By Local Authority 2022/23

#### LOCAL AUTHORITY INVEST **1/ABERDEEN** £ 53.80 2 / ABERDEENSHIRE £6,092 £1,766 3 / ARGYLL & BUTE 4 / CITY OF EDINBURGH £56,61 **5 / CLACKMANNANSHIRE** £46,74 **6 / DUNDEE CITY COUNCIL** £55,152 7 / EAST AYRSHIRE £7,189 £9,502 **8/ EAST DUNBARTONSHIRE** 9 / EAST LOTHIAN £6,869 **10 / EAST RENFREWSHIRE** £3,778 £56.77 11 / FALKIRK 12 / FIFE £ 56,16 £57,78 13 / GLASGOW CITY 14 / HIGHLAND COUNCIL £7,023 £ 56,64 15 / INVERCLYDE 16 / MIDLOTHIAN £ 9,845 17 / MORAY £2,350 **18 / NORTH AYRSHIRE** £ 5,050 **19 / NORTH LANARKSHIRE** £27,60 **20 / RENFREWSHIRE** £9,112 £54,54 21 / SOUTH AYRSHIRE £52,77 **22/ SOUTH LANARKSHIRE** 23 / STIRLING £15,587 **24 / WEST DUNBARTONSHIRE** £7,555 **25 / WEST LOTHIAN** £47.84





TMENT	NUMBER OF YOUNG PEOPLE
01	220
2	62
;	38
15	245
16	183
52	190
	73
2	77
9	82
B	73
76	182
62	159
34	269
}	42
40	142
5	89
D	44
0	117
)5	128
	77
43	149
17	189
37	94
5	79
19	135

# **3 YEAR FIGURES**

OUTCOME	INDICATORS	TARGET	2021	2022	2023
1	YP demonstrate increased confidence (My Community)	NO	656	750	2403
1	YP will report they are able to do new things (all projects)	NO	954	934	3138
1	YP feel more resilient (My Community)	NO	707	767	2503
1	Other stakeholders surveyed report perceived increases of confidence and resilience among young people	%	t	92%	98%
1	YP report positive supportive networks (all projects)	NO	945	927	3075
1	YP report positive changes in their behaviour (My Community)	NO	710	767	2503
1	Stakeholders surveyed report perceived positive changes in the behaviour of YP	%	t	68%	82%
2	YP will gain accreditation for learning and skills development (ViP)	NO	252	167	116
2	YP will demonstrate increased skills (all projects )	NO	958	934	3138
2	Other stakeholders report skills increasing	%	†	64%	98%
3	YP will report increases in wellbeing feelings against SHANARRI indicators (All Projects)	NO	964	934	3138
3	Other stakeholders' report perceived increases in SHANARRI indicators among YP	%	t	89%	98%
4	YP will achieve a positive destination (VIP)	NO	252	167	635
4	YP will improve attendance (SoF)*	NO	315	532	529
4	YP attainment improves SHANARRI indicators among YP (SoF)*	NO	389	562	554
5	YP taking on a volunteering or leadership role in community organisations (VIP)	NO	252	167	635
5	Hours of volunteering contributed by participants (VIP)	NO	2352	2565	3175
5	Community focussed awards gained by participants	NO	†	167	635
5	YP feel their contribution, links with communities and social interaction are improving (VIP)	NO	245	162	116
5	Stakeholders perceive improvement in YP contribution, links and social interaction	%	t	54%	84%
5	Participants' perception of neighbourhood improves (all projects)	NO	807	780	2793
5	Participants have a heightened sense of belonging to a community (all projects)	NO	786	810	2793
5	Participants have increased motivation to positively influence their community (VIP)	NO	222	143	107
6	YP feel less inclined to participate in anti-social and/or criminal behaviour*	NO	t	605	1871
6	YP reporting reduced antisocial and/or criminal behaviour*	NO	t	570	1731
6	Stakeholders reporting that participation in antisocial and/or criminal behaviour has reduced	%	t	70%	65%
	*Evoluting those who said this was not an issue before t No data				

\*Excluding those who said this was not an issue before † No data

# **OVERALL SPEND**

DESCRIPTION	YEAR 1
Equipment	£13,104
SFA Staff Support	£201,524
My Volunteer Inspire	£44,867
My Football Community	£143,356
Coaching Workshops	£14,417
Club and Coaching Workshops	£28,154
School Coaching Workshops	£37,178
General Apparel	£23,465
Total Project Activity	£506,065
Other Project Costs	-
Management and Marketing (up to 10% of CashBack funding)	£55,509
External Evaluation (per agreed guidelines)	£10,000
Total Expenditure	£571,574

YEAR 2	YEAR 3	TOTAL
£16,814	£11,128	£41,046
£298,475	£285,556	£785,555
£50,795	£0	£95,662
£169,144	£216,740	£529,240
£20,582	£19,232	£54,231
£11,930	£8,400	£48,484
£15,322	£9,220	£61,720
£63,372	£108,244	£195,081
£646,434	£658,520	£1,811,019
-	-	-
£52,824	£55,648	£163,981
£15,000	-	£25,000
£714,258	£714,168	£2,000,000

