

Aberdeenshire



£102,339

funding delivered in 2024-25



371

young people supported in 2024-25

The following CashBack partners aim to support young people in Aberdeenshire in this funding period (2023-26):

- Access to Industry
- Avenue Confidential
- Ocean Youth Trust Scotland
- Scottish Football Association
- Barcodas
- Station House Media Unit
- Youth Scotland

Read on for project details and case studies. Visit the <u>Aberdeenshire</u> impact page on our website for a breakdown of project activities and spending by year.







Partners supporting young people in Aberdeenshire





Access to Industry

CashBack Passport provides skills-based employability training and one to one holistic support to young people aged 16-25 residing in HMP YOI Polmont and in communities across Scotland. Enables young people to gain skills regardless of length of sentence or nature of offence.



Avenue Confidential

CashBack - Connecting Through Creativity uses creative activities and art to enable children and young people aged 10-25 to explore and maintain positive frameworks for relationships in their personal lives. Using creativity, they are supported to build relationships and emotional literacy.



Ocean Youth Trust Scotland

On Board with CashBack is a programme aimed at changing the attitudes and behaviours of young people aged 12-25 most at risk of being involved in the justice system. Each young person participates in group work, outdoor education, and youth work aboard a 70ft yacht.



Scottish Football Association

CashBack Achieving Goals uses the 'Power of Football' to provide routes to learn, build confidence and skills, volunteer, and gain qualifications. Includes tailored 'Football Champions' (P5-P7) and 'Football Leaders' (S3-S5) strands in areas of social deprivation to gain skills and leadership.



Station House Media Unit

CashBack NorthEast engages disadvantaged young people to support them to overcome barriers and prevent involvement in the justice system or reduce reoffending. Using media as a tool for engagement, provides opportunities to develop skills and work experience.



Youth Scotland

Generation CashBack is run with Scouts Scotland, Girlguiding Scotland, and the Boys' Brigade. The programme supports disadvantaged young people to benefit from community-based youth work through group work ('Grow') and leadership and peer mentoring ('Lead').



Case study: R's story

Avenue Confidential

Avenue Confidential deliver CashBack - Connecting Through Creativity in Aberdeenshire. The project uses creative activities and art to enable young people aged 10-25 to explore trust, relationship building, emotional literacy, and positive ways to work through difficult feelings.

R was referred to the CashBack Connecting Through Creativity project to help build confidence, motivation, and emotional wellbeing through creative expression.

Initially shy and introverted, R struggled with low mood and lacked motivation. Their teacher hoped the project would help them "think a bit differently" and realise they could do more creatively. Although R didn't see themselves as artistic at first saying "I've not got a thing for art" the group sessions gave them space to be themselves, try new things, and connect with others.



Over time, R's confidence grew and began to filter into their classroom environment. They discovered a passion for music and songwriting, sharing:

"I'm going to start writing lyrics to my song. I'm a good singer and this has inspired me."

The project helped R develop resilience and a willingness to tackle the unknown. They felt safe and supported in the group. R now recommends the group to others, simply because "it's just fun!" Their story shows how creativity, compassion, and a safe space can unlock confidence and inspire new possibilities.





Case study: Nico's story

Station House Media Unit (shmu)

shmu's CashBack NorthEast project uses media as a tool to engage disadvantaged young people aged 10-25.

Nico (16) was nominated to the project by the career adviser in his school. It was considered a last chance to help him towards a positive path, as he had substance use issues and it was suspected he was getting involved in drug supply.

Nico came for a visit to shmu and was **engaged and talkative**. He agreed to a structured plan, and expressed a desire to get a job and earn a wage. The team is supporting Nico to build a CV and apply for jobs.

"I have seen a real turn around in his behaviour, and he has integrated back into our family unit; he's eating dinner with us every night instead of in his room; he's disassociated himself from a negative peer group entirely; and there's been no substance misuse."

Nico's Mum

Nico is very motivated - he says it is down to working with "such talented people in a welcoming environment."